

Red Mountain Ranch Up Close

Bringing neighbors closer to their community

August 2016

EXPAND YOUR WORLD WITH EXCITING Educational and Social Opportunities



Submitted by Caroline Cline

If you have a desire to learn new things and meet new people, New Frontiers for Lifelong Learning, a peer-led, self-directed organization of more than 300 members, operating under the auspices of Mesa Community College (MCC), may be the answer.

Opportunities for intellectual and cultural growth happen by joining interactive study groups about spirit guides, language play, Haiti, Tuscany and the national debt. TED talks include information presented and discussed about the brain, consciousness, health care, leadership, online videos, philanthropy and social change. Other topics include dysfunction of the American political system, defining your legacy, music, book reviews and more.

Social activities include luncheons, tours, traveling, plays, board and card games and concerts. Many members volunteer on the MCC campuses and in the community in many ways. A MCC student ID card gives members discounts on campus and in the community.

Classes meet on the MCC campuses at Southern Ave. and Dobson Road; McKellips and Power roads; Mesa Active Adult Center, at 247 N. Macdonald St.; and Red Mountain Active Adult Center, at 7550 E. Adobe Road, as well as other locations in Mesa.

Before each spring and fall semester, an open house is held for interested individuals to learn about the organiza-

tion and meet the teachers and facilitators who are New Frontiers members. Not all teachers are members.

The next open house will take place on Friday, Sept. 9, on the fourth floor of the Downtown Center, located at 145 N. Centennial Way, from 1 to 3 p.m. Park in the parking garage on the second and third levels only. An elevator and stairway lead to the fourth floor.

After paying \$80 per year, members can register for as many classes as their schedules will allow. A few classes require materials at a fee. Those fees will be collected in the class.

The open house will be a time to join and pay the \$80 after learning about the group. Registration for classes will take place starting on Tuesday, Sept. 20, by computer only, if the fee is paid. For those who do not have computers or a friend with one, arrangements will be made. Those arrangements will be explained at the time of the open house. ■

For more information, visit the New Frontiers for Lifelong Learning website at newfrontiers.mesacc.edu. For answers to additional questions, send an email to communications@newfrontiersaz.org. If you want information by mail, write to Mesa Community College, New Frontiers for Lifelong Learning, Office of Community Partnerships, 7110 E. McKellips Road, Room M222, Mesa, AZ 85207. You also can call (480) 461-7497.

Help your child develop lasting friendships

Submitted by Mesa Public Schools

It is the start of a new school year for Mesa Public Schools, and the first weeks of school are an exciting time for children.

Discovery, learning and making friends are a few of the valuable parts of school. While students are off to a great social start, some children need guidance establishing a set of close friends.

"Developing friendships builds self-esteem," said Libby Sluder, Title I ESEA specialist. "It teaches children important behaviors, such as empathy, trust building, communications skills and conflict resolution strategies. These are behaviors and skills they will use their entire lives."

Libby shares tips with parents to help their children navigate the friendship waters.

- Practice listening with warmth and understanding. Raising children in a calm, consistent manner, where the focus is on open communication and emotional support, fosters a strong self-worth and social skills.
- Be a friendship coach. Talk with your child about how to make friends. Role-play things to say when meeting someone new, and teach him how to handle conflict appropriately. Be patient with your reserved child who may need to take baby steps when making friends.
- Take them with you. Children often learn how to make friends by modeling what parents do and say. Have conversations about taking turns when talking, actively listening and being respectful.
- Provide opportunities. Schedule play dates and activities allowing your child to interact with new friends, practice social skills and develop interests in

a fun, relaxed setting. If your child tends to be shy, choose noncompetitive activities and arrange shorter play dates.

- Teach empathy. Today's technology replaces some face-to-face conversations, making it difficult for children to learn empathy. This may affect their ability to make and keep friends. Volunteering, helping others and expressing how situations make us feel builds empathy. It also encourages children to apologize and have important conversations in person. ■

For more parenting tips and resources, visit mpsaz.org/nclb/parent.



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Cosmos



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Creative Director,
Cosmos Salon
and Spa**



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During the summer months, don't forget to hydrate and protect your skin. EltaMD sunscreens help protect your skin, decrease the risk of skin cancer and prevent premature signs of aging caused by the sun. **Think Zinc for serious UV protection.** EltaMD sunscreens are formulated with transparent zinc oxide and will not clog the pores. Elle's favorite product is Elta MD Clear Tint- The tint provides a beautiful glow to the skin, providing coverage in all the right places! All EltaMD sunscreens are now recommended by The Skin Cancer Foundation.



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www.UpCloseAZ.com**LOCAL BUSINESS**

NEW CREATIVE DIRECTOR maintains the cutting edge

By Dawn Abbey

Cosmos Salon and MedSpa owners Muschi and Eric Morga are pleased to announce the promotion of Christopher Berarducci to creative director.

A master stylist, Christopher has been doing hair for more than 17 years, 12 of which have been with Cosmos. His great passion is keeping up with the latest trends and cutting-edge technologies in the salon business. "To that end, one aspect of his new responsibilities at the salon is the development of a training matrix for the entire staff," Muschi said.

"Every month, we are bringing in top stylists from around the country to share their creative techniques with our staff," Christopher said. "These are very successful people at the top of their game, and our stylists are so excited to learn from the best," he added. "We all love what we do, and we are hungry for all the up-to-date information in our profession."

"Christopher is so passionate about the experiences and results for guests at Cosmos," Muschi shared. "He takes a personal interest in the training of all new stylists. Cosmos assistants must train with him for a year before they take on the precision cutting and color for guests."

"In addition, top educators representing the newly upgraded product lines being introduced by the salon will instruct the Cosmos staff," Christopher explained. "We use the Wella Professionals color line, and, for those who prefer ammonia-free color, we offer Artego, from Italy. The manufacturers send us their best instructors to



Christopher Berarducci

demonstrate product usage."

What's the latest in color trends? According to Christopher, it's hair painting. "Our stylists are getting extensive training in free-hand hair painting," he said. "It's a totally different process than foil. It's very creative and individualistic. We're getting all Picasso with it."

If your hair is sensitive to dyes, the salon has introduced Olaplex, an additive for highlighting and coloring that protects fragile hair.

"We also have added the hugely requested Brazilian Blowout, a special straightening treatment to eliminate frizz and straighten the hair, which lasts about three months," Christopher said.

Like many of the long-term staff at Cosmos, Christopher sees

the salon as home. "Everyone here is treated like family," he said. "This is the place where I belong. I believe in it. It's very personal."

For Christopher, it's been an amazing journey with the Cosmos family. "I'm incredibly excited to continue to expand and explore with this fresh new vision and passion the Morga/LaVida brand has brought to the table," he stated. "I'm so proud to have the opportunity and the trust to be able to take us to the next level as I strive to take our education and cutting-edge techniques and trends to new heights." ■

For more information, or to make an appointment, call (480) 887-0671. Cosmos Salon and MedSpa is located at the northeast corner of Power and McDowell roads, in The Village at Las Sendas.

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LOCAL BUSINESS

Arizona Web Solutions Helps You Use Technology to Your Advantage



By Jamie Killin

While we've all been frustrated by a new piece of technology, or mystified by aspects of the Internet, as a one-stop shop, Arizona Web Solutions can help with everything from computer setup to logo design. Arizona Web Solutions owners Kim Smith and Bill Irwin bring years of experience in technical support, as well as expansive Internet knowledge. Together, they help individuals and small businesses master the ever-changing realm of technology. Not only will Bill and Kim come to your home or business to set up, trouble-shoot or fix your new products, they will take the time to show you how to use them yourself. "We'll sit down and help teach you how to use everything," Bill said. "We take the time to show folks how to use things." Arizona Web Solutions services Mesa, Gilbert, Queen Creek, Chandler, Apache Junction and Fountain Hills.

No matter the location, Bill and Kim are ready to assist with your technology needs seven days a week, from 7 a.m. to 7 p.m. "We like helping people," Bill said. "It's fun for us." Services offered by Arizona Web Solutions include website design, logo design, search engine optimization (SEO) services, setting up computer systems, installing new software, removing viruses and malware, setting up WiFi and even helping with email services. With technology changing rapidly, and Internet presence becoming an increasingly important part of business, Arizona Web Solutions can help take your business to the next level. "We know how to set up a great website for your business," Bill said. In addition to website setup, Arizona Web Solutions' SEO services will help your company's website rank higher on Google to reach more potential customers. Business owners also can utilize Arizona Web Solutions' logo and marketing collateral design services. Whether you are a small business owner looking to improve your company's web presence, a technology novice hoping to learn more about your new computer, or just someone who needs a little help getting a new product set up, Arizona Web Solutions can provide you the support you need. ■ To set up an appointment, or to learn more, call (623) 810-5197, or visit arizonawebsolutions.com.

COMMUNITY

Little League Minor All-Stars GOING TO STATE TOURNAMENT

Submitted by Red Mountain American Little League
Congratulations to our local Red Mountain American Little League (RMALL) Minor All Star team on winning the District 7 Championship and becoming Mesa City Champs. RMALL boundaries include schools and residents east of Power Road, to the west side of Meridian Road, north of McDowell Road, and as far south as the north side of University Drive. District 7 consists of eight different little leagues from Apache Junction and Mesa. RMALL is very proud of the hard work put in by this Minor All Star team. The team is made up of 12 boys ranging in age from 8 through 10. Each was nominated by their regular season coaches for outstanding performance and sportsmanship and selected by the RMALL All Star committee. Head coach Will Ohman, with his two assistant coaches, Phil Moore and Wayne Scott, led the team. The boys defeated opponents in their

first two District tournament games guaranteeing them a third game and eventually placing them in the championship game against Four Peaks Little League (FPLL). After leading FPLL with five runs for the first four innings, Four Peaks came back to close the gap to a one-run lead for RMALL in the fifth inning. Players went through an emotional roller coaster as FPLL starting closing the gap. After a brief pep talk from the coaches, the boys rallied their spirits and came together to play an incredible final two innings, maintaining their lead and winning the game. Players weren't the only emotional ones after the game, as proud parents, grandparents, friends and other RMALL players cheered and shared tears of pride and joy for the RMALL team. ■ If you would like additional information about RMALL, or to find out how this team finishes, you can visit the RMALL website at rmall.us or like them on Facebook.



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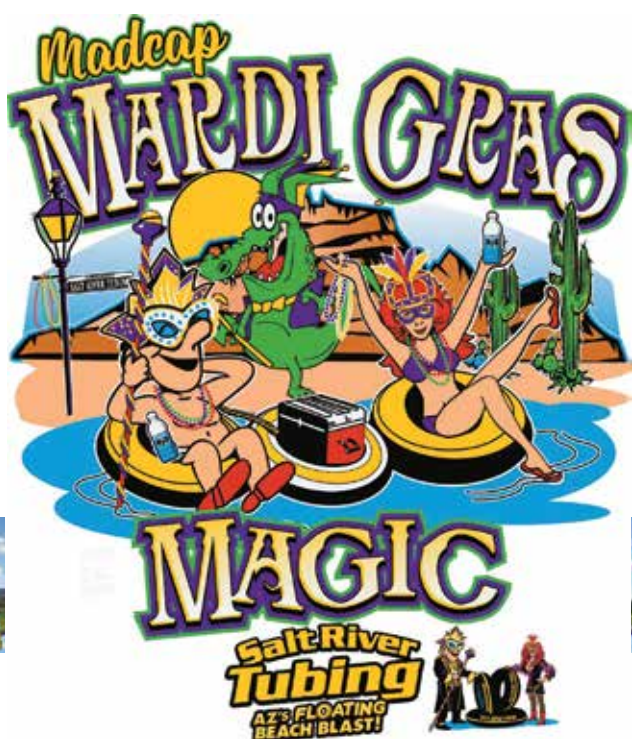
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LOCAL BUSINESS

Salt River Tubing Offers Madcap Mardi Gras Magic



Submitted by Salt River Tubing
Salt River Tubing’s Madcap Mardi Gras Magic event will have floaters enjoying a purple, green and gold Cajun floating beach blast adventure on Saturday, Aug. 13, from 9 a.m. to 6:30 p.m. on the rocking Salt River in Tonto National Forest.
Let the *Good Times Roll* as flamboyantly costumed river employees toss free Mardi Gras beads and doubloons, Zydeco Bounce line dancers wow the crowds, and the Parade of Floats (buses) provide Cajun-style shuttles to the Salt River.
Costumes are optional for tubers. However, free tubing passes and Limited Edition Madcap Mardi Gras

Magic T-shirts will be awarded for the best Mardi Gras costumes and event contests. Paint your face, don a mask and throw on your Mardi Gras beads.
“Salt River Tubing’s costume-themed events have been very successful in capturing the attention of teens and encouraging them to get outdoors and experience fun in the sun adventures on the Salt River,” said Salt River Tubing President and Chief Executive Officer Henri Breault.
“Arizona’s sizzling temperatures have a tendency to drive teens and their families indoors during the summer months. The uniqueness of celebrating Mardi Gras in the summertime while shooting the Salt River rapids will encourage them to get outdoors and experience a one-of-a-kind adventure in Tonto National Forest,” he continued.
“Enjoy the beauty of our *mini Grand Canyon* recreational paradise,” Henri suggested. “Catch a glimpse of the wild horses crossing mid-stream, blue herons gliding across the water and the majestic mountains as you float by with family and friends during Madcap Mardi Gras Magic.”
Invited event exhibitors include KISSFM 104.7 radio, Monster Energy and the Maricopa County Attorney’s Office—Community Affairs Team.
The Madcap Mardi Gras Magic event, co-sponsored by KISSFM 104.7 radio and Salt River Tubing, is aligned with the United States Department of Agriculture (USDA) Forest Service’s *More Kids in the Woods* commitment in meeting the challenge of reduced youth involvement in outdoor activities. The program was expressly designed to encourage efforts to get kids and teens outdoors.
Great News! Salt River Tubing is celebrating its 35th anniversary of fun in the sun on the Lower Salt River, and is accepting credit cards this year. Visa, MasterCard, American Express and Discover credit cards are accepted. Credit card transactions will require a minimum \$20 tube rental transaction. A valid driver’s license also is required for credit card identification. For more details, please visit saltrivertubing.com.

Salt River Tubing operates in Tonto National Forest under permit of the USDA Forest Service.
The cost of tube rental is only \$17 per person or tube, which includes tube rental, shuttle bus ride and free parking at the Salt River Tubing Terminal Building. As a security deposit, one valid driver’s license is required for every five tubes rented. Tubing passes are valid on return visit.
The latest tube rental is 2 p.m.—weather and water flow permitting. The last shuttle bus pickup is 6:30 p.m.

- TUBING TIPS**
- Children must be 8 years old or older and at least 4 feet tall for tube rental and shuttle bus service.
 - Children, non-swimmers and inexperienced swimmers should wear life vests.
 - Glass containers are prohibited by law in the Lower Salt River Recreational Area and will be confiscated. Ice chests and coolers will be inspected for glass containers before boarding shuttle buses. Please bring plastic or can beverage containers.
 - Drink one to two bottles of water per hour while floating.
 - Have a great time celebrating Madcap Mardi Gras Magic by appointing a designated driver before your tubing adventure.
 - Play it safe—drugs, alcohol and the Salt River do not mix. Just don’t do it.
 - Daily hours of operation are from 9 a.m. to 6:30 p.m., with weather and water flow permitting. Salt River Tubing is open seven days a week.
 - Salt River Tubing is located in beautiful Tonto National Forest, just seven minutes from Highway 202 East and Power Road Exit 23A.
 - Please visit saltrivertubing.com for event details and past Mardi Gras Magic event photos and videos. To view an additional Mardi Gras Magic video, click on vimeo.com/72022196. ■

For more information about Salt River Tubing, please visit saltrivertubing.com, or call (480) 984-3305.
Like Us, Follow Us, Float With Us at saltrivertubing.com.

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SUNDAY FUN DAY WITH LAS SENDAS RESIDENTS

Las Sendas Golf Club is pleased to once again host our Community Appreciation Day, on Sunday, Aug. 28, 2016.

Join us for a great party with free golf and wine tastings. We also will feature a children's playground, including bouncy houses, face painting and balloon sculpting.

We want to express our sincere appreciation to the residents of Las Sendas for all your support. If you have not been to Las Sendas Golf Club before, this is a great chance to come out and see all the amazing programs and services we have to offer—restaurants, golf, banquets, golf instruction and much more.

SCHEDULE OF EVENTS

6 a.m. to 4 p.m.

- ♦ Free golf. To reserve your tee time, please call our Pro Shop at (480) 396-4000.

4 p.m. to 8 p.m.

- ♦ Free food and games. Bring family and friends.
- ♦ Driving range games and instruction.
- ♦ BBQ hamburgers, hot dogs and sodas.
- ♦ Cash bar available.
- ♦ Ice cream, popcorn, snow cones and cotton candy.
- ♦ Raffle prizes.
- ♦ Activities for kids of all ages.



THE PRO SHOP

August 2016 Golf Rates

- ♦ Includes green fee, golf car, practice balls.
- ♦ Monday through Thursday—\$29.99 plus tax.
- ♦ Friday through Sunday and holidays—\$39.99 plus tax, and \$29.99 after 10 a.m.

Summer Punch Pass

Las Sendas is offering a Summer Punch Pass for five rounds of golf (practice balls and cart included) for \$149 plus tax. Valid through Sept. 25, 2016.

Summer Raffles

We will be raffling fabulous prizes all summer, including drivers, wedges, putters, golf bags, accessories and apparel. Be sure to purchase your raffle tickets in the Pro Shop for chances to win.

Rental Clubs for Sale

We have four sets remaining of our Ping G-25 rental clubs for sale. All four sets are left-handed and include a driver, fairway woods, hybrids, irons, a putter and a golf bag. A completely inclusive set is **only \$749**.

Summer Promotions

- ♦ Every golfer receives a \$6.95 halfway house promotion of a hot dog, beer and a bag of chips—best hot dogs around.
- ♦ For every \$50 spent in the Pro Shop, you receive a complimentary summer golf pass.
- ♦ All clothing in the Pro Shop is 50 percent off—while supplies last.
- ♦ Beat the heat and quench your thirst after your round of golf with a \$2 beer. Our staff will provide each player with a voucher to be redeemed the day of play.
- ♦ Enjoy a round of golf on us—For every \$50 spent in one of our restaurants, you will receive one free round of golf, which is valid through the end of September 2016. Bring a large group, ring up your bill, and try for a free foursome.



THE VISTAS PAVILION

Now Booking Weddings for October and November 2017

The Vistas Pavilion is now booking weddings for October and November 2017. These are prime months, and our grasses, just out of overseeding, are gorgeous for your outdoor ceremony on our lawn or in our Serenity Garden. We offer a truly amazing Arizona experience for your special day.

Since we opened, in March 2013, we have hosted more than 100 weddings, and are honored to have received such great reviews from our clients and their guests:

"We had an absolutely beautiful wedding at The Vistas Pavilion, located at the Las Sendas Golf Club in Mesa, AZ. The service was phenomenal, the food was delicious, the view was breathtaking, and we could not have asked for a more perfect day. The catering director coordinated the event, and kept us updated in a timely manner leading up to the event, and she was very sweet, detail oriented and professional."

"Everything was beyond our expectations. You and your staff are exceptional. Everyone was impressed with the entire function, from food, to service, to facility, etc. Thank you so very much. We hope to send you business through word of mouth. We cannot say enough great things."

"Everyone involved with the Vistas Pavilion was professional and courteous. The catering director was the standout. She was with us every step of the way, and never once hesitated to get us anything we felt we needed. She is a star among stars, and made our wedding both easy and very low stress. Knowing she was handling something was as good as knowing it was done. I cannot recommend this venue enough. They get an 11 out of 10."

"I want to thank you and congratulate you on a most fabulous event for my daughter's wedding reception. It was absolutely perfect in every way. You were so kind and patient as we worked through the contract and details with very little communication at a most difficult time in my life. You were a dream to work with. I appreciate your kindness, positive attitude and willingness to adapt to any of our requests on a moment's notice. Your chef did a fabulous job on the food. Everything was so delicious. Your catering service team members were specialists in their work. There is not one thing that I wished would have been different. No regrets, only joy! I will look for opportunities to work together again in the future."

"Amazing venue. Desert landscaping surrounds golf course with amazing sunset and city lights. Amazing food, and staff were so easy and accommodating."



LAS SENDAS GOLF CLUB (CONTINUED)

BACK TO SCHOOL

Don't Feel Like Cooking—Come and enjoy our Kids Menu at The Grille at Las Sendas.

Kid's Menu

**Children's entrées include choice of Sidewinder Fries, Tatar Tots, Fruit or Side Salad.
**All kids meals include ice cream scoop.

Kids Burger—100 Percent Angus Burger, Cheddar Cheese, Lettuce, Tomato and Pickle

Pulled BBQ Chicken Sliders—Two Shredded Chicken Sliders with BBQ Sauce and Chips on the Side

Mia Mac—Macaroni Noodles with Extra Cheesy Sauce

Pepperoni Pizza—Homemade Marinara and Mozzarella Cheese Pizza

Buttery Pasta—Macaroni Noodles Tossed in Butter and Parmesan Cheese, Add Shrimp or Chicken

Chicken Basket—Two Crispy Chicken Tenders

Queso Dilla—Flour Tortilla with Cheddar and Mozzarella Blend

Grilled Cheese—White Bread Toasted in Butter, Filled with Melty American Cheese



MEMBERSHIPS

Zero Down Las Sendas Proxy Membership—Only four available

You want to play Las Sendas as a member but don't want to put down \$45,000. We have an option for you and your entire family. It's called a **Proxy Membership**. Enjoy all the amenities of a full \$45,000 membership by playing on someone else's membership.

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Please contact Wayne McBean at wmcbean@lassendas.com, or call (480) 323-9364.



VISTAS PAVILION PRESENTS
CHEF'S TABLE
A TASTE OF THE SOUTHWEST
Saturday, August 13th and
Saturday, August 27th
7:00 p.m.
The Garden Room, Vistas Pavilion



FEATURING CHEFS
Tim Richardson & Al Cancellieri
COST \$59.95



FOR RESERVATIONS,
CALL (480) 396-4000 OR EMAIL
EVENTS@LASSENDAS.COM
7555 East Eagle Crest Drive, Mesa, AZ 85207

ATTENTION!!!! Las Sendas Residents

COMMUNITY APPRECIATION EVENT
HOSTED BY LAS SENDAS GOLF CLUB
AUGUST 28



10am – 4pm: Complimentary Golf
for all Las Sendas Residents
*Tee times required

4pm – 8pm: Family Fun Time- It's On Us!

• BBQ Burgers & Dogs on the Driving Range 4:30 – 7:30	• Raffle Prizes	• Complimentary Adult Wine Tasting 5-7 PM
• Ice Cream, Popcorn, Snow Cones & Cotton Candy	• Entertainment from 4:30 – 7:30 pm	• Corn Hole Games
	• Bounce House & Slides	• And Much More!

**LAS SENDAS GOLF CLUB**
7555 E. Eagle Crest Drive, Mesa, AZ
Call (480) 396-4000 for details!

REAL ESTATE

Market Update: Summer Real Estate Market Remains Strong

By Lorraine Ryall
Realtor, CDPE, CSSN
KOR Properties



While we all are accustomed to the summer months being slow in the real estate market, with a lot of sellers taking their homes off the market during June, July and August, this year, June remained strong and, in some areas, had the highest monthly sales year-to-date.

The Cromford Report data shows the Maricopa County Recorder processed 10,285 residential sales deeds in June (single family and condo), which is the highest monthly total since August 2006. Resales accounted for 88 percent, while 12 percent were new homes.

Median prices continue to increase, with \$229,000 the latest number, but a large part of that is due to the fall off in low-end volume, caused by the very short supply of homes for sale.

MARKET SUMMARY FOR JUNE YEAR-OVER-YEAR FOR THE PHOENIX METRO AREA

Here are the basic ARMLS numbers for July 1, 2016 relative to July 1, 2015 for all areas and types:

Phoenix Metro Statistics	June 2015	June 2016	Percent Change
Active Listings (excluding UCB):	19,548	20,458	up 4.7%
Under Contract Listings (Inc. Pending & UCB):	10, 747	11,383	up 5.9%
Monthly Sales:	8,692	8,954	up 3.0%
Monthly Median Price:	\$215,000	\$230,000	up 7.0%

The ranges from \$200,000 to \$350,000 saw strong

growth in closed sales over June last year—up almost 19 percent. Between \$350,000 and \$400,000, we saw a little weakness, down 2 percent, but sales from \$400,000 all the way up to \$1.5 million were strong—up an impressive 21 percent. Sales over \$1.5 million were very much weaker than last year—down 44 percent. Sales below \$175,000 also were well down, but this was caused by a lack of supply. The segment over \$1.5 million cannot use that excuse. There are plenty of homes available, even though a large number have been removed from the market for the summer. Many of these are likely to be relisted at the end of September.

At first sight, it looks as though pricing was strong during June, with the median sales price up 2.2 percent from last month. However, this is deceiving because the average home price only rose 0.3 percent, and the average home size jumped 1.3 percent, from 1,978 in May, to 2,004 in June. The average price, per square foot, retreated 1 percent over the month, and we see this as a more accurate measure than the median sales price.

We expect overall prices to be flat to slightly lower over the next three months, as luxury homes make a smaller contribution when the temperatures exceed 100 degrees. Prices still are rising below \$200,000 and falling for most homes over \$1 million.

Dollar volume in June was a healthy \$2.529 billion, up 7 percent from June 2015, with about half of that coming from higher sales volume and the rest from higher pricing.

LUXURY MARKET

The main difference we saw between May and June was an improvement in demand for homes in the lower ranges of the luxury market, between \$500,000 and \$1.5 million. In particular:

- \$500K-\$600K saw an increase of 30% in dollars spent (compared with June 2015)
- \$600K-\$800K saw an increase of 20% in dollars spent
- \$800K-\$1M saw an increase of 24% in dollars spent

- \$1M-\$1.5M saw an increase of 27% in dollars spent
- There is a big contrast above \$1.5M:
- \$1.5M-\$2M saw an increase of 2%
 - \$2M-\$3M saw a decrease of 41%
 - \$3M and over saw a decrease of 61%

Mind you, June 2015 was a very good month for the super-luxury market, so the comparison is quite tough for June 2016.

We began July with 10,997 listings under contract, compared to 10,761 for this time last year, which is an increase of 2 percent.

Mesa Statistics	June 2015	June 2016	Percent Change
Days Inventory	69.8	66.7	down 4.6%
Active Listings	1400	1430	up 2.1%
Monthly Sales	743	810	up 9%
Monthly Median Price	\$215,000	\$227,950	up 6%

Las Sendas saw a significant increase in home sales in June and the highest volume of sales per month so far this year, with 26 sales compared to 16 in June 2015. Total sales for Las Sendas year-to-date have increased by 10 percent.

Red Mountain Ranch home sales year-to-date have decreased by 9 percent over last year.

Mountain Bridge saw a significant increase in home resales in June and a 45 percent increase in home sales year-to-date.

If you would like information on your specific neighborhood, please call me directly, or send me an email, and I will send you a free market analysis. ■

Lorraine Ryall has been a Multi-Million Dollar producer for the past seven years. You can reach Lorraine at (602) 571-6799. You also can send her an email at Lorraine@Homes2SellAZ.com, or visit her website at Homes2SellAZ.com.



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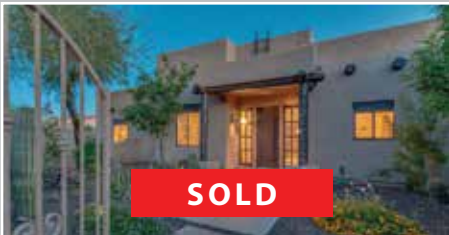
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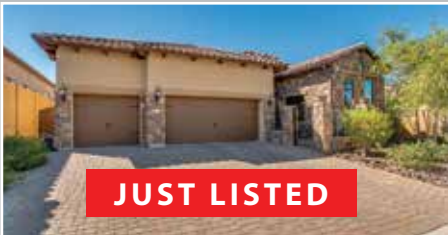
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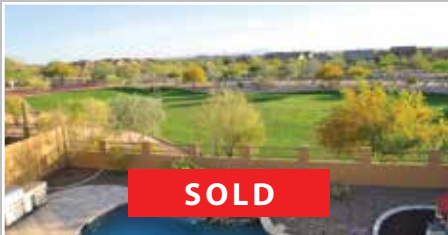
Mesa - No HOA
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Mountain Bridge
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2680 sq ft, 4 Bed, 3 Bath



Mountain Bridge
Reduced Price - \$619,500
3204 sq ft, 4 Bed, 4.5 Bath

REAL ESTATE

Economic Growth Plus Jobs Equals Higher Property Values

By John Karadsheh

We are always watching property values, and, in doing so, we also watch closely how Mesa and the State of Arizona are developing economically.

The Kauffman Foundation recently ranked Arizona third in the U.S. for entrepreneurial growth. Also, Kiplinger has predicted Arizona will experience the second fastest job growth in the U.S., at a rate of 3.2 percent.



John Karadsheh

The economic growth of our city and state are key contributors to the demand for housing. Here are some of the highlights for the first half of 2016:

- Santander Consumer USA opened in Mesa, bringing 970 jobs to the Fiesta District over the next three years.
- Dexcom, a global medical device company, will be bringing their operations to Mesa, adding 500 jobs and \$100 million of capital investment over the next few years.
- In the first half of 2016, 928,389 square feet of space has been built/absorbed in Mesa, and the capital investment has been more than \$183 million.
- Major League Baseball Spring Training set new attendance records, with the Chicago Cubs and Oakland Athletics drawing more than 300,000 baseball fans to Mesa.
- Higher education continues to thrive in Mesa. Benedictine University recently became a member of the California Pacific Conference as a Division II school, in the National Association of Intercollegiate Athletics, and is adding more sports programs. A.T. Still University is growing

and looking to add a 122,000-square-foot academic building. In addition, pending voter approval, Arizona State University will be adding a dynamic new campus to downtown Mesa.

- Dana Park, at Val Vista Drive and Baseline Road, is on track for a \$100 million expansion, featuring 70,000 square feet of new retail and dining space, a 260- to 320-unit multifamily residential complex, a movie theater, a six-story hotel and 153,000 square feet of new office space.
- Mesa's Boeing facility was awarded a \$1.5 billion contract to remanufacture 117 Apaches and a second contract for \$667.5 million to produce Apaches for Qatar.
- Phoenix-Mesa Gateway Airport continues to see solid growth, and is striving to recruit more major carriers. Allegiant Airlines is expected to add more than 100,000 additional passengers per year, with newly added routes to Fresno, California; Memphis, Tennessee; Des Moines, Iowa; and Sonoma County, California.

What does all this mean for the Mesa and Phoenix Metro region?

Ingo Winzer, a contributor at *Forbes.com*, predicts Phoenix will see property values increase by "at least 25 percent over the next three years."

He explains, "The strongest economic growth, and, therefore, strongest demand for housing, is in Phoenix, where jobs are being added at twice the national rate." ■

John Karadsheh is the Designated Broker for KOR Properties. He has been a Multi-Million Dollar producing agent for more than 13 years, and is an Accredited Buyers Representative (ABR) and Certified Residential Specialist (CRS). In 2014, John was voted the No.1 Real Estate Agent in Arizona by Ranking Arizona. You can reach John at (480) 568-8684, or visit his website at KORproperties.com.

KOR Properties also is the creator and one of the founding sponsors of Mesa Food Truck Fridays.

EVENT

Games and Ice Cream Combine for A Deliciously FUN EVENT

Submitted by Pilgrim Lutheran Church and School

Pilgrim Lutheran Church and School presents Minute to Win It Games and Ice Cream Social on Saturday, Aug. 20, from 4 to 5:30 p.m.

The free event features family-friendly competition, along with a chance to win great door prizes and enjoy a make-your-own ice cream sundae.

Players are given 60 seconds to complete simple games, including:

- This Blows—Blow up a balloon and knock cups off the table.
- Hip, Hip, Hike—Toss toilet paper rolls into a hoop.
- Rapid Fire—Knock soda cans off with rubber bands.
- Stack Attack—Build a classic pyramid with 36 plastic cups.
- Simple games for preschoolers, too. ■



For more information regarding this event, please contact the church by calling (480) 830-1724, or by sending an email to office@pilgrimmesa.com.

For more information about Pilgrim Church and School, located at 3257 E. University Drive, between Val Vista Drive and Lindsay Road, visit the website at pilgrimmesa.com.

Real Estate In Red Mountain Ranch

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Red Mountain Ranch Area Market Report

Sales for the Month of June 2016



John Karadsheh

Address	Square Feet	Sold Price
6127 E. Rochelle St.	1,502	\$229,000
5960 E. Vermillion St.	2,314	\$265,000
6502 E. Star Valley St.	1,726	\$266,200
4043 N. Olympic Cir.	1,943	\$276,000
6550 E. Star Valley St.	2,031	\$285,000
6151 E. Riverdale St.	2,175	\$300,000
3932 N. Kashmir	2,564	\$342,000
6242 E. Redmont Dr.	2,880	\$500,000

Information gathered from the Arizona Regional Multiple Listing Service is deemed reliable, but not guaranteed.

Sales Information Provided By John Karadsheh, ABR, CRS, DESIGNATED BROKER
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LAS SENDAS 5 CAR GARAGE!
3642StonePoint.com
\$1,790,000



4+ ACRES & 10 CAR GARAGE!
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\$4,500,000



BASEMENT - 6 CAR GARAGE!
CentreCourtEstate.com
\$1,250,000



SOLD!

LAS SENDAS SEMI-CUSTOM
Stunning Pool - Wine Room
\$835,000



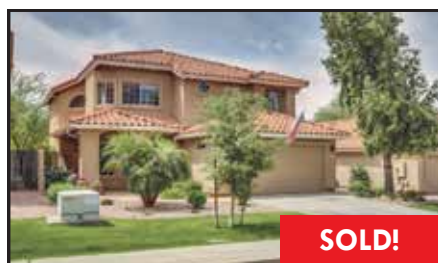
PRISTINE IN MAHOGANY
Citrus Lot - Sparkling Pool
\$535,000



RENOVATED HISTORIC IN PHX.
Guest House - Old World Charm
\$445,000

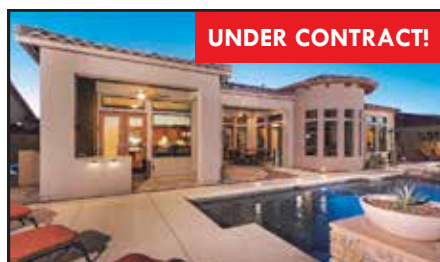


CUSTOM IN RED MTN RANCH
RedMountainCustom.com
\$539,000



SOLD!

RED MOUNTAIN RANCH
Gorgeous Remodel!
\$300,000



UNDER CONTRACT!

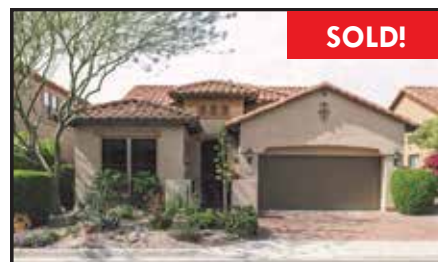
LAS SENDAS RESORT LIVING
4111SageCreek.com
\$689,900



THUNDER MOUNTAIN
Build Your Dream Home!
\$395,000

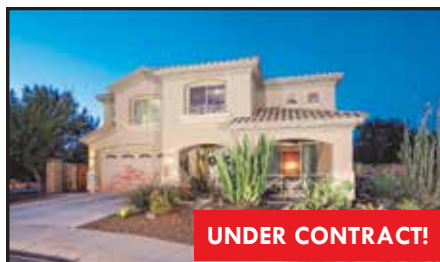


LAS SENDAS - ONE OWNER
Granite Counters - Prime Lot
\$315,000



SOLD!

LAS SENDAS - FORMER MODEL
City Lights & Mountain Views
\$340,000



UNDER CONTRACT!

LANTANA RANCH
1256Carob.com
\$429,000

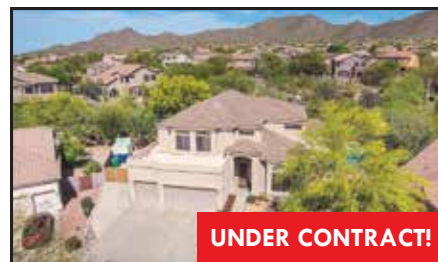


SOLD!

CUSTOM BASEMENT HOME
AvalonGrove18.com
\$825,000



BASEMENT IN MAHOGANY
Former Model Home
\$575,000



UNDER CONTRACT!

LAS SENDAS - CUL-DE-SAC LOT
7640Snowdon.com
\$450,000

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DennyHarless@cox.net

Jennifer Guasto, Realtor®
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Glen.Bowling@gmail.com



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HEALTH

Screening for Heart Blocks Plays Important Role

Submitted by Southwest CVA Cardiovascular Associates

Cardiovascular Risk screenings are offered for our community, because you matter.

Have you ever wondered if your family history plays a role in your own personal cardiovascular health? Do you experience chest pain or leg pain while walking or while at rest?

—Charles M.T. Jost, MD



KNOW THE FACTS/UNDERSTAND THE RISK

Peripheral vascular disease (PAD) is a very common condition. It involves the large and medium sized arteries supplying blood to the legs, which can become narrowed or clogged, constricting the flow of blood. This condition occurs when the blood vessels supplying blood to the limbs and other organs of our body are partially or completely blocked due to plaque buildup.

Plaque generally forms out of the substances present in blood, such as fat, cholesterol, calcium and fibrous tissue, and the plaque deposits gradually harden, narrowing down the arteries. This narrowing limits the oxygen-rich blood supply to the various parts of your body, mostly affecting the blood vessels and the arteries of the legs.

Common symptoms include:

- Pain during exercise, which is relieved during rest.
- Discoloration of the skin, predominantly in arms and/or legs.
- Pain and muscle cramps in the legs while walking, climbing stairs (intermittent claudication).
- Cold legs, feet, sensation of the skin.
- Constant leg pain, tingling, burning or loss of sensation.
- Poor leg wound healing.
- Sores on toes and feet, which become difficult to heal.
- Numbness, weakness or heaviness of muscles.

Peripheral vascular disease (PVD/PAD) screenings help in early detection of atherosclerosis (blockage) of the arteries. When detected early enough, this condition can be well maintained. Our screening involves painless and non-invasive testing, which may include:

- Comprehensive medication review.
- Comprehensive medical and family history.
- Leg pain assessment.
- Blood pressure analysis.
- Body mass index.
- Cholesterol/Lipid panel.
- Blood glucose index.
- Vascular ultrasound—Evaluates blood flow and calcification within the arteries.
- Echocardiography—Evaluates heart function and heart valves.
- Treadmill—Evaluates the heart rhythm, as well as exercise tolerance.
- Arteriogram—This is a procedure typically done at the hospital where a dye is injected into the arteries and arterial blood flow is visualized.

PVD/PAD screening is most useful in high-risk patients, such as individuals above 55 years of age, as they usually are at high risk of developing atherosclerosis and vascular disease. Risk factors of developing vascular disease include:

- Obesity.
- Poor Diet.
- Smoking.
- Heavy alcohol consumption.
- Diabetes Mellitus.
- High blood pressure.
- High blood cholesterol.
- Lack of exercise.
- Family history. ■

For more information, call Southwest CVA Cardiovascular Associates at (480) 945-4343. The office is located at 140 S. Power Road, Suite 102, Mesa, AZ 85206.

LOCAL BUSINESS

NO SNOW Paddleboard Shop Teaches Paddleboarding Basics

Submitted by No Snow Stand Up Paddleboard Shop

Summer is here in Arizona, and while some of you escape to cabins up north or family vacations to California, you also can paddleboard right here at home.

WHAT IS STAND UP PADDLEBOARDING?

Stand Up Paddleboarding (SUP) is an excellent family activity, as well as a low impact total body workout.

Every day, you seem to pass by a vehicle driving around the area with boards stacked on the roof. You wonder, "Can we do that?" The answer is, "Yes."

No Snow Stand Up Paddleboard shop will help you learn the basics of paddleboarding through either private or group lessons. ■

For more information about joining the fun and learning about the nation's most popular outdoor activity, call (480) 807-6787, or send an email to nosnowsups@gmail.com. No Snow Stand Up Paddleboard is located on the northwest corner of Power and Thomas roads, in the Zahara Professional Plaza, at 3654 N. Power Road, Suite 104.



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10am-11AM

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-Charles M.T. Jost MD

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EDUCATION

Self Development Academy Students GET CREATIVE WITH CODING

Submitted by Self Development Academy

Reinforcing the creativity gene is an important aspect of Self Development Academy's curriculum. Who doesn't have fond memories of transforming into a caped crusader, creating bright beautiful paintings and making up our own games as young children? When we are young, our natural creative gene is busy guiding our play and thinking. As children grow, however, creative opportunities seem to decrease.

At Self Development Academy, coding class is the perfect opportunity to stimulate creative thinking in today's digital world. We are fortunate to have Ms. Laura Meyer, a scientist turned teacher, to introduce the world of coding to our students.

Ms. Meyer, a Massachusetts Institute of Technology (MIT) graduate, utilizes Scratch, a visual programming language designed by the MIT Media Lab, to teach students computer programming. Last year, Ms. Meyer piloted a coding class at Self Development Academy. Students validated the program's success with remarks such as, "Coding gives me the opportunity to try different things and not give up." Another student remarked, "Working with partners helps me learn."

According to Ms. Meyer, Scratch is a computer language allowing students to think creatively and work with partners on challenging material, while thinking critically about goals. "While typical programming languages require students to type in lines of code, Scratch already has blocks of code, which users can move to accomplish a task," she said.

As students progress, they will begin to define and create their own blocks to use in their creations. "This bridges the gap between visual language and the more typical programming languages," stated Ms. Meyer. Because Scratch also is interactive, teachers and students can access and comment on student work as it progresses. "This gives helpful, real-time feedback for students as they work through problems together," explained Ms. Meyer.

Self Development Academy students will have coding opportunities to create animation games connected to the curriculum. What an engaging way to stimulate the creative gene among Self Development Academy students.

Building creative thinking skills aligns perfectly with the school's philosophy of every child can learn. Coding class prompts students to be creators and not just consumers. Self Development Academy's educational environment gives students the opportunity to build and refine the foundational skills necessary to be successful. ■

Since 2009, Self Development Academy has ranked among the top 10 schools in Arizona. For more information on Self Development, please call (480) 641-2640, or visit our website at selfdevelopmentacademy.com.



POLITICS

Legislative Candidate Presents Goals for Our State

Submitted by Kathleen Rahn

When deciding to become a candidate for the Arizona Legislature from LD 25, my motivation was to help preserve and protect the public schools in Arizona.



With budget cuts and the diversion of resources from the General Fund for private school tax credits, I am concerned about preserving and strengthening our public schools. Proposition 123 is just the first step, and we need a long-term solution. I know a state legislator must be prepared to search for lasting solutions for the future of Arizona.

As a member of the Mesa General Plan 2040 Planning Advisory Committee, I learned about the vision for the future of Mesa. The committee was comprised of members from city advisory boards and included many different perspectives. The plan, approved by voters in 2014, serves as a guide for "creating and maintaining great neighborhoods, creating and maintaining stable jobs, and providing rich, high quality public spaces and cultural resources" for the City of Mesa.

The Center for the Future of Arizona (CFA) was established to look at the long term and not just the short term for Arizona. The CFA is a nonpartisan, nonprofit do tank working to create a better future for all Arizonans. On their

website, at arizonafuture.org/arizona-we-want/citizen-goals/, I found the goals developed from the Gallup Arizona Poll.

As a Democratic candidate, I discovered what matters to me also matters to most Arizonans. As a wife, mother and grandmother, with adult children working in Arizona and grandchildren entering schools, I know education remains at the center of our needs.

Education is the first goal. The other citizen goals include water, forests and open spaces; job creation; community involvement (a deeper sense of community connection); infrastructure; citizen engagement; health care and young talent (quality jobs, a culture of openness and opportunity). We all are encouraged to find others and organizations working on these vital elements for Arizona's future.

Under Citizen Engagement, we are encouraged to increase citizen participation in all aspects of citizenship, and I believe this includes voting. We all need to be informed and vote in the Arizona Primary, on Aug. 30. The Arizona Secretary of State's website has information about the candidates for statewide and legislative races at apps.azsos.gov/election/2016/Candidates/PrimaryCandidates.htm.

The goal also includes developing leaders who understand complex issues and work across party lines. I want to be such a leader, and that is why I am asking for your vote. ■

Please email me any of your questions or concerns at rahnk25@gmail.com. Thanks for listening.



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ORGANIZING

Get organized with the help of a friend

By Nancy Nemitz

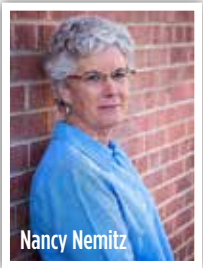
So, you've decided to clean your room and get organized, but you stand there with your cup of coffee looking at the clothes on the floor, the stacks of stuff, and you don't have any earthly clue what to do with everything.

You check your phone for any excuse not to start, and then go shopping—probably for more organizing supplies.

It's difficult to do things we don't like. It takes discipline. Working with people to help them get organized since 2004, it's been my experience you need one other person standing with you and helping you think through decisions. This person is physically helping, and, most importantly, keeping you focused and off the phone.

While a friend can help, rules also need to be established. For a list of helpful tips for helping someone get organized, send an email to the address listed below. ■

If your friends all bail, or you would rather have someone who is experienced with helping people get organized (except garages because I don't feel like it), send an email to nancy@createthespace.com. You also can call (480) 223-8939. Nancy Nemitz is the owner of Create the Space Professional Organizing.



LOCAL BUSINESS

Keep you and your vehicle cool this summer

Submitted by H and I Automotive

While Arizona summers are pretty toasty, to say the least, here are some tips to help you and your vehicle cope with our hot weather.

How to cool off the interior of your vehicle quickly:

1. Open your windows to let the hot air out. A closed car can reach temperatures above 160 degrees. So, let that very hot air out after starting your car by opening the windows for at least a minute.
2. Start off your climate control using fresh air not recycled. Again, this is done because the cabin air will be much hotter than the outside temperature. This will help the conditioned air cool down faster. After a couple minutes, you can switch over to recycled air to continue cooling off the cabin.
3. Keep fan speed mid-range, not on high. Lower air volume will allow the air to get colder faster.
4. When possible, park with the dashboard facing away from the sun. A hot dash is your biggest nemesis to having cool air because the dash heats it up as it passes through it. If you have to park toward the sun, use a windshield shade. As a bonus, you also will be able to hold the steering wheel without oven mitts.
5. Tint your windows even if you have dark glass. The film not only shades the cabin, but it has UV protection,

which will deflect the heat from your vehicle. (Not to mention, it looks pretty snazzy.)

During the summer, it is critical for your engine



cooling system to be working properly. You want to make sure the system is full of fresh coolant. If your coolant is older than five years, it is time to change it. Coolant loses its protective qualities over time. We recommend using a multi-vehicle coolant, which usually is yellow in color.

If your vehicle uses Dexcool, we recommend changing it out with the yellow coolant within the first three years. Deco, which

does not handle air contamination very well, will start to solidify, causing cooling system failure. Never fill your cooling system with plain water. If your cooling system becomes diluted, corrosion will form and ruin the system.

Always address cooling system leaks immediately. A small leak can lead to expensive engine repairs quickly when not resolved in a timely manner. If your engine temperature reaches the unsafe range, stop your engine as fast as you can. Driving just one extra mile with an overheated engine can spell disaster.

You also need to make sure your cooling fans are working properly. The fans not only ensure your engine keeps cool, but they also work in conjunction with the air conditioning system to keep you comfortable, as well.

Now is a great time to replace your wiper blades. Our hot dry weather basically has baked the rubber onto the windshield. So, when you do want to use them, they either rip or streak the glass as they wipe. Our monsoons show up without notice. So, be prepared with a fresh set of blades. ■

For more information, call H and I Automotive at (480) 985-9279. We are a full service professional automotive service center, serving our East Valley neighbors since 2009. Find us online at handiautomotive.com or on Facebook and Google+.





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SHARP-EYED READER CATCHES OUR MISTAKE

UpClose reader Jennifer Carol sent us an email through our website, UpCloseAZ.com, saying we mistakenly referred to Cosmos Salon and MedSpa aesthetician Elle Baker as Elle Barker in our July issues. We sincerely apologize.


Jennifer wrote:

I thought the article written about the expert services offered to our community from Cosmos was exciting news. The article interviewed Elle Baker about her expertise and the different treatments offered at Cosmos. It was informative, and best of all, available right in our neighborhood. I had no idea how much they have to offer until I read the interview, and I go to Cosmos.

I am a client of Elle Baker for eyelash extensions, and she is an expert technician – we gave her the name “Eyelash Goddess.” Unfortunately, there was a faux pas spelling her last name. Elle’s last name is Baker NOT Barker.

Thanks for writing/interviewing the people and beauty services that are right at our finger tips. Hopefully you can somehow correct the misspelling in print of Elle’s last name.

Sincerely,
Jennifer Carol



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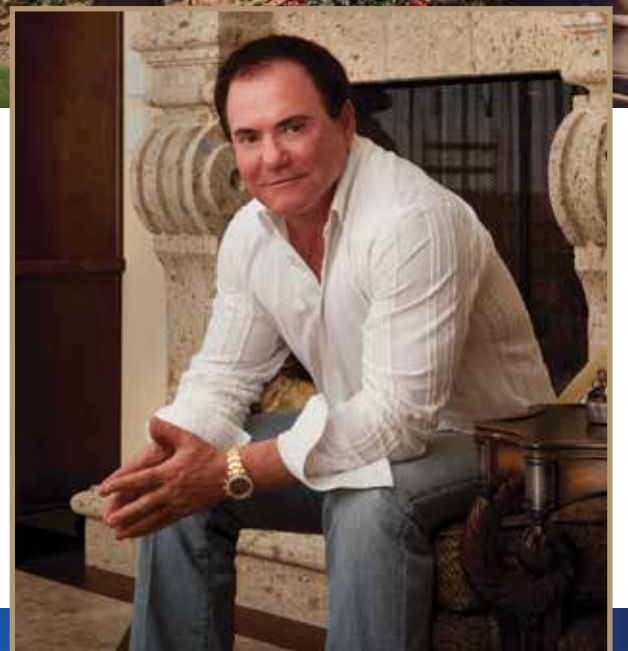
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