

Bringing neighbors closer to their community

WORRY-FREE GETAW ith Red Mountain '

how much customer service

getaway experience. As avid

and Bruce understand both

sides of planning a vacation

and enjoying a vacation.

travelers themselves, both Sue

"Going to a travel agent

allows you to sit down and talk

budget," said Sue, who also is a

Red Mountain Ranch resident.

Planners—American Express Travel, Red Mountain Travel

Backed by Cruise

has resources to find great deals on travel, whether it's

by sea or land. Their affiliation with American Express

Travel has an added benefit

for their clients. For example,

about your wants, and how

to make them fit into your

plays into creating a good

By Kimberly Searles ➡ hanks to the Internet, today is the Age of the *DIY-er*, especially when it comes to travel.

Since reduced rate travel sites came online, the masses have flocked to arranging their own travel.

While these sites can save you money, they may not save you the headaches, which can pop up when making travel plans. Some of these headaches include hidden fees, overbooking, lost reservations, and the list goes on. What these sites don't tell you is who to call when you have a question or something goes wrong.

"Many times, people don't know who to call if

something gets complicated," said Sue Mitchell, owner of Red Mountain Travel. "That can leave you high and dry thousands of miles away from home."

Sue, along with her husband, Bruce, recently began operating Red Mountain Travel. With more than 30 years of travel industry expertise under her belt, Sue knows just



they can offer exclusive American Express Travel benefits, as well as the opportunity to travel in style at the lowest prices available. You even can use your AMEX Platinum and Centurion card reward points toward your getaway.

A common misconception about using a travel agent is having to pay a fee for the agent's services.

EAGLE ELECTRICAL WON'T LET YOU Get Hung By Holiday Lights

By Kimberly Searles

*F*ith the holidays coming, expert electricians at Eagle Electrical can save you time and hassle when it comes to stringing up those holiday lights, and they can do it safely.

The extra lighting during the holidays can create strain on a home's electrical system. That's where Eagle Electrical's expertise can do more than just string up lights.

"Every holiday season, we see many of those Christmas Vacation situations in which residents overload their home's circuit, causing power outages or even fires," said George Robbins, a licensed, bonded and insured electrician, with 22 years experience.

Eagle Electrical will make sure your home's power grid handle the extra duties for the duration of the holiday season, thus avoiding any unexpected power outages. Rather than adding extension cords all around your home, which is unsafe, Eagle Electrical can install electrical outlets under your home's eave, or anywhere around your home where you might want to add decorations.

night. Even better, you don't have to worry about forgetting to turn them off in the morning. It's already done."

Because of the additional strain on the home's circuits during this time of year, George recommends taking a moment to check all your smoke detectors, and change out all the batteries, especially for all those who enjoy live Christmas trees.

"It's also a great time to look at the home's main electrical panel, with the cooler weather," George stated. "We can perform a safety check, clean out the dirt and debris from the summer, and do a tune-up to make sure your home is ready for additional use during the holidays."

As a small, locally owned business, Eagle Electrical prides itself in creating long-lasting relationships with its customers. They are available to offer valuable advice regarding your home's electrical needs—and maybe even which holiday lighting products work best and most cost effectively. Always up-to-date on the latest advancements, the expertise Eagle Electrical offers is second to none.

"In all reality, tour companies, cruise lines and other travel-related organizations pay for the travel agent's service," Sue stated. "Using a travel agent truly is a win-win situation for the customers. They get the perfect vacation at a great price, and the peace of mind knowing a professional has arranged their itinerary."

With the holidays approaching at warp-speed, next year's vacation may be the furthest thing from your mind. According to Sue, however, now is the time to start making plans for destinations, such as Alaska, Europe and the Mediterranean areas, for travel in 2014.

Red Mountain Travel caters to anyone who likes to travel, and they are eager to help their friends and neighbors in the Red Mountain and Northeast Mesa area create lifelong memories. Visit Red Mountain Travel at www.redmountaintravel.com, or call (480) 396-8084. Sue also can be reached via e-mail at smitchell@cruiseplanners.com.



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They even can make it easier for you to display your holiday cheer by installing an auto sensor for lights.

"The auto sensors are great because you don't have to lift a finger," said George. "They'll automatically turn on at Let Eagle Electrical take the hassle out of hanging holiday lights this year. To make an appointment for a free estimate, call (480) 659-4942, or send an e-mail to george@EaglePAE.com. You also can visit www.eagleplumbingandair.com.





POSTAL PATRON ECRWSS



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Cosmos Salon & Day Spa 480-844-0707 2837 N. Power Road, Ste. 106, Mesa www.CosmosSalonAndSpa.com f Look for us on Facebook

Holidays are right around the corner, schedule your complimentary consultation today!

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E-mail: Publisher@PhillipsWest.com

(480) 748-1127

EDITOR-IN-CHIEF

Kim Phillips

ADVERTISING Monica Adair (480) 772-1949 Kim Phillips (480) 748-1127

STAFF WRITERS Dawn Abbey, AnnElise Makin, Kimberly Searles, Sharon Wozny

> **COPY EDITOR** Sandra Van Dyke

DESIGN LuckyYou! Creative, *publication design* Erin Loukili, Misty Voitovski www.luckyyoucreative.com

> Ramey Newell, Web site design KeenGraphics.net

CONTRIBUTOR S John Karadsheh, Nancy Nemitz, Lorraine Ryall, Jay Williamson

www.UpCloseAZ.com

BEAUTY

THE RIGHT HAIRSTYLES TURN HEADS for Women of All Ages

By Dawn Abbey ge may be just a number, but a hairstyle can determine whether or not a woman looks 50 going on 51, or 50 going on fabulous.

No one knows this better than Sandra Barbetta, co-owner with her husband, Cosmo, of Cosmos Salon and Day Spa. Sandra and Cosmo make regular treks to the runway shows in New York and Europe to observe the latest trends in fashion, makeup, colorizing and, of course, hairstyles. Well known around the Valley as stylist to local television news anchors and personalities, Sandra is a sought-after trends expert. She offers these simple sugges-

tions to help women look their best in their 20s, 30s, 40s and 50s, and uses celebrity hairstyle choices to illustrate.

"Young women in their 20s love to express themselves through their hair," Sandra stated. "For this on-the-go age group, hairstyles should transition easily from day to night. Long hair creates versatility, allowing them to play around with braids, a modified bun, a messy ponytail, peek-a-boo hair color and so much more," she said. She points to Lauren Conrad as an example of the multiple looks to be achieved with longer hair. "Cosmos stylists can create these styles for proms and special events," Sandra continued, "as well as show clients how to do their hair at home."

As women approach their 30s, they want to convey a more polished and elegant look. They are entering their prime success and earning years, and moving toward their goals. "A chin-length haircut can revive self-confidence by re-introducing personal style through different



textures, from sleek and straight, to wavy and curly," Sandra said. "These styles are quick, and require minimal effort, perfect for the busy 30-something." Sandra recommends Victoria Beckham's styles for this age group.

"As a woman approaches her 40s, those nasty grays often begin to appear," Sandra said. "Try a vibrant hair gloss to subdue grays, and mediumlength hair cut with shorter layers to create a more voluminous and youthful appearance, which will encourage confidence. Jennifer Aniston shows *she's still got it* with soft highlights and natural layers."

Sandra pooh-poohs the idea older women can't have longer hair. "Just because a woman turns 50, doesn't

mean she should cut her hair short. Women in their 50s are beautiful, sexy and more stylish than ever." To enforce confidence, the ultimate hairstyle is mid-length, just below the shoulder, with some layers or bangs, she suggests. For a refined look, add a radiant gloss over the natural hair color with a few highlights around the face for luminosity.

"Julianne Moore's rich red color and subtle layers are the epitome of a sexy hairstyle for a woman in her 50s," Sandra claimed. "Also for fine thinning hair, don't rule out perms, yes, perms. They can really give the hair the body needed for fullness."

For a dynamic new look in cut or color, contact Cosmos Salon and Day Spa at (480) 844-0707 to make an appointment with one of the masterful stylists. Cosmos is located at 2837 N. Power Road, on the northeast corner of Power and McDowell roads, in The Village at Las Sendas.

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REAL ESTATE

Upside Down Homeowners STILL NEED SHORT SALES

By Lorraine Ryall, Realtor, CDPE, CSSN **Coldwell Banker Trails** and Paths

ur market is turning around, home prices are on the rise, and, finally, we are seeing some equity building back up in our homes.

However, not everyone is in the same boat, and, for many, it's still going to be



a long road before they break even, let alone build up equity. If you purchased at the peak or near the peak of the market, or took out a home equity line of credit against all that equity you suddenly had in your home, you still are under water and have a long way to go.

For some, it doesn't matter. They have no plan to sell any time soon, and can afford to wait and live in their home. For others who have been patiently waiting for



the market to change, home prices may not be increasing fast enough or high enough, and they just can't wait any longer.

Hardship—Maybe there has been a job loss or reduction in income, illness or medical expenses, or a separation or divorce. You may have had to find work in a different area or out of state, and now have to relocate. There are many reasons for a hardship, which can force a short sale to be an option.

Option Arm-Interest Only—Loan Modification. It may be you have an option arm loan about to adjust or an interest-only loan. The plan was to refinance in a few years into a fixed rate loan. However, when the market crashed, refinancing was no longer an option, and, if you still are upside down, probably isn't an option today either. Maybe you tried a loan modification but were denied. After all, the percentage of successful loan modifications is extremely low. You just may be so upside down, and know hanging on and paying the higher mortgage payments is no longer the best option.

Whatever your reason, if you are upside down and

need to get out from under the debt of your mortgage, a short sale maybe the best option. There is no cost to the homeowner to do a short sale, and there are many programs available whereby you actually get paid thousands of dollars by the bank to do a short sale.

Contact me today to find out more about the short sale and whether it is the right option for you. You can call my cell at (602) 571-6799, or send an e-mail to Lorraine@ArizonaShortSaleToday.com. Visit my Web site at www.ArizonaShortSaleToday.com.

ORGANIZING Organizing Your Home ONE STEP AT A TIME

By Nancy Nemitz

T ow many of your projects around the house don't get done because they are overwhelming?

The mere thought of organizing the garage is enough to get most of us doing anything else to avoid such a daunting task. Breaking down the project into manageable pieces is key.



First, there has to be

a plan. For starters, create zones. In a garage, there are areas or zones for car repair and maintenance, sports equipment, tools, holiday, household, and whatever other junk you are keeping in the event you need it someday.

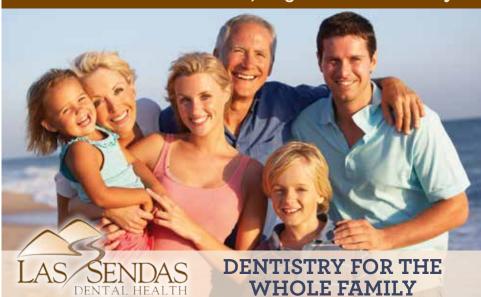
Once you decide how much space to give each area, you can then determine all the things that fit that category. Next, find all the sports equipment. As you find it, get rid of broken or never used equipment. Put all the equipment you are keeping on a tarp or in a section of the garage. You are bound to find a missing piece or one more basketball over in the Christmas section.

This is step one. Get everything out and arrange it together so you can see what you have.

Don't try and organize with everything still on the shelves. This step one should be followed for every room you are organizing. Notice I didn't say "try to get organized." Don't try. Succeed. ■

Don't want to do it alone and want to save money by doing it right the first time? Make an appointment with professional organizer, Nancy Nemitz, (480) 223-8939. Create the Space Professional Organizing LLC has been organizing business and residential clients since 2004. Nancy is currently the professional organizer for one of the dream homes on the Street of Dreams Home Tour in Gilbert.

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LAS SENDAS GOLF CLUB Features Entertainment, Dining & Golf

A Closer Look, Las Sendas Golf Club...is a monthly column written for the Up Close Publication by Las Sendas Golf Club. In this column, you will get an in-depth look at upcoming entertainment, dining and golf events. Our brand is our mission—to reach out to the community with entertainment, dining and golf events as your pathway to fun, recreation and a pleasurable lifestyle.

COMMUNITY PRIDE



Golf Club

Las Sendas Golf Club is proud to announce its new campaign called *Wear Your Pride* for Las Sendas Residents and Golf Club Members. In our Golf Shop, we will begin carrying products, which are much more than golf attire. We will carry lifestyle wear, active wear and a significant selection

of giftware and products—all with the Las Sendas logo.

To date, we have realized tremendous support from the community, including all our neighbors who may or may not be golfers. We would like to thank all those who have supported and enjoyed our restaurants, pro shop and golf course. Our goal is to get everyone in the spirit of community, and proudly display the Las Sendas logo on a sleeve, hat or maybe a wine glass. The Golf Shop is gearing up with a great selection of items. Please drop by, and take a look. We have Christmas gift ideas galore.

ENTERTAINMENT

LIVE...AT LAS SENDAS is pleased to present Andrew Johns on Thursday, Nov. 14, along with our

amazing Chef's Grand Buffet. Andrew is a musician and comedian with just a few keyboards, drums, a ton of talent and a huge diverse repertoire. Andrew has been compared to the late entertainer Victor Borge, as his sometimes goofy nature and cerebral sense of humor can shine through, usually at the appropriate moments. He also can be described as a combination of Billy Joel and Elton John, with fabulous renditions of both artists, as well as many other popular pianists and soloists. Andrew's amazing vocal range allows him to tackle everything from light opera,





Hold the Date**

Please hold the following dates in your calendar for our 2013-2014 **LIVE...** AT LAS SENDAS calendar of events:

- Jan. 16—A Night of Comedy
- Feb. 20—Dinner Theatre
- + April 17—Dueling Pianos
 - May 29—Show Band
 - July 17—Dinner Theatre

**Dates are firm. Entertainment is subject to change.

DINING

Thanksgiving Dinner and Turkey Take Out

Plan for a relaxing, worry-free three-course Thanksgiving dinner at Bogey's and The Grille at Las Sendas. Your menu includes a salad, entrée and dessert. Our Herb-Roasted Turkey, Sea Bass, Rack of Lamb and Prime Rib dinners are to die for! Join your friends from 3 to 7 p.m., on Thursday, Nov. 28. Reservations are required. Please call Erica at (480) 396-4000, or send an e-mail to egomez@lassendas.com. We also have a Turkey Takeout package available, which includes a 16-pound roasted turkey, cornbread stuffing, giblet gravy, cranberry relish, buttered green beans, sweet corn, garlic mashers, salad and rolls. This amazing basket serves eight to 10 people at a cost of \$95. To reserve your Turkey Takeout, call Erica at (480) 396-4000, or send an e-mail to egomez@lassendas.com. Life just does not get any easier. Call early so you do not miss out!

(480) 396-4000, or send an e-mail to egomez@lassendas.com. Payment is required with reservation. Last year, this event sold out. So, do not delay!

The Patio and The Grille

We have NFL Sunday Ticket. Come and watch your favorite NFL team, and indulge in 50 cent wings and buckets of beer until 4 p.m.

Our evening entertainment, complete with great weather, is back on The Patio at Las Sendas, from Tuesday through

Saturday. We have prepared a new fall and winter menu with amazing new items.



PACKAGES AND PROMOTIONS Book Your Company Holiday Party

The Vistas Pavilion is pleased to promote Holiday Party packages for both large and small companies. Book now, as we are filling up fast.

On Thursday, Dec. 5, we are running a special for smaller companies (less than 50 people). Your package includes a buffet dinner, band and dance floor in our amazing Vistas Pavilion. Your group will be seated in your own individual section. Host and cash bar options are available. Tickets are \$50 per person. Please call Jackilyn Russo, our Catering Director, for more information.

GOLF

Get a Membership at Las Sendas Golf Club Golf is more than a game. It's a lifestyle, and you can make it yours. When you become a member of Las Sendas Golf Club, you will experience one of the best in course challenges, membership benefits and social events. Our management and staff are committed to an exceptional membership experience.

Membership at Las Sendas offers a friendly and unique golf club experience. Las Sendas is an 18-hole championship golf course designed by Robert Trent Jones, Jr. Las Sendas consistently is ranked as one of the top 10 most challenging golf courses in Arizona, and is recognized as *Best Golf Course 2012* by *New Times* magazine. Member-only events include a threeday Ryder Cup tournament, pitting our Canadian members against the Americans, a three-day member/ guest tournament, as well as several other tournaments geared toward men's, ladies' and mixed couples events. Las Sendas offers a very social environment, along with world-class golf—an experience of which you want to be a part.

including *Les Miserables* and *Phantom of the Opera*, all the way over to impersonating Louis Armstrong, Norah Jones, Macy Gray and Led Zeppelin.

With his vocal expertise, you will hear harmonies you're not sure how or from where they are coming. Mostly, it's thanks to his classical piano background and perfect pitch as a child, which has led to the amazing ability to mimic and cover so many genres and styles. Basically, if he's heard it, he can play it.

The Chef's Grand Buffet is from 6 to 8 p.m., and the show begins at 8 p.m. Tickets are \$60 per person or a table of eight for \$400. Only 200 tickets will be sold. To purchase tickets or a table, please call Erica at (480) 396-4000, or send an e-mail to egomez@lassendas.com.

New Year's Eve Gala

Join us at The Vistas Pavilion for our New Year's Eve Gala. Your evening includes a four-course dinner, including appetizer, salad, entrée and dessert with a champagne toast at midnight. You can dance the night away to our live entertainment by Soul Catcher. The cost is \$90 per person. Reservations are required. Please call Erica at

The following are benefits and services provided to our members at Las Sendas:

- Las Sendas offers a 100 percent fully refundable Deposit Initiation Fee.
- Unrestricted and unlimited play on our 18-hole championship golf course.
- + Priority member tee time reservations.
- Member functions, including men's and ladies' leagues, golf tournaments, interclub competitions and social events.

6 November 2013 Up Close

A CLOSER LOOK AT LAS SENDAS GOLF CLUB (CONTINUED)

- Special member guest rates.
- Unlimited use of practice facilities, including range, short game area, bunkers and putting green.
- Included locker facilities and club storage.
- Shoe valet services.
- Membership in the USGA, AGA and GHIN handicap system.
- A fully certified staff of PGA/LPGA instructors.
- No monthly minimums.
- Discount of 10 percent in all three restaurants and the Pro Shop.
- Club limousine services available with your dining reservation.

There are two forms of membership—Personal and Corporate. Personal memberships offer individuals or families the option of six- or 12-month plans to suit their needs. Corporate memberships offer businesses the oppor-



tunity to have up to five employees participate under one membership.

We presently are operating as a semi-private facility. Once we have sold 350 memberships, the golf course will become private, and only accessible by our members and their guests.

GOLF SHOP Golf Tournaments

Wondering where to host your next

company golf tournament, or where to host a pre-wedding golf event? Look no further than Las Sendas Golf Club. We have a number of golf tournament packages from which to choose, with a buffet breakfast, lunch and/or dinner. We have various options from which to choose, and work with you to custom design your golf event with hole prizes, skill prizes and fun tournament formats.

Las Sendas has hosted tournaments for organizations throughout Scottsdale, Mesa and the Greater Phoenix area, including the Alice Cooper Solid Rock Foundation, the Phoenix Coyotes Alumni, the Youth Hockey League

CHEF'S RECIPE OF THE MONTH



Roasted Tomato Gazpacho

from Chef Jason

- + 12 roma tomatoes
- 1 zucchini
- + 1 red bell pepper
- 1 cucumber
- 1 jalapeño—seeded
- + 1/2 red onion
- 3 cloves peeled garlic 1 quart tomato juice
- 1/2 cup alive ail
- + 1/2 cup olive oil
- 1/2 cup lime juice
- + 1 ounce cilantro

Roast roma tomatoes over a flame. Roast until skin gets blistered. In a blender, purée all ingredients, and slowly drizzle olive oil into mixture to emulsify. Salt and pepper to taste. Garnish with diced cucumbers and cilantro.



of Arizona, Boeing, the USMC, the Mesa Chamber of Commerce, as well as a multitude of charity organizations, companies and groups.

For more information, or to schedule your golf tournament, please call the Las Sendas Golf Shop at (480) 396-0440.

Golf Equipment

This month, we will be working with Ping and Bridgestone Golf to bring you golf club fitting and the first ever Las Sendas Golf Ball Fitting. Yes, you can be properly fit for your golf ball, as well as with the equipment you use. This is a perfect opportunity for a Christmas gift or two. • Nov. 6—Bridgestone Golf Ball Fitting

+ Nov. 20—Ping Golf Club Fitting

If you are unable to find what you are looking for in our Golf Shop, let us know. We are happy to do special orders where available. Be sure to visit us in the Golf Shop to purchase a raffle ticket for the hot new Taylor Made SLDR Driver.

THE VISTAS PAVILION AT LAS SENDAS NOW BOOKING Holiday Parties



A Night with Andrew Johns



Thursday, November 14th The Vistas Pavilion 6pm-8pm Buffet Dinner 8pm-10pm Andrew Johns Las Sendas Golf Club 7555 E. Eagle Crest Drive - Mesa, AZ 85207



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amazing musician / comedian. He plays keyboards, a drum machine and brings enormous talent with a huge repertoire and diversity. Andrew has been compared to Victor Borge with his sometimes "goofy" nature and cerebral sense of humour. Andrew's amazing vocal range allows him to tackle everything from light Opera including Les Miserable and Phantom all the way over to impersonating Louis Armstrong, Norah Jones, Macy Gray and Led Zeppelin.

Chef's Grand Buffet

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DINING

Flancer's Announces Fifth ANNUAL DESSERT BAKING Contest Winner

By Dawn Abbey

he winner of Flancer's Fifth Annual Dessert Baking Contest is Jesse Kolman.

Jesse won for his Chocolate Peanut Butter Pretzel Pie, a multi-layered creation in a crumb crust with a creamy peanut butter bottom layer and a chocolate puddinglike top layer, decorated with chocolate-covered mini pretzels and dark chocolate swirls.

Each year, the winner of the Flancer's Dessert Baking Contest has the honor of having monies from the sale of the dessert at the restaurant donated to a favorite charity. "Jesse's charity is No Kid Hungry," said owner Jeff Flancer. "So, starting on Nov. 1, and running for a year, \$1.50 from each dessert sold from Flancer's Incredible Sandwiches and Pizzeria stores, in both Mesa and Gilbert, will be donated to No Kid Hungry. Diners get to enjoy a fantastic dessert, as well as support a worthy cause."

Jesse also receives a trophy and a \$100 gift certificate from Flancer's.

This year's runners-up were Bev Shimamoto, for her Lemon Bars; and Kelly Anderson, with her Dianne's Southern Chocolate Bourbon Pecan Pie.

"Rockin' taste buds since 2000, Flancer's is a familyfriendly restaurant, providing unique food on freshly baked bread by a staff that gets to know the customers by sight," said Jeff. "And now there's a new dessert to try."

Flancer's Incredible Sandwiches and Pizzeria is located at 1902 N. Higley Road, in Mesa, (480) 396-0077, and at 610 N. Gilbert



Road, in Gilbert, (480) 926-9077. For information on menus and other events, visit flancers.com or facebook.com/flancerscafe and facebook.com/ flancersmesa. For information on No Kid Hungry, visit nokidhungry.org.

DINING

Flancer's Gourmet Thanksgiving DINNER TO GO IS EASY AND TASTY

By Dawn Abbey f you want some-

thing really special for Thanksgiving dinner, but don't have the time, energy or expertise to cook it, just call Flancer's Incredible

Sandwiches and Pizzeria to order a delicious, complete gourmet meal.

Flancer's Gourmet Thanksgiving Dinner To Go begins with roasted butternut squash soup garnished with pumpkin seed pesto cream.

Slow-roasted real breast of turkey, with savory natural old-fashioned gravy is the main course, accompanied by fresh sage, apple and sausage stuffing, jalapeño cheddar mashed pot pie, roasted root vegetables with balsamic glaze, and fresh cranberry and orange relish.

Dessert is a unique pumpkin bread pudding dressed with chocolate caramel and sea salt sauce.

"All of this is only \$26.50 per person," said Jeff Flancer, owner of Flancer's. "In addition, orders of six or more receive one free dinner. Order today, as we always sell out. Don't forget to add fresh baked Flancer's baguettes for only \$2.50 each."

If you are doing a potluck with your loved ones, and just need a side dish, Jeff suggests asking for a quote on single items.

Pick-up of your gourmet Thanksgiving dinner is on Wednesday, Nov. 27. Items are sold cold with heating directions.

"Not everyone knows we do gourmet catering, too," said Jeff.

Flancer's will be closed on Thanksgiving Day.

To order, call Flancer's in Mesa, (480) 396-0077, located at 1902 N. Higley Road, or Gilbert, (480) 926-9077, located at 610 N. Gilbert Road.

MAKE A DIFFERENCE and Have a Good Time

By AnnElise Makin

he popular Red Mountain Ranch Country Club Tennis and Golf Hit for the Cure Fund-raiser, set for Nov. 8 and 9, provides entertainment for the whole family.

Bounce houses and other activities offer fun for the kids. Activities will fill up the day on Saturday. Come for a good time, visit with good people, and try your luck at tennis or golf.

Friday, Nov. 8

7 to 9 p.m.—Kickoff party, with hors d'oeuvres and bean bag tournament

Saturday, Nov. 9

7:30 a.m.—Tennis registration and check-in

- 8 a.m.—Tennis tournaments begin
- 11 a.m.—Golf registration and check-in 11 a.m. to 1 p.m.—BBQ lunch available for purchase
- 12:30 p.m.—Golf tournament begins
- 12:50 p.m.—Gon tournament begins

5 p.m.—Celebration banquet for all participants, with live auction and live band

Tennis—\$60 per person

Fee includes your choice of one or two events of men's, ladies' or mixed doubles. Also includes kickoff party, awards banquet and donation to Relay for Life. Contact Ray K., Director of Tennis.

Call (480) 981-8172, or send an e-mail to rayk@rmrcc.com. Golf—\$95 per person

Fee includes 18-Hole Scramble Event, including cart, kickoff party, awards banquet and donation to Relay for Life. Contact Scott Bunker, Director of Golf.

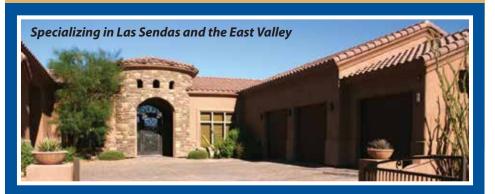
Call (480) 981-6501, extension 115, or send an e-mail to

sbunker@rmrcc.com.

Bring Cash For—Lunch, do-overs, mulligans, ball kids, magic putts, auction items and 50/50 raffle. ■

Contact Ray or Scott for registrations. Registration forms also are available at the Fitness Center.

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The housing market is finally in a recovery and Arizona is leading the way to higher home prices. What's your home worth now? Everyone wants to know how much their home has gone up over the past few months and if it is continuing to go up each month. Is now the right time to sell? Now you can get an Instant Home Value Report and a Market Snapshot of all the homes listed and sold in your neighborhood. You can get this report automatically sent to you on a monthly basis so you can keep up-to-date on what is happening in your own neighborhood and be on top of the market. "PRICKLY" PEAR CHICKEN SANDWICH am a bit hooked on their Prickh Pagr Chicken candwich which

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LOCAL BUSINESS

True Essence Salon's Holiday Gala IS A FUN NIGH

By Dawn Abbey

Tine tastings, fabulous hors d'oeuvres and gifts are all part of a gala holiday Client Appreciation Night Party at True Essence Salon and Spa, on Wednesday, Nov. 20, from 5 to 8 p.m.

Aveda holiday gift sets purchased during the evening will include a True Essence *Try* Something New holiday gift certificate worth \$15. The certificate can be applied toward any salon service of \$30 or more, which a customer has never before experienced. Attendees also can experience a little



"It's our way to show our appreciation to our loyal clients, and those who would like to become clients," said owner Maytee Green. "Guests also will be eligible to win drawings for gifts, such as Aveda product baskets, and other surprise items provided by local businesses."

For that night only, all Aveda products in the store will be available at a 20 percent discount."This is really a big deal, because Aveda never discounts its products unless they are being discontinued," Maytee explained. "So, True Essence is offering this discount for our clients only, to show how much we appreciate them."

Additionally, any of the ever-popular

pampering. Relaxation stations will be set up throughout the shop to perform complimentary mini-spa specialties, such as moisturizing hand-relief treatments, neck treatments and reflexology, said Maytee. "And our entire staff will be on hand to offer free personalized consultations on hair, makeup and skin-care services and products."

True Essence is the only Aveda Concept Salon in

Mesa, where Aveda's natural, botanical-based hair, skincare and makeup is available. Aveda, with 7,000 salons and spas worldwide, has been an international leader in the use of plants and natural sustainable products and processes in their lines since 1978, according to their Web site, aveda.com.

Guests planning to attend the Client Appreciation Night Party are requested to RSVP by Saturday, Nov. 16, to info@ trueessencesalon.com. Guests also can RSVP by calling (480) 396-3112, extension 2, or by visiting the salon, located at 2910 N. Power Road, on the northwest corner of Power and McDowell roads, next to Bashas'.

EDUCATION

EVENT RAISES FUNDS FOR Learning-Challenged Students

By Kim Phillips

ed Mountain Ranch resident Art Cecala celebrated Columbus Day L Vlast month with several of his closest friends, while raising money for a charity he founded, Golden Gates of America.

The charity, established more than six years ago, benefits learning-challenged students who need positive intervention to help them succeed in school.

"As many as 95 percent of these students will fail in life," said Art. "These are problems, which need to be addressed."

Art started Golden Gates of America to bridge the opportunities for schools and children. "Somebody has to step up and help these kids," said Art, "and that's what we intend to do."

More than \$500 was raised on Saturday, Oct. 12, during the fund-raising event, which included a bocce ball tournament, a corn hole game, appetizers, cocktails and dinner.

"The event was fabulous," Art recalled. He said local Italian restaurant Roma Café catered the event, and there were no complaints."The food was marvelous, and the camaraderie was exceptional," he commented.

Around 87 people, from Mesa, Chicago, California and New Mexico, attended the celebration at Art's Red Mountain Ranch residence. "We have to get people to understand what we do," Art emphasized."We have some prominent people already helping."

Some of the problems Art says need to be addressed include attention deficit disorder and dyslexia. He intends to provide local schools with funds for special programs. "The schools delegate with parent participation," he explained.

Art wants to bring awareness to his cause, helping learning-challenged students succeed, and he is asking for the public's participation in his charity, Golden Gates of America.

"Learning-challenged students learn differently, and just need a little help," Art observed, as he disclosed his own difficulties with dyslexia as one reason he decided to implement the charity.

"Many of these students are very smart, and have above average intelligence," Art said."If we can learn to recognize these students, then we can implement programs to help their education, and bring a smile to everybody's face."

For more information about Golden Gates of America, visit the Web at www.GGOA.org, call (480) 654-4444, or send an e-mail to aacecala@msn.com.



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DESSERT

Pumpkin Cheesecake With Fresh Berries & Cinnamon Whipped Cream

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All Turkey Dinners must be pre-ordered. A credit card number will be required at time of pre-order. All dinners must be picked up between 10am and 1pm on Thanksgiving Day. 7555 E. Eagle Crest Drive, Mesa, AZ 85207

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EDUCATION

Charter School Develops FORMULA FOR STUDENTS' SUCCESS

Submitted by Self Development **Charter School**

he mission of Self Development Charter School (SDCS) is to strive for excellence in education by providing students with an outstanding educational foundation and developing lifelong learners.

In addition to an award-winning curriculum, the school has instituted a Formula for Students' Success. Achieving the school's mission and students' success requires the collaborative efforts of administration, faculty, parents and students. The following are some of SDCS's programs, which support students' success:

Student and Parent Commitment Agreement

The Student and Parent Commitment Agreement is a contract between the parent, student and school. The agreement clearly outlines the school's expectations regarding classwork, homework, make-up assignments and grading. This form is distributed, reviewed and signed by the parent and student during Back-to-School-Night festivities to start the school year off on the right foot.

School-Wide Behavior Plan-Three Rs: Respect, **Responsibility and Readiness**

SDCS's curriculum focuses on developing good citizens, as well as students, with an excellent academic foundation. Each class-

room displays the School-Wide Behavior Plan, outlining the three Rs: Respect, Responsibility and Readiness. Teachers model and instill these values within the classroom from the first day of school.



Parents as Partners

Parents as Partners is one of the school's reading programs, which encourages reading outside of the classroom, as well as parent involvement. Parents are urged to read with their children on a daily basis. Parents and students who commit to reading a minimum of four nights a week for 15 minutes receive a Parents as Partners Certificate at the end of the year. Many students participate in this program.

Classics Program

Beginning in grade two, students have the opportunity to participate in the Classics Program. Classics (abridged versions) are available for students to read throughout the school year. The classics include The

Call of the Wild, 20,000 Leagues Under the Sea, The Wizard of Oz, Little Women and Swiss Family Robinson. The program requires a book report and presentation, too. The program reinforces the impor-

tance of practicing reading, report writing and public speaking. Students who complete the requirements receive a special trophy at the end of the school year.

Math Facts

Math Facts is an important part of the Self Development Charter School (SDCS) curriculum and homework. Parents are encouraged to help their students memorize Math Facts. Students' mastery of Math Facts, which includes accuracy and speed, is critical to students' success with higher level math

concepts. The goal is for students to recall the answer to each Math Fact correctly within two seconds. Students who achieve this goal free the capacity of their working brains for critical thinking, including higher level math concepts. Weekly assessments and school-wide competitions are part of the curriculum to monitor students' progress and promote excitement about learning these facts.

The above are just a few of the programs SDCS promotes as part of the school's Formula for Students' Success. If you would like to learn more about SDCS, please contact the front office to schedule a tour. Call (480) 641-2640.

SOCIAL CLUB VETERANS

Meeting Features Air Force SECURITY SPECIALIST

By Jay Williamson, Social Club Publicity The Red Mountain Ranch Social Club will meet on Thursday, Nov. 14, at 9:30 a.m., at the Country Club to honor our members and all veterans.

Our speaker for the morning will be Tom Campbell. A retired Air Force Chief Master Sergeant and Senior Security Specialist, Tom enlisted in the Air Force in 1966. He retired in 1990 after serving 24 years as a security policeman.

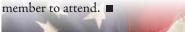
Tom was stationed at Cam Ranh Bay and Da Nang air bases while in Vietnam, and later traveled worldwide in support of presidential and other special air missions. He worked at the Hanford Nuclear Reservation, in Washington State, from 1990 to April 2010, and was responsible for physical security at the Plutonium Finishing Plant.

Tom is a member of the Air Force Association, the Air Force Security Forces Association, the American Legion and the Grand Collectors Association. An amateur military historian, he volunteers at the PIMA Air Museum, and has an extensive collection of U.S. military firearms dating from 1884 to 1954.

Tom plays guitar and sings. He enjoys camping, as well as stateside and worldwide travel with his wife. He also likes visiting his children and grandchildren in three other states.

In honor of their service, the Social Club Treasury will pay for the Social Club veterans' lunch.

We invite you to come to this meeting as our guest. You do not have to be a



Real Estate In Red Mountain Ranch





Red Mountain Ranch Area Market Report

Sales for the Month of September 2013



Address	Square Feet	Sold Price	Short Sale or REO*
4016 N. Ranier St.	2,083	\$260,000	



6334 E. Viewmont Dr. #55	2,146	\$339,000	
4157 N. Everest	2,349	\$350,000	
6446 E. Trailridge Cir. #24	4,325	\$710,000	

NO DISTRESSED SALES IN SEPTEMBER!

Information gathered from the Arizona Regional Multiple Listing Service is deemed reliable, but not guaranteed.

Sales Information Provided By John Karadsheh, ABR, CRS, ASSOCIATE BROKER, Coldwell Banker Trails & Paths Premier Properties. www.BuyAndSellAZ.com

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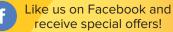
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EDUCATION

EISENHOWER CENTER OF INNOVATION Offers New Approach to Learning

By Sharon Wozny alking on the campus of the former Eisenhower Elementary School, there exists an excitement of change since the school has been repurposed to Eisenhower Center for Innovation.

Mesa Public Schools has many types of schools in the district aiming to reach all the needs of their diverse population. The Eisenhower Center for

Innovation is the newest. The passing of the bond election made this possible, along with the support of the district, in terms of additional contracts and support staff.

The Center for Innovation is set apart from other elementary schools. Their campus has a full-time art teacher and two full-time educational technology specialists who help with the technology. The students are part of the iPad Initiative, which means their learning is happening on iPads, along with Apple TV, in the classrooms. In addition, every intermediate student is required to play an instrument. Media arts classes, computer programming, along with critical and scientific thinking, is at the core of the student's learning.

Tracy Yslas, the center's principal, has a working relationship with her feeder schools. This will provide smooth transitions for her students, and guarantee their success in the future. Eventually, the Center for Innovation wants to reach the level of individualized learning whereby the strengths and interests of each student will morph into project-based learning. The objective is to reach the technical and creative side of their students.

Family involvement is a critical aspect to improve the student's educational experience. They now have an official



on when things are not."

Principle Yslas has embraced this new challenge wholeheartedly. Her experience is vast, including being a principal in Mesa and Pendergast, along with working at the district level in various departments. There is growth to achieve. However, with her dedicated staff and positive community involvement, she knows, in due time, it can be done.

When your school's philosophy is *Every child is ours, and we help all to succeed,* wonderful things are bound to happen. Communication is a key component. Therefore, when there exists a common language within the school, along with teachers who review data, share ideas, and constantly are open to modifications and adjustments, learning will be at its best for their students. "We want to be partners with the parents, and have our parents feel they can be involved in school," Principle Yslas stated. "We want them to be empowered to participate and be advocates for their children."

The Eisenhower Center for Innovation is located at 848 N. Mesa Drive. For more information, contact Tracy Yslas at (480) 472-5200. Visit the Web site at www.mpsaz.org.



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LACROSSE CLUB Brings the Heat

By Sharon Wozny

PTA with 50 members, as

well as the Family Literacy

Program, which will bring

parents into the classrooms

as volunteers. In addition, English as a Second

Language and parenting

classes are available. "We

are committed to provide

order for them to find their

opportunities to kids in

strengths and talents no

matter what they choose

to do," said Principle Yslas.

"We have to sustain things

that are working and move

acrosse has been popular on the East Coast for many years, and it has found its place here in the Southwest, and especially in Arizona, where it has been rapidly growing in popularity and with spectators.

Geoff Larsen has been involved in lacrosse ever since he was a boy growing up in Virginia, where he played as a midfielder in high school. From there, he played at Brigham Young University as a long pole middie. In addition, he is an NCAA certified referee.

Geoff has taken all his lacrosse knowledge, and, for the past 15 years, he has been coaching in Arizona. The East Valley Heat has had him as their head coach for eight seasons. Through these years, Geoff has seen five players recruited to various colleges in the United States.

Geoff has devoted a tremendous amount of time, energy and money into the sport of lacrosse. "Lacrosse develops you as more than just an athlete," Geoff stated. "It is the fast pace of lacrosse, showing off the coordination and athletic abilities of the players, that makes the sport exciting to watch."

If you want to get involved in this amazing sport, find your way to www.heatlax.com. Early bird registration will begin in November. All ages, from kindergarten through grade 12, are welcome to play for the Heat during their season, which runs from January to April.

To find out more about East Valley Heat Lacrosse Club, visit the Web site at www.heatlax.com, or contact Geoff Larsen at (602) 524-6592.





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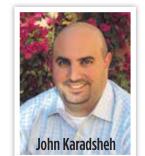
REAL ESTATE

REAL ESTATE AND THE MEDIA Can Tell Conflicting Stories

By John Karadsheh

¬ very day people ask me, Is now a good time to ✓ buy?""Is now a good time to sell?" My answer to those questions always is, "It depends."

Unless you are an investor looking for short-term gains or monthly cash flow, a house always has been a place to call home, not only an investment.



Over the long term, we all want to see appreciation on our homes, and over time, history has shown that occurs.

Yet, when we are trying to gauge our real estate decisions, we often look to the media for answers. At any given time, you can pick up a newspaper or magazine, or visit a Web site and get conflicting information. Data almost always can be manipulated and interpreted to show whatever trend the analyst is trying to convey. Are we in a bubble? Is there shadow inventory? Are interest rates going up or down?

Below is a sampling of some of the mixed headlines from the last few years:

Real Estate Values

April 25, 2012

Residential price growth in metro Phoenix surprising. Zillow.com

May 8, 2012

Phoenix home prices predicted to fall 11 percent this year. Phoenix Business Journal

Shadow Inventory Predictions

June 13, 2012

Shadow inventory drops to lowest level in nearly three years. InmanNews.com

April 30, 2013

Home prices growing at pre-bubble rates on Bernanke boost, but big shadow inventory lurks. Forbes

July 9, 2013

Foreclosure inventory down 29 percent nationally from a year ago. Q1 2013 shadow inventory shows steep decline. CoreLogic.com

Housing Bubble

April 30, 2013 Boost in home prices doesn't equal bubble. cnbc.com

May 29, 2013

Real estate euphoria: Is America in a new housing bubble? YahooNews.com

June 7, 2013

No U.S. housing bubble. The Economist

September 10, 2013

We're in another housing bubble. *cnbc.com* September 23, 2013

Experts: We are not in a

housing bubble. Housing Wire.com

Jobs and the Economy

July 8, 2013 Phoenix No. 1 for economic growth, Tucson second. Brookings.com

August 21, 2013

Arizona's job recovery among slowest in the nation. Phoenix Business Journal

September 25, 2013

Forbes lists Arizona No. 1 for projected job growth. Forbes.com

Interest Rates

October 1, 2013

Mortgage rates rise for the first time in three weeks. U.S. Finance Post

October 1, 2013

30-year fixed mortgage rates continue downward spiral. Zillow.com

So, what do you, as a consumer, do about all of this misleading information? You can analyze it as much as you

want, but at the end of the day, you need to decide what your real estate goals are. You can try to time the market, but homes are not stocks. Their values don't change drastically on a day-to-day basis.

In a healthy market, you should see appreciation, but remember, real estate has and always will be meant to be a long-term investment and not a liquid asset. The best thing to do when trying to make a decision is to consult a qualified and experienced REALTOR® to help you navigate the entire transaction.

John Karadsheh is a licensed REALTOR[®] with Coldwell Banker, Trails and Paths Premier Properties. He also is an Associate Broker, Accredited Buyers Representative and a Certified Residential Specialist. He was voted in the Top Five Residential Real Estate Agents in Arizona for 2012 and 2013 by Ranking Arizona, the Best of Arizona Business. You can contact John with any of your real estate questions. Call him at (602) 615-0843, or go to his Web site at www.BuyAndSellAZ.com.

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LAS SENDAS DENTAL HEALTH **Treats Sleep Apnea**

Submitted by Las Sendas Dental Health

T leep apnea is a condition whereby a person's breathing is closed off for a period of time during sleep, some-Utimes occurring as many as 100 times in a night. Sleep apnea can increase chances for heart disease, high blood pressure, sexual dysfunction, depression, learning or memory loss and tiredness. Many times, the person suffering from sleep apnea may not be aware of the condition. Often, the spouse initially notices the problem.

An 18-month study involves sleep apnea patients at the South Texas Veterans Health Care System. An oral appliance, called the Thornton Adjustable Positioner (TAP), is used to treat those suffering from

moderate to severe sleep apnea. According to Dr. Paul McLornan, at the University of Texas Health Science Center at San Antonio, many patients with moderate to severe sleep apnea were not adhering to standard treatment with continuous positive airway pressure (CPAP) machines.

Many factors, including the noise, cumbersome attachments, bloody noses and the lack of flexibility of different sleeping positions prevent many people from using their CPAP machine.

Dr. McLornan's study proves the TAP device, which is smaller and fits in a patient's mouth, is now an option for patients with mild, moderate and now even severe sleep apnea. He states it was previously thought treatment for patients suffering from severe sleep apnea was limited to the use of the CPAP or surgery. This study adds to the body of medical and dental research literature by showing

oral appliances can be effective in treating people with severe sleep apnea.

The device is less cumbersome and better tolerated by patients. It is also much less invasive and costly than the CPAP or surgery. Patients in the study were fitted with the TAP appliance, and given a tiny key, which fits in the front of the device.

The patient was instructed to wear the appliance every night, inserting and turning the key several millimeters before bedtime. By turning the key, the patient

> creating an open airway in the throat. Patients then informed researchers when they reached a comfortable point in the adjustments, and when they felt they were able to sleep without snoring or gasping.

(Source: Mission, University of

Texas Health Science Center, San Antonio, Spring 2009)

Dr. C. Martin Farnsworth, of Las Sendas Dental Health, has been successfully using the TAP device to treat patients with sleep apnea since 2001. If you or your significant other suffers from snoring or gasping while sleeping, the cause may be sleep apnea.

Please call for an evaluation. Let us help you find a way to *improve your health, and get a full night of restful sleep again.* For an appointment to evaluate your options, please call (480) 283-5854.

LOCAL BUSINESS

iPLAN Participates **IN STREET OF DREAMS**

By Kimberly Searles

PLAN, located in the Falcon Field Airpark, currently is participating in this year's Street of Dreams event.

Located in Gilbert's Whitewing at Germann Estates, Street of Dreams features five brand new luxury show homes designed to impress and inspire.

"It's a great honor to be invited to take part in Street of Dreams," said Alan House, president of iPLAN.

Indeed, the invitation further exemplifies the firm's commitment to quality and creative design. Serving residents in the Northeast Mesa area for more than 18 years, iPLAN takes pride in developing proven designs and planning methods. Both of these factors play a major role in their success.

"iPLAN brings aerospace processes and procedures to an industry that has none," said Alan, a former aerospace engineer. "Those processes include focus on details and getting things done right the first time."

Street of Dreams currently is open to the public through Dec. 1. iPLAN's home sits in the middle of the Street of Dreams. Alan, Ben Scheier and the rest of their team invite you to come visit them at the exhibit to see their capabilities in a reallife application.

The team also provides architectural review services for Las Sendas and other prestigious communities. In addition, iPLAN offers semi-custom and production homes, working with some of the finest builders in the area.

iPLAN provides a full-service custom home design for projects of all sizes. Learn more about iPLAN by visiting www.iplandesign.com, or by contacting Ben Scheier at (480) 980-1119. You also can like them on www.facebook.com/IPLANLLC.







pulls the lower jaw forward,

The patients are then evaluated using standard sleep studies to determine whether or not their sleep had, indeed, improved. It was found patients improved significantly using the TAP.

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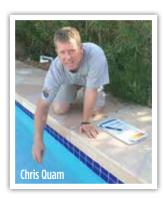
LOCAL BUSINESS

Winter is the Best Time FOR POOL MAINTENANCE

By Dawn Abbey

Pools, decks and pool equipment take a beating all summer long resulting from heavy use, dust storms, algae problems and the Arizona heat.

"If you have a heating system for your pool, you can still be swimming right now," said Chris Quam owner of Arizona Pool Guy, Inc. "We install the most economical



heat-pump systems, as well as other heater types, but whether you heat your pool or not, winter is the best season to take care of regular maintenance issues."

"Most people don't realize that pools should be drained and refilled with fresh water every two to three years. As pool water evaporates, it concentrates hard water mineral build up

on tile and pipes. That, mixed with chemical and organic byproducts, also makes your skin feel dry," Chris explained. "If you're buying a home with a pool, you definitely want to start out with fresh, clean water. And, of course, call us if your pool turns green."

Because of Arizona's heat and sun, it's risky to empty a pool in the summer because it can damage the exposed plaster, so now is the best time to do it, said Chris. "We use a quick turn-around to pump out the used water, quickly refill with fresh water, and set the chemical balance."

As for plaster, most pools need a total re-plastering every 10 to 15 years or so, Chris stated. Nowadays, pool owners are opting to upgrade their pools with one of the new pebble finishes, available in natural stone looks or with dramatic color combinations from greens to lavenders, mixed with glass beads or abalone shell pieces. Add a natural stone waterfall and decorative decking features and your home has its own backyard oasis, Chris said.

You can also consider adding a spa, a gazebo, a fire pit, or the most popular of all these days, an outdoor kitchen. Winter is such a great outdoor time here, you want to make the most of your home's outside areas, suggested Chris.

"Our design planners can assist you in putting together a backyard area that's just perfect for your family's lifestyle. And, of course, we install new pools, and alternative chlorine systems, too."

It's important to remember to clean your filter system. Sand filters should have a complete sand replacement every 5 to 7 years. Diatomaceous earth filter grids and cartridge filters need replacement every 3 to 4 years, and both need cleaning at least once a year.

If your pool pump is older, replacing your existing pump with a variable speed pool pump can reduce pool energy costs by up to 80 percent and save up to \$400 per year, according to the Arizona Public Service Web site. APS offers rebates of \$200 for qualifying equipment and Salt River Project offers up to \$150. "We are certified variable speed pump installers and provide the paperwork to get homeowners their rebates," said Chris.

For information on any pool service, installation or repair, contact Chris at (480) 699-0607. Arizona Pool Guy, Inc. is licensed, bonded and insured, ROC #243628.



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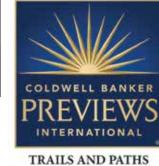
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