

# Las Sendas Up Close

Bringing neighbors closer to their community

September 2013

## Rise and Shine at Sunnyside Breakfast Lounge

By Kimberly Searles

Diners in Northeast Mesa have a new option when it comes to breakfast, thanks to Sunnyside Breakfast Lounge, in The Village at Las Sendas.

Taking over the space formerly occupied by The Egg and I, Sunnyside Breakfast Lounge offers a healthy, fresh take on the most important meal of the day.

Health-conscious diners can expect a wide array of freshly squeezed juices, made on-hand in the kitchen, as well as natural foods. Of course, the restaurant also offers the standards, such as pancakes and omelets, to appeal to all types of diners. Once the liquor license is approved, Sunnyside will serve a range of alcoholic beverages, including bloody marys and mimosas.

The concept for Sunnyside Breakfast Lounge comes from Executive Chef Gabriel Garfio, while studying culinary arts at Johnson-Wales University, in Colorado.

"When you think of breakfast, people tend to picture bacon and eggs," said Gabriel. "They taste amazing, but they aren't exactly good for you. The question kept nagging me, 'Why can't breakfast be both good for you and delicious?'"

Many of the foods and drinks will feature nopales, the fruit of the prickly pear cactus. With the exception of margaritas, the fruit is rarely used in restaurants. According to Gabriel, nopales are known to have added



health benefits. So, it makes sense to include it on Sunnyside's menu.

Gabriel is no stranger to the food industry. His parents own the Fruitilandia restaurants, and are investors in Sunnyside Breakfast Lounge, along with retired industry expert Jorge Ber. In addition, his grandparents took over a German bakery in California, where he would sneak off to at 2 a.m. during his younger years.

"I've loved everything about the restaurant business for as long as I can remember," said Gabriel. "That's why I wanted to bring Sunnyside Breakfast Lounge to a commu-

nity that is largely underserved."

Customer service plays a key factor in Sunnyside's menu. So much so, they have remodeled the restaurant to feature an open kitchen. Noting the fact, while the food is great, a bad customer service experience makes the restaurant unappealing. "We want people to come here and feel instantly welcome, like they're a part of our family," Gabriel stated.

Along with the health-conscious concept, Sunnyside plans to feature locally produced foods and beverages. They are working with local breweries and food suppliers to feature various items on the menu.

Adding to the local flair, area artist Esen Kaya transformed the Sunnyside Breakfast Lounge interior with a beautiful, inviting mural. ■

Sunnyside Breakfast Lounge also serves lunch and brunch items, and plans to offer catering services. Their hours are 6:30 a.m. to 2:30 p.m., seven days a week. Visit them at 2823 N. Power Road. Check out [www.facebook.com/SunnysideBreakfastLounge](http://www.facebook.com/SunnysideBreakfastLounge).

## ENTER FLANCER'S ANNUAL DESSERT BAKING CONTEST

Submitted by Flancer's Incredible Sandwiches and Pizzeria

OK, so, you think you can bake?

Well, the word *desserts* spelled backward is *stressed!* No need to stress this, though.

If you are the winner, for one year, your charity of choice will receive \$1.50 from every order of the winning dessert sold at both of our restaurants. You also will receive a \$100 Flancer's Gift Certificate, as well as a super cool trophy.

All you have to do is send your recipe and a photo (which would be helpful, but not essential), along with your charity of choice and a brief description of your dessert, and why it is so good. Send this information to [jeff@flancers.com](mailto:jeff@flancers.com).

If selected, we will request a baked sample, for our Dessert Baking Contest judges, on Sunday, Oct. 13, at our Mesa restaurant.

Our past winners' charities have been Beloved Little Penny, from Mesa, who needed a heart transplant, Susan G. Komen for the Cure, Gabriel's Angels and Brain Food. Each year, we raise thousands of dollars for these charities. Let's raise some money for your charity, too.

Rockin' taste buds since 2000, Flancer's Incredible Sandwiches and Pizzeria is a family-friendly restaurant, providing unique food on freshly baked bread. Staff members get to know the customers by sight. You can enjoy Flancer's unique menu and special events, including beer and wine pairings, at 610 N. Gilbert Road, one-quarter mile south of Guadalupe Road, in Gilbert, or at the Mesa location, 1902 N. Higley Road, just south of McKellips Road. ■

You can learn more about Flancer's Incredible Sandwiches and Pizzeria, peruse their menu, or discover more about this dessert event and other exciting events on the horizon. Check out [www.flancers.com](http://www.flancers.com), or visit them on Facebook at [www.facebook.com/flancerscafe](http://www.facebook.com/flancerscafe) and [www.facebook.com/flancersmesa](http://www.facebook.com/flancersmesa).

Jennifer Madigan's Turtle Cheesecake won a previous Dessert Showdown.



**\$55**  
Up to four people ride to or from Sky Harbor Airport in a Town Car. \$15 extra for SUV.

**Why risk a shuttle or taxi?**  
**Travel Exstyle for about the same price!**

### Make any trip better!

Airport	Anniversaries
Business	Meetings
Pleasure	High School Dances
Celebrations	Weddings
Conferences	More!

**Live 24/7/365 Dispatch!**  
Online Reservations at [www.exstylelimo.com](http://www.exstylelimo.com)

**Exstyle**  
TRANSPORTATION  
[WWW.EXSTYLELIMO.COM](http://WWW.EXSTYLELIMO.COM)

Reliable. Professional. On-time. ...**Guaranteed!**  
**602-405-2233**

**Phillips West**  
Publishing | Design | Writing | Photography



**POSTAL PATRON  
ECRWSS**

PRSR STD  
U.S. POSTAGE  
PAID  
PHOENIX, AZ  
PERMIT #4460

## In This Issue

Family Support Specialists .....	3	New Homes.....	12
Cooking Classes .....	4	Salt River Tubing .....	14
Las Sendas Golf Club.....	5	Housing Market Report.....	17
Cardioversion.....	7	Space Camp.....	18
Holiday Decorating.....	8	Service Directory.....	19



# Cosmos



Congratulations

to CBS 5 Chief Journalist  
Catherine Anaya and her  
husband Doug.

Hair styled by Sandy Barbeta. Makeup created by Maxi Tone. Photography shot by Photographic Passion.

**\$50 60-min relaxation massage**

**Cosmos Salon & Day Spa**

**480-844-0707 • 2837 N. Power Road, Ste. 106 • Mesa, AZ 85215**



Published by  
*Phillips West*  
Publishing | Design | Writing | Photography  
Mesa, AZ 85215

© Copyright 2013 by Phillips West. All Rights Reserved.  
E-mail: Publisher@PhillipsWest.com

(480) 748-1127

**EDITOR-IN-CHIEF**  
Kim Phillips

**ADVERTISING**  
Monica Adair (480) 772-1949  
Kim Phillips (480) 748-1127

**STAFF WRITERS**  
Dawn Abbey,  
AnnElise Makin, Kimberly Searles,  
Sharon Wozny

**COPY EDITOR**  
Sandra Van Dyke

**DESIGN**  
LuckyYou! Creative, publication design  
Erin Loukili, Misty Voitovski  
www.luckyyoucreative.com

Ramey Newell, Web site design  
KeenGraphics.net

**CONTRIBUTORS**  
Rose Buttita, John Duncan,  
John Karadsheh, Nancy Nemitz,  
Lorraine Ryall, Jay Williamson

www.UpCloseAZ.com

EDUCATION

## FAMILY SUPPORT SPECIALISTS Play Vital Role for Mesa Public Schools



Story by Laurie Struna  
Photos by Erin Martinelli-O'Shea

The 2013-2014 school year marks the five-year anniversary for family support specialists, in many Mesa Public Schools.

Parental outreach is a main focus in the Mesa Public Schools District. Research shows parent involvement helps improve student behavior, attendance and achievement. The specialists help the district continue to build strong school-to-home partnerships and increase academic achievement. They also serve as liaisons between school personnel, parents and the community.

### PARENT RESOURCE CENTERS

Family support specialists collaborate with teachers and Title I specialists to provide parent education and training relevant to student learning. Many specialists develop family resource rooms, or information centers—for all things related to parent involvement. "Our resource room is a place where families can find support and tools needed to help their child be successful at home and in school," explained Sherry Armentor, family support specialist at Fremont Junior High School. "Another

bonus is that we have computers for parents so they may access MyMPS, Parent Resource Lending Library and community resources."

### CONNECTING PARENTS TO VOLUNTEER OPPORTUNITIES

These networking dynamos connect parents to leadership and volunteer opportunities, making their schools stronger. An example is the Family Involvement Action Team, or FIAT. They help facilitate a team of school staff, parents and community members working together to develop school goals, implement plans and analyze data. The specialists help families transition elementary students to junior high or junior high students to high school. When schools are repurposed or reorganized, the family support specialist serves as a communication bridge within the schools to assist parents and insure a smooth transition process.

### BUILDING PARTNERSHIPS

Family support specialists give a direct link to their child's school. "In the past, parents at the junior high level felt unsure if they were needed in the school," Sue Bartow, family support specialist at Smith Junior High, explained. "And that is no longer the case. Today, more than ever, parents are needed to volunteer on campus, visit the classroom, and eat lunch with the students." To provide parents with opportunities to voice their thoughts and concerns, many Mesa Public Schools offer a chat and chew, lunch or coffee with the principal. The laid-back meetings inform parents and community members of current events, curriculum and trends. Mesa Public Schools recognizes the parents' vital role in their child's education, and with the help of the family support specialist, will continue to build successful partnerships into the future. ■



# A place for everyone

**mesa**  
PUBLIC SCHOOLS



To compete in today's world, every student needs an **outstanding education**. Our students excel in:

sports  
**academics** performing arts  
creative arts  
career & technical education

Whatever you're looking for . . . **We've got it!**

- Safe and secure neighborhood schools
- Original Franklin back-to-basics schools
- Homeschooling enrichment classes
- Preschool and prekindergarten programs
- Free full- or half-day kindergarten classes
- Advanced Placement and dual enrollment
- Grand Canyon and STEM diplomas
- Career exploration
- Online course work

**Register today!**

**www.mpsaz.org**



LOCAL BUSINESS

# O'Neill's Place Ponders THE MOST INTERESTING MAN

Submitted by O'Neill's Place

Who really is the most interesting man in the world? Paul O'Neill believes it's him, but Mr. Dos Equis may feel differently.

Although O'Neill's Place offers a cold pint of Dos Equis, they do have an additional 19 other draft beers from which to choose, along with various bottled beers, spirits and wines to complement the great food. That's interesting...

Football is here. That's right, opening night is Thursday, Sept. 5, at 5:30 p.m. The Baltimore Ravens take on the Denver Broncos, and remember, Thursday is Monday. O'Neill's Place will be continuing Monday Madness on Thursday throughout the football season, with any burger and a pint of non-craft beer for \$8.

O'Neill's Place will be showing all the NFL games on more than 40 TVs. In addition, various specials will be offered throughout the season, such as \$3 Bloody Mary's and two dogs combined with a 16-ounce cold can of Miller Lite for just \$10. It's better at O'Neill's Place than at the stadium, and the bathrooms are closer. That's interesting, too...

Continuing all season is Prime Rib Saturday night, Open Mic on Saturday night and Monday Madness. Additionally, we have the A for Achievement program for all our wonderful children in school. So, kids, hold on to your report cards for your



Paul O'Neill

free kid's meal. How interesting... The O'Neills would like to thank all their patrons who survived the grueling summer heat here in Arizona, and they welcome you to come on down for a cold one, some fine food and to enjoy some football. Paul still dreams of the D-Backs taking the pennant—well, maybe the wild card now.

The first-place Diamondbacks? That would have been interesting...

But who really is the most interesting man in the world? Come in and let Paul know. ■

O'Neill's Place is located at 2855 N. Power Road, on the northeast corner of Power and McDowell roads, in The Village at Las Sendas. Come Thirsty, Come Hungry.

LOCAL BUSINESS

# Local chef offers COOKING CLASSES



Submitted by The Chef's Table

Earning how to cook at a young age, Chef Kevin Frazier DeWitt has trained under the watchful eyes of many world class chefs.

During the course of his 17 years in the food and service industry, he graduated from the Art Institute in Phoenix and went on to become the chef at four separate private golf clubs and resorts. Some time into his culinary career, he saw a way to help people by teaching them to cook in their own home.

"I have friends that always ask me how to make certain dishes, and the thought occurred to me, 'Why not just show them how?'" said Kevin from his Las Sendas home.

Thus, the idea for The Chef's Table was born. "I truly enjoy teaching people to cook," Kevin explained, "and to see their faces when they see what they created. It's just a fun time to relax, mingle with

friends and learn how to make spectacular food."

When you contact The Chef's Table, Chef Kevin will first set up an appointment with you and together, you will decide on a menu built to your recommendations. Then, you buy the ingredients in advance, and Kevin will bring the heat (i.e., the cookware). "We will cook a three course meal in two hours with up to six guests," Kevin said. "Everyone gets to join in the fun, participating in the chopping, sautéing, plating and of course, eating."

In addition to the variety of time slots to choose from, The Chef's Table is currently running a special. New clients will receive a 10 percent discount. "I would love to bring my services to the neighborhood," commented Kevin. "Anyone can do it!" ■



For more information, contact The Chef's Table at [www.homechefcooking.net](http://www.homechefcooking.net), or call (928) 951-0789.

Chef Kevin Frazier DeWitt



## A Leader in Full Service, High-Tech Dentistry




LAS SENDAS DENTAL HEALTH

DENTISTRY FOR THE WHOLE FAMILY

We can treat everyone in the family's dental needs.

Dr. C. Martin Farnsworth, DMD  
Dr. Derek Farnsworth, DMD  
2947 North Power Road  
Suite 103, Mesa

We accept most insurance plans, credit cards, & E-Z payment plans, o.a.c.

Now Certified  
Invisalign® Providers  




CALL TODAY!  
(480) 283-5854

WWW.LASSENDASDENTALHEALTH.COM

ZOOM!  
Tooth Whitening

WHITER TEETH IN UNDER ONE HOUR  
In Office Whitening: \$300, PLUS take-home whitening trays: \$599 Value!

### EMERGENCIES SEEN SAME DAY!

- Dentistry for the whole family
- Now offering evening hours
- Cosmetic Smile Enhancements  
Veneers & Porcelain Crowns
- Implants - Placement & Crowns
- Root Canal Therapy
- Oral Surgery  
Including Wisdom Teeth
- Afraid of Dentists?  
Nitrous Oxide Sedation Available
- A Team of Professionals  
Here to Help You Smile

## SHORT SALE HELP

Struggling With Your Mortgage Payment? Owe More Than Your House Is Worth? Facing Foreclosure? You Have Options – I Can Help.

- ✓ Sell your home for less than you owe with NO cost to you
- ✓ Get the deficiency waived so you don't owe the bank anything
- ✓ Salvage your credit
- ✓ You may even be able to buy a new home again right away

98%  
SUCCESS  
RATE



CONTACT LORRAINE TODAY FOR A CONFIDENTIAL CONSULTATION to see if a short sale is the right option for you

CELL 602-571-6799

EMAIL [Lorraine@ArizonaShortSaleToday.com](mailto:Lorraine@ArizonaShortSaleToday.com)

Lorraine Ryall Realtor CDPE, CSSN  
Coldwell Banker Trails & Paths Premier Properties



For more information on short sales and foreclosures, visit [www.ArizonaShortSaleToday.com](http://www.ArizonaShortSaleToday.com)

## MONDAY MADNESS!



## \$8 BURGER & A BEER

Limited time offer. Crafts not included. Logic applies.

## Join us for Happy Hour

and enjoy more than 40 upgraded HD TVs!

## \$2 Pints

Monday - Friday 3 to 6 p.m.  
Saturday & Sunday All Day!

## O'NEILL'S PLACE

Located at The Village at Las Sendas  
NE corner of Power & McDowell Roads  
(480) 832-8989  
Open at 11 a.m. Everyday

Like us on Facebook for special offers at  
 O'Neill's Place Mesa





# A Closer Look at

## LAS SENDAS GOLF CLUB

### Features Entertainment, Dining & Golf



*A Closer Look, Las Sendas Golf Club... is a new monthly column written for the Up Close Publication by Las Sendas Golf Club. In this column, you will get an in-depth look at upcoming entertainment, dining and golf events. Our brand is our mission—to reach out to the community with entertainment, dining and golf events as your pathway to fun, recreation and a pleasurable lifestyle.*

## ENTERTAINMENT

### LIVE... AT LAS SENDAS

Las Sendas Golf Club is very excited about our new program—**LIVE... AT LAS SENDAS**, an evening of dining followed by amazing world class entertainment, including music, comedy and theatre.

Each event is hosted in our new Vistas Pavilion, and features our Chef's Grand Buffet. Our calendar is below, and you can purchase individual tickets for \$60 or a table of eight for \$400 (a \$10 per person discount).

For those of you who missed last month's event, Las Sendas hosted Dueling Pianos, with Jeff Wilson and Scott Dunlap. The two recently performed at New York-New York Hotel and Casino, in Las Vegas.

Our event planned for this month, on Thursday, Sept. 26, is *A Tribute to the Beatles*, featuring *Apple*, the country's top Beatles sound-a-likes. From *Love Me Do* to *Let It Be*, *Apple* takes you on a grand rollercoaster ride of classic Beatles hits. The cast members of *Apple* have traveled the world recreating the Beatles *Live in Concert*. See four lads with *mop top* haircuts and thin black ties transform into *Sergeant Pepper's Lonely Hearts Club Band*, and close the show with a stroll down *Abbey Road*.

The Chef's Grand Buffet is from 6 to 8 p.m., and the show begins at 8 p.m. Tickets are \$60 per person or a table of eight for \$400. Only 200 tickets will be sold. To purchase tickets or a table, please contact [egomez@lassendas.com](mailto:egomez@lassendas.com), or call Erica at (480) 396-4000.

### Hold the Date\*\*

Please hold the following dates in your calendar for our 2013-2014 **LIVE... AT LAS SENDAS** calendar of events:

- Sept. 26—The Beatles Tribute Band
- Nov. 14—A Night with Andrew Johns (Musical Comedy)
- Jan. 16—A Night of Comedy
- Feb. 20—Dinner Theatre
- April 17—Dueling Pianos
- May 29—Show Band
- July 17—Dinner Theatre

\*\*Dates are firm, entertainment subject to change



### Open House

#### Wednesday, Sept. 4, from 6 to 8 p.m.

Drop by the Vistas Pavilion on Wednesday, Sept. 4, from 6 to 8 p.m., for our Open House. We will be featuring all our services, including weddings, banquets and corporate events. Join us for our extraordinary gourmet popcorn station and a glass of wine.

## DINING

### Arizona Restaurant Week

The most edible time of the year, *Fall Arizona Restaurant Week*, is making its annual return on Saturday, Sept. 21 through Sunday, Sept. 29, sending diners on a nine-day tasting tour throughout the state. It's when eateries offer a prix-fixe dinner for \$30 or \$40 per person or per couple, giving locals and visitors the chance to channel their inner foodie, and finally try that restaurant on their wish list.

The Grille, Patio and Bogey's at Las Sendas Golf Club will be offering a three-course dinner for \$30, featuring items from our new fall menu. We are well known for our exceptional cuisine. Please plan to come by for an amazing culinary explosion during Restaurant Week.

### Arizona Restaurant Week Menu

- Roasted Beet Salad or Baby Spinach and Belgian Endive Salad
- Seared Pork Tenderloin, Apple Smoked Bacon
- Wrapped Halibut or Root Beer Braised Short Rib
- Chocolate Lava Cake or Strawberry Shortcake
- \$30 includes choice of two (3 oz.) pours of Canyon Road House Wine



### FOOTBALL IS BACK—and we have the NFL Sunday Ticket!

Join us every Sunday, starting on Sept. 8, and watch your favorite NFL team on one of our 12 HD flat screen televisions. Come early and enjoy breakfast and our amazing \$5 Bloody Mary Bar, starting at 9 a.m. Great snacks are on, with \$5 appetizers, 50 cent wings and buckets of beer until 3 p.m. Cool off and join us for Happy Hour until 7 p.m., and a Pasta Buffet, from 5 to 8 p.m.

Monday Night Football kicks off on Sept. 9, with an extended Happy Hour, from 3 to 9 p.m., including drink specials, beer specials and appetizer specials. Don't miss the football fun and excitement every Sunday and Monday.

Our daily specials include Monday, all day Happy Hour; Tuesday, Wine and Flatbread \$19.95; Wednesday, half-price wine; Thursday, Prime Rib \$19.95; Saturday, Fried Chicken Dinner \$13.95; and Sunday, all you can eat Pasta Bar \$13.95.

## PACKAGES AND PROMOTIONS



### Fall Wedding Package

The Vistas Wedding Pavilion at Las Sendas is pleased to offer the following Fall Wedding Package for events booked and hosted in the months of October, November and December 2013. The total cost is \$6,495 (does not include tax and gratuity) and includes the following items:

### Ceremony

- White garden chairs
- Unity table



A CLOSER LOOK AT LAS SENDAS GOLF CLUB (CONTINUED)

- Gift table and limeade station
- Setup and teardown of the ceremony and reception space
- Champagne with fruit and cheese platter in Bridal Changing Room

Reception

- 12-by-12-foot dance floor
- White, black or ivory tablecloths
- White, black or ivory napkins
- Votive candles on tables
- Cordless microphone with sound system for speeches and toasts
- Projector and screen for slideshow
- Complimentary cake cutting
- Wedding coordinator—will assist bride and groom with menu selections, ceremony and reception setup details, and ceremony rehearsal. Wedding coordinator will be single point of contact and on-site coordinator during ceremony and reception.
- Plated dinner menu, champagne and non-alcohol beverage package



GOLF SALE

Las Sendas Golf Club will host the annual Labor Day Golf Shop Sale, from Aug. 30 through Sept. 2, from 8 a.m. to 6 p.m. Look for savings of up to 60 percent off as we head into the new golf season. It is not too early to think about holiday gifts.

FREE GOLF

Check out our summer special. Purchase a \$30 food and beverage voucher for use in Bogey's or The Grille, Monday through Thursday, and get a free round of golf after 1 p.m.



Local Resident—Director of Golf

Jeff Sorkness has taken the position of PGA Director of Golf for Las Sendas Golf Club. Prior to joining Las Sendas, Jeff worked for Troon Golf for 18 years. The last 11 were at Talking Stick Golf Club, where he was Head Golf Professional, Teaching Professional, Director

of Instruction and, for the last eight years, Director of Golf.

Jeff married Kim in 1996, and, in 1998, they were given the opportunity to travel up to Colorado, their second home, to co-manage Troon Golf Schools, and oversee golf operations at Fox Acres Country Club, Troon's first private golf club. Both are graduates of Arizona State University, with degrees in kinesiology and

sports psychology. Jeff and Kim Sorkness are in charge of golf operations at Las Sendas Golf Club. Together, they will co-manage, with Jeff's leadership of day-to-day golf operations, and Kim's focus on retail sales. They will ensure excellence and quality of service, as well as exceed expectations in all golf events and client relations. Las Sendas is a fabulous golf club, and the Sorkness team is a great asset to the continued reputation of a world-class golf destination in the Valley.



Local Resident—Director of Golf Instruction

Mike Malaska has joined Las Sendas Golf Club as our Director of Instruction. Mike's philosophy and knowledge of the golf swing, as well as his expertise at incorporating physical fitness programs into his golf instruction, have made him one of the most sought-after instructors in the game today. He will lead the Las Sendas Golf Academy current staff of PGA and LPGA instructors by developing programs for all levels of golfer.

Mike's career has spanned over 38 years of instruction and playing experience, and he has received the highest honor of PGA *National Teacher of The Year in 2011*. Most recently, he has been awarded a spot on the *2013 Edwin Watts Golf Top Teachers in America* list, and as a *2012 GRAA Top 50 Growth of the Game Teaching Professional*. Mike also was named *2011 Senior Player of the Year* and *2010 Teacher of the Year* for the PGA Southwest Section. Since 2000, Mike has ranked among *Golf Digest's America's 50 Greatest Teachers*, and currently is listed as No. 24 in the nation. Mike also has been selected as one of *Golf Magazine's Top 100 Teachers in America* since 1995.

Mike's philosophy is simple. "There is no individual that is willing to practice, no matter what their physical limitations are, that I cannot teach to achieve their highest potential in the game of golf," Mike said. He has published a new book—*I Feel Your Pain*, which is available in the Pro Shop. Mike will be doing a book signing in November. His book would make a great gift. Mike lives on our ninth hole.

"We are very excited to have Mike and Jeff join our team at Las Sendas, and create one of the best golf experiences in the Valley," said Lloyd McBean, Executive Director and Managing Partner of Las Sendas Golf Club. "Mike and Jeff's vast experience, philosophies and tactics fit very well into the directions where we are taking our club, and we are proud to have them on board." ■



Holiday Season Parties

We are offering an extraordinary buffet or plated dinner package this year for your holiday party. You can book a large party of 50 or more people or take advantage of our shared venue option on Thursday, Dec. 5 for smaller groups less than 50. Your package comes with a buffet, band and dance floor. Each group will have its own assigned section. Both the large group and shared group packages come with host or cash bar options.

CHEF'S RECIPE OF THE MONTH



Trio of Deviled Eggs from Chef Jason

Poach 12 eggs in boiling salted water for 10 minutes. Remove eggs and place in an ice bath until chilled. Shell all eggs, and cut in half. Remove and reserve the yolks. Divide eggs into thirds on a sheet pan and chill.

Egg Yolk Base

- Cooked Yolks
- 2 Tbsp. Mayonnaise
- 1 tsp. Celery Salt
- 1 tsp. White Pepper
- ½ tsp. Turmeric
- 1 tsp. Ground Mustard
- 1 tsp. Worcestershire Sauce

Mix together in a mixing bowl, and divide into thirds.

Lorraine Style

- ½ Egg Yolk Base
- ½ Tbsp. Crispy Apple Smoked Bacon Bits
- ½ Tbsp. Caramelized Onions
- 1 tsp. Parmesan Cheese
- 1 tsp. Chopped Chives

Mix together gently and reserve. Using a medium star tip in a pastry bag, pipe the mixture into one-third of the eggs.

Sriracha

- ½ Egg Yolk Base
- 2 Tbsp. Sriracha Sauce
- 1 Tbsp. Paprika
- 1 tsp. Lime Zest

Mix together and reserve. Using a medium star tip in a pastry bag, pipe the mixture into 1/3 of the eggs.

Basil Pesto & Goat Cheese

- ½ Egg Yolk Base
- 2 Tbsp. Basil Pesto
- 1 Tbsp. Goat Cheese Crumble

Mix together gently and reserve. Using a medium star tip in a pastry bag, pipe the mixture into one-third of the eggs. Garnish with Daikon Sprouts.

Basil Pesto

- 4 Oz. Fresh Basil
- 2 Tbsp. Parmesan Cheese
- 1 Tbsp. Toasted Pine Nuts
- 2 Garlic Cloves
- ½ C. Canola/Olive Blend Oil
- 1 Oz. Fresh Spinach

Place all ingredients, except oil, in a blender, and puree ingredients together. Drizzle in the oil to emulsify. Finish with salt and pepper to taste.



HEALTH

CARDIOVERSION IS ELECTRICAL SHOCK TREATMENT OF ATRIAL FIBRILLATION

By Dr. Afroze Ahmad, Las Sendas Cardiology, PC  
This is the fourth and final article in the four-article series on atrial fibrillation. In the previous three articles, we had discussed introduction to atrial fibrillation and several treatment options. This article deals with the electrical shock treatment of atrial fibrillation, also called cardioversion.



This resetting of the electrical circuit of the heart is called cardioversion.

TYPES OF CARDIOVERSION

Cardioversion, or resetting of the electrical circuit of the heart, can be done both medically and electrically.  
Medical cardioversion can be done with several medications on the market. It can be done in the office or in the hospital, depending on the type of medication used.  
Electrical cardioversion, on the other hand, is always done in the hospital. A low energy shock is given, which triggers the heart to reset itself into the normal rhythm. Often, the doctor has to give more than one shock to restore the regular rhythm.

CONCERNS WITH CARDIOVERSION

As we know from the previous articles, in atrial fibrillation, the heart does not pump, squeeze or contract adequately or completely. The heart quivers or fibrillates. When it quivers or fibrillates, it no longer empties completely. This remaining stagnant blood in the heart has a propensity to form clots. And it is the presence of these clots that increases the risk for stroke.  
As the heart is shocked with current and reset, there is a chance blood clots residing in the heart may dislodge and travel to the brain. This, in turn, increases the risk for stroke. Therefore, generally, the cardiologist will provide adequate blood thinning medications for three to six weeks prior to the cardioversion.  
At times, the cardiologist may also elect to look at your heart by having you swallow a soft flexible tube with a camera attached to it. The camera, from

the stomach, may help the cardiologist look for blood clots prior to the cardioversion itself. This procedure is called a TEE. If clots are noted, the cardioversion is postponed for three to six weeks until the patient is adequately anticoagulated.

A DAY AT THE BEACH

For cardioversion, the person prepares by not eating for approximately six to eight hours before the procedure. An intravenous tubing line is placed to give medications. The medications given include something that would make the person drowsy and fall asleep. Medication is given to allay any anxiety, which is both natural and expected. Once the person is well sedated, the cardiologist applies the shock to reset the heart. The patient wakes up with no recollection of the shock or events leading up to the shock.

The only evidence of the shock is the redness of the skin at the point of shock. This redness, which is not unlike sunburn, is something that would occur when spending a day at the beach. The person is monitored for a few hours, and then, generally, discharged to go home.

OUTCOME OF CARDIOVERSION

Cardioversion is well tolerated, and the complications, though present, are rare. The success rate of restoring a regular rhythm initially may exceed 70 percent. Many people may have to undergo repeat procedures. Generally, after two repeat procedures, the doctor and the patient sit down to discuss other options.



Dr. Afroze Ahmad is a multiple board certified cardiologist practicing at Las Sendas Cardiology, PC, located at 3514 N. Power Road. For information, or to make an appointment, call (480) 361-9949.

### SKIP THE ER WAITING ROOM

As a mother, you are focused on taking care of everybody else. To help you take better care of yourself, Mountain Vista Medical Center offers the time-saving InQuicker™ online ER check-in for your same-day medical needs. Visit [ArizonaER.com](http://ArizonaER.com), hold your place in line and arrive at the ER at your projected treatment time. It's just that simple.

  
1301 S. Crismon Rd., Mesa, AZ 85209 | 1-877-924-WELL (9355) | [mvmedicalcenter.com](http://mvmedicalcenter.com)

InQuicker is intended for use by individuals who have non-life and non-limb threatening medical conditions. Those with life- or limb-threatening medical conditions should dial 911 or go immediately to the nearest emergency room. POWERED BY 





### ALTA MESA GOLF CLUB

has Memberships Tailored Just For You!

**MEMBERSHIPS**  
Single & Family  
Juniors up to 39  
Senior & Super Senior  
Winter Seasonal Single & Family

Join Now Before Prices Increase November 1st


Call Kim in membership for all the details at 480-832-3257x100

## Las Sendas Cardiology, P.C.

Patient Care, Where Every Heart Truly Matters


### State-of-the-Art Cardiology Services

including diagnostics and treatment options



**Focus and interest areas include the following:**

- Depression and heart disease
- Home Environment and Congestive Heart Failure
- High Blood Pressure and Environmental Factors
- Family Risks and Stroke • Heart Care for Women




Dr. Ahmad is a highly experienced cardiologist. She holds numerous board certifications and is fellowship trained:

- American Board of Internal Medicine
- American Board of Cardiovascular Disease
- National Board of Echocardiography
- American Society of Nuclear Cardiology

## Las Sendas Cardiology

3514 N. Power Road, Suite 107 • Mesa, AZ 85215

# 480-361-9949



www.UpCloseAZ.com



LOCAL BUSINESS

# Gear Up for the Holiday Season WITH COCO MILANO'S



By Kimberly Searles

While temperatures still are triple digits, the holidays may seem far away, but the season sneaks up on us every year, and we scurry at the last minute to find that perfect item for someone special. “Now is a great time to begin planning for the holidays,” said Denise Milano, co-owner of CoCo Milano’s, in The Village at Las Sendas. “One way to make it easier is to start a gift closet or a gift drawer.” Nearly everyone has been shopping and spots something perfect for a family member or a friend. Then, you realize Christmas isn’t for another six months, and her birthday was just three weeks ago. “Chances are, you won’t find that item later. Instead of waiting, make that purchase, and put it in the gift closet,” suggested Denise. “Eventually, amass enough gifts to cover the whole spectrum—holidays, birthdays and other gift-giving occasions.”

A hidden gem, celebrating eight years in November, CoCo Milano’s offers a treasure trove of great gift ideas. Denise and co-owner Cathi Sabin recently returned from market with an assortment of beautiful, new items. “We receive new items daily, and we think our customers will love what they see,” Cathi stated with confidence. Holiday preparations go beyond gifts at CoCo Milano’s. In fact, their cleverly creative interior design experts can have your home dazzling with stylish flair. As leaders in the latest trends, Denise, Cathi and their capable team can transform your home into a tasteful holiday wonderland, along with creating beautiful wreaths and florals to complement the style. If you expect over-night guests during the holidays, CoCo Milano’s is on hand to design a beautiful spare room, window dressing and much more. “Our monthly classes also are a great way to get ready for the holidays,” said Denise. Topics for the classes range from floral design and crafts, to cooking lessons and jewelry. Limited to just 25 attendees, the classes feature a take-home project with a local expert or artist, a delectable dinner and drinks. It also gives attendees the opportunity to browse the store at their leisure, in a private setting. Upcoming classes include making a dessert pedestal with Sweet-Stops, in September, and a no sew-sew apron with the Sew Sew Princess, Jen Koselke, in October. As a testament to their popularity, September’s class is already full. Customers can RSVP for the classes via e-mail. Save the date for Coco Milano’s annual Spectacular Christmas Party, on Nov. 9. The event includes live music, food and great holiday shopping. Denise and Cathi suggest checking out their Web site and Facebook page, where

more information will be posted. To reserve your place, send an e-mail to the address below. ■  
  
CoCo Milano’s is located in The Village at Las Sendas, 2837 N. Power Road. For more information about the interior design service, events or private parties, call (480) 641-2626. You also can visit their Web site at [www.cocomilanos.com](http://www.cocomilanos.com), or send an e-mail to [info@cocomilanos.com](mailto:info@cocomilanos.com).



**John Karadsheh, ABR, CRS**  
ASSOCIATE BROKER, REALTOR®  
Multi-Million Dollar Producer  
Accredited Buyer Representative  
Certified Residential Specialist  
**(602) 615-0843**

**Christina Ovando, CRS**  
REALTOR®  
Multi-Million Dollar Producer  
SEVRAR Platinum Society  
Certified Residential Specialist  
**(602) 684-5737**

TRADES AND PATHS  
PREMIER PROPERTIES

RANKING ARIZONA

*Showcase Home*

**\$750,000**  
Mountain Village @ Las Sendas  
4 Bedrooms + Den ~ 3.5 Bathrooms ~ 4,127 SF  
Former Model Home ~ Prime Cul-De-Sac Lot  
Backs to Greenbelt!

**\$375,000**  
Cachet @ Las Sendas  
3 Bedrooms + Loft ~ 3.5 Bathrooms ~ 2,308 SF  
Two Master Suites ~ Built-In Office  
Backs to Greenbelt!

**\$275,000**  
Ironwood Pass @ Las Sendas  
3 Bedrooms ~ 2 Bathrooms ~ 1,571 SF  
Sparkling Pebble-Tec Pool & Spa  
Prime, Cul-De-Sac Lot!

**\$240,000**  
Park Village in Gilbert  
3 Bedrooms + Den ~ 2 Bathrooms ~ 1,750 SF  
Formal Living Room & Spacious Family Room  
Prime, Interior, North/South Lot!

**SALE PENDING!**

**Thank You!**  
Your votes have ranked me one of the  
**TOP TEN Residential Real Estate Agents in Arizona!**

**2012** **2013**  
[www.BuyAndSellAZ.com](http://www.BuyAndSellAZ.com)

**AVEDA**  
THE ART AND SCIENCE OF PURE FLORAL AND PLANT ESSENCES

Now that Summer is over  
give your hair the moisture  
and strength it needs!

**Botanical Scalp Treatment**  
**\$15** with any color treatment  
normally \$35

**20% OFF ANY SERVICE**  
for first time clients only.

Like Us On facebook

Please present this Up Close ad at time of service to receive this discount. Discounts or specials can not be combined.

**TRUE ESSENCE**  
SALON & SPA

**2910 North Power Road #101**  
Mesa, Arizona 85215 • NW Corner of Power & McDowell  
[www.trueessencesalon.com](http://www.trueessencesalon.com)  
Call to Schedule Your Appointment **480-396-3112**



# CoCo Milano's

THE VILLAGE AT LAS SENDAS



## Our Philosophy

"We look for things that are both classic and different. We want to offer our customers their own distinct interior design that is second to none." ~ Denise Milano

### *CoCo Milano's Can Help*

Whether you want help with In Home Design Consultation Services, exquisite Floral Arrangements, or Holiday and Party Decorating... CoCo Milano's can help you transform your home or space into the environment you desire!

**Call (480) 641-2626**

to set up a consultation  
with a designer today.

*Reach Out To Us!*



**[www.cocomilanos.com](http://www.cocomilanos.com)**



*The CoCo Milano's Showroom*

*is located in The Village at Las Sendas*

**2837 North Power Road • Suite 104 • Mesa, Arizona 85215**

**Phone: (480) 641-2626 • Email: [info@cocomilanos.com](mailto:info@cocomilanos.com)**



LOCAL BUSINESS

# AAA Gold Exchange Thriving THANKS TO LOYAL CUSTOMERS



**By Kimberly Searles**  
The team at AAA Gold Exchange wants to thank their loyal customers for helping them weather the recent price fluctuations in gold, causing many other companies to close.

“We are grateful for our repeat customers, as well as those who refer us to family, friends and colleagues,” said David Perlaza, marketing manager for AAA Gold Exchange. “Without our customers, AAA Gold Exchange would not be here today.”

According to David, it’s typical for gold and silver prices to trend downward during the summer months. He anticipates the prices for gold and silver soon will rise, noting AAA Gold Exchange continues to provide the

highest payout in the industry. AAA Gold Exchange only deals with cash for gold, silver and diamonds, unlike similar businesses. “We are not a side business tacked onto the back of an auto shop,” David stated. “We know cash for gold well, because it is the only thing we do. It’s our solid relationships with the refineries that allow us to provide those higher payouts.”

As Arizona’s largest gold buyer, AAA buys jewelry in any condition, new or used. Their process is simple. You bring in your unwanted gold, silver or diamonds, and a specialist will test your items in front of you, while telling you how they evaluate the items. Once the items are appraised, you’ll receive a quote.

“What sets us apart is that once we give a quote, it’s up to the customer whether to sell,” said David. “We value our customers, and we want them to make the decision that’s best for them. We want them to know when they walk through our doors they will be treated fairly—without any games or gimmicks.”

A fair deal is exactly what one can expect at AAA. An accredited business with the Better Business Bureau, there are several locations in Arizona, California and Hawaii.

After surviving the downward trend, the AAA staff looks to build on their success. They now feature a page on Facebook, and have plans to expand their social media efforts. As business continues to increase, AAA also is making plans to support a few local charities and

fund-raisers. “Our customers have been so good to us. So, we want to give back, and be involved in our community,” noted David. As the time gets closer, AAA plans to announce the charities and fund-raisers with which they will be working, through their Facebook page and social media efforts. ■

*AAA Gold Exchange buys gold, silver, and loose diamonds. AAA also buys platinum. With four Valley-wide locations, you can find them in Northeast Mesa, at 1152 N. Power Road, Suite 102. The hours of operation are Monday through Saturday, 10 a.m. to 7 p.m. and Sunday, 11 a.m. to 4 p.m. Visit AAA Gold Exchange online at [aaagoldexchangeaz.com](http://aaagoldexchangeaz.com), and on [Facebook.com/AAAGoldExchangeAZ](https://www.facebook.com/AAAGoldExchangeAZ).*



EDUCATION

# Desert Rose Preschool at Las Sendas

**By Rose Buttitta, Director/Teacher**  
Please allow me to take this occasion to thank all the families of Las Sendas for the past 11 years. You have supported me, and enrolled your children at Desert Rose Preschool at Las Sendas. After many wonderful years, the school has closed its doors.

I have enjoyed every minute of the time spent with your children. I hope I have helped in encouraging them to enjoy learning and become special individuals. Now, it is time for me to concentrate on my health. Again, I would like to thank the Las Sendas board and all the parents for giving me this opportunity.

### FINAL SUGGESTIONS FOR WORKING WITH YOUR CHILDREN

Watching children grow is fascinating. Being a part of their experiences, which help them grow, is both exciting and rewarding. One of the renewing and exciting facets of working with young children is the sense of delight and discovery with which children meet day-to-day living.

On the first day of school, when children arrive in the classroom, I quickly can tell something about their personalities. Some children will look you in the eye, and give you a sweet smile or a hug. Others are too shy or fearful to even look at you. They stare at the floor or cling to a parent. Some children immediately investigate the toys in the room, while others sit timidly at a table, quietly

waiting for something to happen. A few start conversations with their friends. How children behave is a clue to how they feel about themselves. Your child’s self-image has much to do with how well he will succeed in school. All children differ in their physical and mental readiness.

### BRING OUT THE BEST IN EACH CHILD

1. Take time for love.
2. Kind words work wonders.
3. Don’t try too hard or too early.
4. Rewards win results.
5. We learn by doing.
6. Repetition reaps results.
7. Learning is a joy.
8. Sometimes questions are better than answers.

### ACTIVITIES TO DO IN THE MONTH OF SEPTEMBER

1. Go to the library.
2. Have the family read a book together.
3. Play Simon Says to practice following directions.
4. Help your child cut a Sunday cartoon strip into sections and put it back together again.
5. Help your child draw a family portrait.
6. Take turns saying each letter of the alphabet with your child.
7. Plant fall flowers in a planter.
8. Take a walk or bike ride through your neighborhood.
9. Count houses with trees, lawns or cactus.
10. Begin a story about school, and have your child make up an ending.
11. Have your child circle letters that begin with the first letter of his name.
12. Have your child ask you three questions about your childhood.
13. Remember to talk about everyday occurrences.
14. Play a number game with your child using cards.
15. Have your child help you in the kitchen. ■





REAL ESTATE

YOU WILL NOT FIND YOUR Next Home on the Internet

By John Karadsheh  
Did I get your attention? Good! While the title of this article is not completely true, it does have some merit.

Research has shown that more than 90 percent of buyers start their home search online. Sites like Zillow.com, Trulia.com, Realtor.com and Homes.com are the some of the most visited sites. So, what's the problem with looking for a home on one of these sites? It all comes down to two inherent problems with how these sites procure their information. They are Internet Data Exchange (IDX) and Garbage In, Garbage Out.

Let's start by looking at IDX. Internet Data Exchange is an automated data feed provided by the Multiple Listing Service (MLS) to a Web site. The MLS decides what data in a home listing it will feed to a home search Web site. This information contains the basic information about a home (i.e. list price, square footage, number of bedrooms and baths, etc.). It is supposed to only feed active listings to these sites, but ARMLS decided many years ago to create a separate category for listing status called Under Contract—Accepting Backups (UCB). These listings also are fed to home search sites.

UCB listings are listings in which an executed contract is in place. Therefore, any subsequent contracts would only be in back-up position. This is a way for a seller and his agent to continue to market a property even though it already has an accepted contract. Typically, homes remain in UCB during the inspection period, or until all contin-



gencies have been removed. Homes should then move to pending status in the MLS, and, at that point, no longer get fed to home search sites via IDX.

This all translates to frustration. There's frustration for buyers who spend hours online looking at properties only to find out from their agent that those properties are already under contract. There's also frustration for agents who have to tell their clients the home of their dreams is not available (and more than likely hasn't been available as long as they have been searching).

Now, let's talk about Garbage In, Garbage Out. Most good listing agents create virtual tours or videos for their properties. These virtual tours are uploaded to the Internet, and are syndicated all over the Internet to home search sites. This is fantastic for sellers because their property quickly is promoted worldwide. But buyers can't always rely

on these home search sites simply because the information is often out of date.

Unfortunately, listing agents often forget to mark a virtual tour as sold once the property is no longer available. Months or even years can go by with this virtual tour living on the Internet as an active listing. Sometimes, the home may still be available, but the price has changed. Again, the information available about the property isn't always correct because it does not function in real time, which is moving very fast in our current market.

So, what is the best way to find a home? That is easy. Find a reputable Realtor, and trust him with your real estate search. He can very easily set you up with a customized search on the MLS. A portal will be created for you, which will show you all of the homes that fit your criteria, no matter how specific or general your requirements. If you want a search as broad as all single family homes in Mesa, or one, which narrows it down to a specific neighborhood, size, and price, a good Realtor can find you your dream home.

What you see in that portal will be as accurate a search as we, as agents, use. Then, trust your agent to help you understand the market, as well as the comps, and the pros and cons of the property. Stop wasting your time, and stop getting frustrated. Use a Realtor to help you find your next home, and make the process fun. ■



John Karadsheh is a licensed REALTOR® with Coldwell Banker, Trails and Paths Premier Properties. He is also an Associate Broker, Accredited Buyers Representative and a Certified Residential Specialist. He was voted in the Top 10 Residential Real Estate Agents in Arizona for 2012 and 2013 by Ranking Arizona, the Best of Arizona Business. You can contact John with any of your real estate questions. Call him at (602) 615-0843, or go to his Web site at [www.BuyAndSellAZ.com](http://www.BuyAndSellAZ.com).

Real Estate In Las Sendas  
brought to you by: Las Sendas Area Market Report  
Sales for the Month of July 2013  
COLDWELL BANKER TRAILS AND PATHS PREMIER PROPERTIES  
MLS  
John Karadsheh

Address	Square Feet	Community	Sold Price	Short Sale or REO*
7211 E. Northridge St.	1,131	Windsong	\$175,000	
7259 E. Mills St.	1,372	Windsong	\$190,000	
7246 E. Manning St.	1,605	Windsong	\$204,000	
3330 N. Boulder Canyon	1,571	Tapestry Mountain	\$265,325	
6919 E. Pearl St.	1,567	Vintage Hills	\$270,000	
7408 E. Melrose St.	1,999	Grayfox	\$285,000	
3055 N. Red Mountain Rd. #207	2,150	Ironwood Pass	\$288,000	
7611 E. Roland Cir.	2,451	Rolling Hills	\$295,000	X
7460 E. Nora St.	1,999	Grayfox	\$298,000	X
7544 E. Sierra Morena Cir.	1,571	Shadow Canyon	\$299,900	
3614 N. Paseo Del Sol	1,756	Rolling Hills	\$301,000	
7438 E. Nance St.	2,276	Grayfox	\$315,000	
2634 N. Sterling St.	2,153		\$320,000	
3055 N. Red Mountain Rd. #98	2,451	Ironwood Pass	\$344,000	
3562 N. Desert Oasis St.	2,150		\$357,000	
7545 E. Sierra Morena Cir.	2,200	Shadow Canyon	\$357,500	
7462 E. Orion Cir.	2,226	The Terraces	\$375,000	
2725 N. Raven	3,006	Trailridge	\$385,000	
7751 E. Roland Cir.	2,574	Grayhawk	\$413,000	
7445 E. Eagle Crest Dr. #1035	2,308	Cachet	\$430,000	
4056 N. Mirada Cir.	2,464	Stonecliff	\$470,000	
7260 E. Eagle Crest Dr. #16	3,900	Black Rock	\$580,000	

ONLY 2 DISTRESSED SALES IN JULY!

Information gathered from the Arizona Regional Multiple Listing Service is deemed reliable, but not guaranteed. Sales Information Provided By John Karadsheh, ABR, CRS, ASSOCIATE BROKER, Coldwell Banker Trails & Paths Premier Properties. [www.BuyAndSellAZ.com](http://www.BuyAndSellAZ.com)

NFL IS BACK  
at The Grille at Las Sendas starting Sept. 8th  
All Day Sunday and Monday Night Football  
Summer Happy Hour Extended on Mondays!  
BEST HAPPY HOUR IN THE EAST VALLEY  
Mon. 3pm - close • Tues. - Sat. 3pm - 7pm • Sun. 11am - 7pm  
\$5 Appetizers  
\$3 Wines (by the glass)  
\$4 Well  
\$2.50 Domestic Bottles  
SUNDAYS ONLY  
\$5 Bloody Mary Bar  
\$12 Bucket of Beer  
50¢ Wings  
The Grille at Las Sendas  
Office (480) 396-4000  
[www.lassendas.com](http://www.lassendas.com)



## LOCAL BUSINESS

# Taylor Morrison Offers Something SPECIAL IN NORTH MESA



## Submitted by Taylor Morrison

Taylor Morrison is known by Valley residents for building neighborhoods that capture the imagination of homebuyers and the attention of those looking for not just a home, but also a community.

Nowhere is the idea of community more obvious than in the Arizona homebuilder's enclave of homes nestled along the northern border of Mesa's prestigious orange grove corridor, Lehi Crossing.

Lehi Crossing offers convenient access to the Mesa, Tempe and Scottsdale employment and shopping hubs, while still maintaining a suburban feel. With award-winning schools nearby and some of Taylor Morrison's latest floor plans, Lehi Crossing has become the destination for East Valley homebuyers.

Lehi Crossing showcases the Passage Collection from Taylor Morrison, which features floor plans ranging in size from 2,478 to 3,958 square feet. Prices start in the mid \$300,000s.

"The North Mesa community is home to a more recent collection of floor plans from the builder," said Bob Thompson, vice president of sales and marketing for Taylor Morrison's Arizona division.

"It's a collection of homes that buyers have told us they're looking for in Arizona," he said. "We have options for casitas, larger four- and five-car garage configurations and additional bedroom space."

The Passage Collection offers both single and two-story floor plans, with up to five bedrooms and 3.5 baths. The Adelaide and Bradshaw floor plans offer spacious single-story living with garages that will accommodate up to five cars.

A total of four different two-story plans (Plymouth, Cottonwood, Hampton and Powell) also are available, offering up to five bedrooms, 3.5 baths and four-car garages plus storage.

Taylor Morrison's new connected living technology, the Interactive Home™, also is available at Lehi Crossing.

The Interactive Home™ system—which incorporates a variety of connected home solutions, including innovative Legrand products—offers many options, including a front door video monitoring system, LCD command center, whole house audio system (with more than 70,000 Internet stations and iTunes integration), Selective Call Intercom and camera monitoring. The available options and true customization of the system allow homebuyers to create connected living experiences matching and reflecting their lifestyles.

"Our buyers love the options Lehi Crossing offers them, and they love having a community where their children can play safely and attend quality schools while they have an easy commute to work," Bob said. "It makes it easier to focus on the things that matter. In the end, that's what it's all about." ■

For more information about Lehi Crossing, please visit [www.taylormorrison.com](http://www.taylormorrison.com).

Christmas  
OPEN  
HOUSE  
Oct. 8th  
5-8 pm



Like Us On  
facebook



7143 E. Southern Ave., #107 • Mesa  
*Southern, just East of Power*  
Hours: Monday-Saturday, 10am-6pm



Furniture • Floral Design  
Home Accessories • Seasonal Decor  
Lighting/Fans • In-Home/Office Consultations

We also offer blinds, shutters and custom window treatments.

**480-325-4900**  
[www.poppyshomedecoraz.com](http://www.poppyshomedecoraz.com)

**POPPY'S  
HOME DECOR**

**15% OFF**  
Entire Purchase

With this ad. Cannot be combined with other offers or prior purchases. Offer expires 9/30/13.



Buy one entrée & receive a  
2nd of equal or lesser value for

**FREE**

With this ad. Cannot be combined with other offers or prior purchases. Offer expires 9/30/13.





Taylor Morrison is honored to be recognized by **Builder** magazine.

Visit any of our  
**20 Valley-wide Communities**

Taylor Morrison's commitment to its customer goes beyond simply building great homes. Our commitment extends to building a home our homeowners can be proud of; a home tailored to the specific needs of today's family.

Phoenix | Surprise | Goodyear | Peoria | Cave Creek | Scottsdale | Chandler | Mesa | Gilbert

[taylormorrison.com](http://taylormorrison.com) | 480.346.1738

Taylor Morrison/Arizona, Inc., ROC # 179178B. © August, 2013, TM Homes of Arizona, Inc., AZ DRE # C0535669000. All rights reserved.





EVENT

HAWAIIAN MEGA HULA EVENT SURE TO BE FUN

Submitted by Salt River Tubing

If you are looking for a Hawaiian luau adventure, don a grass skirt, grab your coconuts and beach comber straw hat, and head to Salt River Tubing's Hawaiian Mega Hula event, Saturday, Sept. 7, 9 a.m. to 3 p.m., on the Lower Salt River in beautiful Tonto National Forest.

In addition to the free leis, hula gals and limbo music pulsating on the beach, the *More Kids in the Woods* event will showcase the Salt River Tubing grass-shaking hula line dancers, limbo and hula hoop contests. Invited exhibitors also will be featured, including the College Times Street Team, Nawgan Beverage Co. and Vitamin Water.

Salt River Tubing will award free tube rental passes and limited edition Hawaiian Mega Hula T-shirts for the best Hawaiian tuber costumes. Passes are valid on a return visit. Hawaiian shuttle buses will transport guests to the Lower Salt River for fun in the sun on the mountain stream rocking rapids.

"Our Hawaiian Mega Hula event is the icing on the cake for summertime fun on the Lower Salt River," said Salt River Tubing's President and Chief Executive Officer Henri Breault. "September is the perfect month for the Hawaiian *More Kids in the Woods* event. The event is an attention-grabber for teens and families to encourage them to venture into the great outdoors," he continued. "High schools and universities are in full swing, and students need an outdoor break in which to revive and energize. The water flow is usually great, and it's the perfect time to enjoy a floating picnic on the Lower Salt River."



The Hawaiian Mega Hula event, co-sponsored by 98 KUPD Radio and Salt River Tubing, is aligned with the USDA Forest Service's *More Kids in the Woods* commitment in meeting the challenge of reduced youth involvement in outdoor activities. The program was expressly designed to encourage efforts to get kids and teens outdoors.

LABOR DAY FUN

Celebrate Labor Day weekend at Salt River Tubing, and participate in the award-winning *Take Pride in America* event, from Saturday, Aug. 31, through Monday, Sept. 2, 9 a.m. to 3 p.m.

During this event, floaters will be encouraged to participate in the Salt River *Heroes = Litter Zero* event by *stashing and bagging* their picnic trash in Tommy Tuber litter bags to help keep the Salt River clean and beautiful. To date, 640 tons of trash have been stashed and bagged on holiday weekends.

FUN AND SAFETY WITH SALT RIVER TUBING

Salt River Tubing is open weekends only (Friday, Saturday and Sunday) until Sept. 29. The cost of tube rental is \$17 per person/tube (includes sales tax), and includes inner tube rental and shuttle bus service. Children must be 8 years or older and at least 4 feet tall for tube rental and shuttle bus service. Children, non-swimmers and inexperienced swimmers should wear life vests.

Glass containers are prohibited by law in the Lower Salt River Recreational Area and will be confiscated. Ice chests and coolers will be inspected for glass containers before boarding shuttle buses. Have a great time by responsibly appointing a designated driver before beginning your tubing adventure.

Daily operating hours are 9 a.m. to 6:30 p.m. The latest tube rental is 3:30 p.m., weather and water flow conditions permitting. The last shuttle bus pickup is 6:30 p.m.

Salt River Tubing is located in Tonto National Forest, just seven minutes from Highway 202 East, on Power Road, operating under permit by the USDA Forest Service. ■

For more information about Salt River Tubing and past event photos and videos, visit the Web site at [www.saltrivertubing.com](http://www.saltrivertubing.com). For more information, call (480) 984-3305.

LOCAL BUSINESS

Eagle Air Conditioning Addresses SEASONAL MAINTENANCE

Submitted by Eagle Services

It is fall again in Arizona, which gradually brings an end to the very hot temperatures in our state.

September usually signals the end of the monsoon season, bringing lower humidity levels. There still are dust storms, which not only make a mess around our homes, but also cover our air conditioning systems with dirt. Whether your system is on the roof or on the ground, it is important to clean your outdoor coils of the summer monsoon dust and dirt.

No matter the season, a dirty condenser coil will make your air conditioning system work harder than it should, which also causes consumers' electrical bills to increase. Cleaning is included with every preventative maintenance service we provide at Eagle Services.

It is also important to remember your indoor coil should always be clean to assure maximum efficiency throughout the year. Most consumers forget to change their filters every month as needed. During the summer months, this is crucial also for proper operation of your air conditioning system. At Eagle Services, inspection of your indoor coil and your filters also is part of the preventative maintenance service we provide.

In addition, Eagle Services provides full plumbing and electrical services to residential and commercial customers seven days a week, 24 hours a day. ■

Eagle Services, located at 1245 N. McQueen Road, in Gilbert, offers free estimates. Call (480) 659-4942.



# AZ'S FLOATING PICNIC

## SALT RIVER TUBING

No Glass Containers Allowed at Salt River!

LIMITED PARKING PLEASE CARPOOL

Kids Must Be 8yrs. or Older & 4 ft. Tall for Tubing & Shuttle Bus Service

HAVE A GREAT TIME! Responsibly Appoint a Designated Driver BEFORE your Tubing Adventure!

Tonto National Forest

**Open Weekends in September!**  
**FRIDAY – SATURDAY – SUNDAY**  
**9:00 A.M. - 6:30 P.M. Latest tube rental 3:00 P.M.**

**TUBE RENTAL AND SHUTTLE SERVICE**  
Located in NE Mesa - Minutes from Highway 202 E. on N. Power Rd.  
Tonto National Forest • Operating under Permit from U.S.D.A. Forest Service

### HAWAIIAN MEGA HULA

**SATURDAY, SEPT. 7**  
**9:00 AM – 3:00 PM**  
**FREE Hawaiian Leis!**  
**Limbo Contests**  
**Hula Hoop Contests**  
**FREE Tubing Passes for Best Hawaiian Hula Costumes!**  
**98 KUPD Radio On-Site**

**OPEN WEEKENDS in SEPTEMBER**  
**FRIDAY – SATURDAY – SUNDAY**  
**9:00 AM – 6:30 PM**

<b>9/6 – 9/8</b>	<b>9/13 – 9/15</b>
<b>9/20 – 9/22</b>	<b>9/27 – 9/29</b>

**OPEN UNTIL SEPT 29**  
Weather & Water flow permitting

**TUBE RENTAL AND SHUTTLE SERVICE**  
Located in NE Mesa - Minutes from Highway 202 E. on N. Power Rd.  
Tonto National Forest • Operating under Permit from U.S.D.A. Forest Service

**Only \$17 All Day • OPEN 9:00 A.M. - 6:30 P.M. • (480) 984-3305**

**Visit our Website: [www.saltrivertubing.com](http://www.saltrivertubing.com)**

Flancer's 5th Annual

# Dessert Contest

**Enter Flancer's 5th Annual Dessert Baking Contest!**

Get Details: [Flancers.com/baking-contest](http://Flancers.com/baking-contest)

**Enter through Oct 10th**

**Flancer's**  
INCREDIBLE SANDWICHES & PIZZERIA  
ROCKIN' TASTE BULS  
Since 2000

Gilbert • 480.926.9077 • 610 N. Gilbert Rd    Mesa • 480.396.0077 • 1902 N. Higley Rd

LAS SENDAS • RED MOUNTAIN RANCH • MOUNTAIN BRIDGE • ALTA MESA • THE GROVES • MESA UPLANDS

# UpClose

PUBLICATIONS

**Bringing neighbors closer to their community**

produced by:  
*Phillips West*  
Publishing | Design | Writing | Photography

[www.UpCloseAZ.com](http://www.UpCloseAZ.com)

**FOR ADVERTISING INFORMATION**  
Call Kim Phillips at (480) 748-1127 or email [Publisher@PhillipsWest.com](mailto:Publisher@PhillipsWest.com)



## LOCAL BUSINESS

# Prepare for winter storms BY TRIMMING TREES

By Kimberly Searles

**S**oon, the weather will start to cool, warning us of impending winter storms. While the severity of some seasons varies, at least one storm wreaks havoc on those manicured lawns and trees.

If not properly prepared for the coming storms, mesquites, Palo Verde trees and other native desert trees could suffer irreparable damage. As a result, homeowners can be left with an unsightly mess in their yards, not to mention lost money in their investments.

"A little preventative maintenance goes a long way in helping your trees weather the winter storms," said Dennis Kirby, of All Pro Trees and Landscaping. "Ultimately, it can save the cost of replacing a tree, or years of reshaping to get it back to its pre-storm glory."

For nearly 10 years, tree expert Dennis and his wife, Sue, have been operating All Pro Trees and Landscaping in the North Mesa area. As Arizona natives, they understand the different challenges desert climate brings to trees, which is a huge benefit to their clients.

"Arizona trees need a lot of trimming," Dennis stated. "Because irrigated trees grow fast in this

area, frequent trimming is a must."

"Tree trimming is an art that requires a deep understanding of not only the trees, but also the environment in which we live," Dennis continued. "Our priority is to give clients the best service possible, but we also want to do what's best for the tree, so that the homeowner's investment lasts a long time."

Special trees thrive on expert care. The experts at All Pro understand the nuances of the different tree species here, and use the appropriate professional equipment to get the job done right.

"We are a family-owned company, and can handle all residential, HOA and commercial needs," stated Dennis.

All Pro Trees and Landscaping provides all evaluations at no cost to the client. In fact, you pay only after you are fully satisfied with their work.

"Our main priority is making our customers happy, and helping them save money in the long run," said Sue. "There is no greater compliment for the work we do than when our customers refer us to their friends and family."

Not only does All Pro provide sculpting



The Kirby Family

and trimming, but the company also offers deep root fertilization, full yard cleanup and much more.

"We know big trees bring tremendous value to a property and are a considerable investment. Now is the time to weatherproof them," said Dennis.

Always neat and always clean are the hallmarks of All Pro's work. "The only sign that we were ever in your yard is that it's more beautiful than when we first arrived," said the tree artist with a chuckle. ■

Do you need to give your trees a trim before the winter season hits, or a yard cleanup or monthly landscape service? Call All Pro Trees and Landscaping at (480) 354-5802, or send an e-mail to [dennis@allprotrees.com](mailto:dennis@allprotrees.com).

Learn more about All Pro by visiting the Web site at [www.allprotrees.com](http://www.allprotrees.com) or <http://arizona.kudzu.com/merchant/reviews/1239753.html>.

## The Vistas Pavilion at Las Sendas NOW BOOKING HOLIDAY PARTIES



**Groups 50 or less**  
Thursday December 5th, 2013  
Chef's Holiday Buffet, Dance Floor and Live Band  
Holiday Parties for smaller businesses, shared venue event  
Each group has assigned section  
\$60.00 per person  
Host or cash beverage options


**Groups 50 or more**  
Book now to get your preferred date  
Chef's Holiday Buffet or Plated Dinner Choices  
Pricing per person based on menu selection  
Host, cash, hourly beverage options

Buffet choices include  
salads, soups, carved  
turkey, ham, salmon, prime  
rib, veal, chicken, grilled  
vegetables, sweet sauteed  
baby vegetables, pastas,  
decadent deserts and  
many more!

 **The Vistas Pavilion,**  
**Las Sendas Golf Club**  
7555 E. Eagle Crest Drive, Mesa  
[info@lassendas.com](mailto:info@lassendas.com)  
480-396-4000

**OPEN HOUSE**  
September 4th, 6-8pm  
Champagne and  
Gourmet Popcorn  
The Vistas Pavilion  
RSVP to Erica Gomez  
480-396-4000

## Breakfast is Served!



**Like us on Facebook**  
and receive  
special offers!

**HOURS**  
Open Every Day  
6:30 AM to 2:30 PM,  
Sundays 'til 3:30PM

**MONDAYS**  
10% OFF Entire Purchase for Seniors,  
Law Enforcement, Teachers, Military,  
Firefighters and Medical field.

**TUESDAYS**  
10% OFF Entire Purchase for all  
Boeing personnel.

**50% OFF ENTRÉE**  
Purchase 1 entrée and  
receive the 2nd entrée  
of equal or lesser value  
50% off.  
Cannot be combined with any  
other offers. 1 coupon per table.  
Expires 11/30/13

**WE CATER!** Your place or ours. Let us help you with your next big event!  
Weddings, birthdays, meetings, anniversaries, presentations, etc.

**Sunnyside Breakfast Lounge**  
2823 N. Power Rd., Suite 101  
Mesa, AZ 85215  
**480-832-9696**

**Contact us if you need help fundraising.**  
We love to help our community schools and non-profit organizations!



EDUCATION

# Red Mountain High School Introduces NEW WELDING TEACHER

By Sharon Wozny

Dan Hurst has a passion for welding, and this fall, Red Mountain High School students will catch his fever.

"I have been a welder all my life," Dan said. "It started when I was 8 years old, with my father teaching me." His experience is extensive. Many of his 35 years of welding experience include working on planes for the U.S. Air Force, along with commercial and cargo planes as an employee of Phoenix Sky Harbor International Airport.

For 13 years, Dan, who is a Las Sendas resident, was a senior advisor for Vern Lewis Welding, where he would help troubleshoot for companies. He has taught industrial classes for school districts in the Valley. In addition, Dan brings all this expertise to his students at Mesa Community College.

What is welding? In a nutshell, it is the bonding of two metal parts. Most everything has some form of welding. Dan brings his expertise to Red Mountain High School this year as a full-time welding teacher. He will teach beginner to advanced students in yearlong classes.

Knowing what it takes to be a welder in the real world, Dan's goal is to create "...well rounded students who know the industry standards and represent themselves as the skilled professionals they are." His enthusiasm is contagious. Dan has some advice for his future students, "Get ready, hang on," Dan advised. "We are going on a ride."

Welding falls under Career and Technical Education (CTE), which is led by Ed Loney. Mesa Public Schools has a supportive CTE department. There are two literacy coaches and two math coaches who help teachers incorporate the common

core standards with the welding standards. Some of the projects on which students work include welding tables for TIG welding and making sets of frames for worktables to sit on. In addition, students bring in items from home that need welding, such as a flatbed trailer. Students also bring their own creativity and inspiration to their projects.

Dan has goals for his program at Red Mountain High School. He knows he can't do it alone. Ed, the director of CTE, together with the other CTE teachers, is a key person in growing and sustaining the program. Dan is well aware of the fact wonderful things can happen when the community is involved. For starters, he wants to expand the welding contests, which have already begun. Those contests had the support of parents and the industry.

The students loved bringing their ideas to life. This summer, there was the Welding Boot Camp, held at Westwood High School. It was a two-week intensive program for future welders. Hopefully, next year, it will be even bigger and better. Dan would love to have a welding club where the parents are involved with their children. The sky's the limit when you have Dan's passion and drive.

Bringing in industry experts to teach is just another way that Mesa Public Schools is meeting the needs of their diverse population, while giving every student a chance to shine and find his niche. With Dan Hurst at the helm, watch out. It will be a ride! "Welding has been really good to me," said Dan. "Now, it's my time to give back to the community." ■

For more information on the welding classes, contact Dan Hurst at Red Mountain High School at [www.mpsaz.org](http://www.mpsaz.org). You also can contact Ed Loney at [celoney@mpsaz.org](mailto:celoney@mpsaz.org), or call him at (480) 472-0392.



Dan Hurst

COMMUNITY

# BOY SCOUTS WILL Host Garage Sale

Local Boy Scout Troop 653 will host a garage sale on Saturday, Nov. 2 from 6:30 a.m. to 1 p.m. at Central Christian Church, 933 N. Lindsay Road, in Mesa.

The boy scouts are currently accepting donations, including furniture, appliances, campers, boats, RVs, cars and more. Pick up is available by calling Chris Schneck at (480) 924-7964, or e-mail [chris.troop653@gmail.com](mailto:chris.troop653@gmail.com).

Funds from the garage sale will help supplement the rising cost of scouting, supplies, park fees, merit badges and other scouting items. ■





# CASH FOR GOLD!

**Arizona's Largest Gold Buyer**

Find us on Facebook

**NO GAMES, NO GIMMICKS. ARIZONA'S GOLD STANDARD WE BUY...**

Jewelry in any condition; broken, new or used. We buy gold and silver coins and bullion. We also purchase silver forks, knives, spoons. If it is gold, silver or platinum, we will make you an honest offer.

**Real Testimonials:**

"I wanted to sell some gold that I had found in my drawer. I didn't want to get ripped off so I started asking around. The max offer I got from other places was \$420 but I decided to check this place out, since it is really close to my house. The man that helped us was very friendly, and didn't make us feel awkward at all! He offered \$534 for the gold, which was \$115 more than the other offer! It is a very nice shop, very clean. The customer service is great, and you can't beat their payouts!"

**AAA GOLD HAS 35 LOCATIONS**  
Come check out our 4 Arizona locations!

9897 W. McDowell Rd. Ste 510 Tolleson, AZ 85353 623-936-7176	1152 N. Power Rd. Suite 102 Mesa, AZ 85207 480-247-6876	1130 S. Country Club Dr. #102 Mesa, AZ 85210 480-503-8243	20811 N. Cave Creek Rd. Ste 105 Phoenix, AZ 85024 480-499-2759

Visit us at [www.AAAGoldExchange.com](http://www.AAAGoldExchange.com)

Don't Be Fooled By 20% or 50% BONUS COUPONS!

Get the Best Price at AAA Gold Exchange!

**\$768**

**BEST!**

AAA GOLD EXCHANGE Company K Company X Online Company

AAA GOLD EXCHANGE had over 2 million dollars in pay outs last month thanks in part to thousands of repeat customers and referrals



## REAL ESTATE

# Housing Market Report OFFERS ANSWERS

By Lorraine Ryall, Realtor,  
CDPE, CSSN  
Coldwell Banker Trails and  
Paths

What is really happening in the real estate market today, and where are we headed?

The answer usually depends on whom you listen to, which news channel you watch, or what data source is used. While everybody has their own opinion, the best way to really find out what is going on is to look at the numbers—the data of the current market compared to previous years.

Supply and demand is one of the best indicators. If there is an abundance of homes on the market, such as there was in 2010, it's a buyer's market, and prices will decline. However, if there is a supply shortage, as in today's market, it becomes a seller's market, and prices will increase.

My clients, friends and family always ask me two questions. "Are home prices still going up?" and "Is the inventory still low?" To help answer these questions and indicate where the market is today, I have created three charts, which will be featured in this article each month. The charts are the *Median Price*, *Inventory* and *Supply vs. Demand vs. Median Price*. The *Median Price* and *Inventory* charts are for Mesa only, and the *Supply vs. Demand vs. Median Price* is for the Phoenix Metro



Lorraine Ryall

Area.

The statistics used for these charts will be taken from the most reliable of sources, the Arizona's Multiple Listing Service (MLS), The Cromford Report and CoreLogic.

What is happening in our market today? Home prices still continue to climb albeit at a slower pace than previous months. The median price increase from January 2012 to July 2012 was 26 percent. For this year, it's 16 percent. The slower pace is to be expected after the median sales price has soared. With a 52 percent increase in the past 18 months, demand is lower, and inventory is slightly higher.

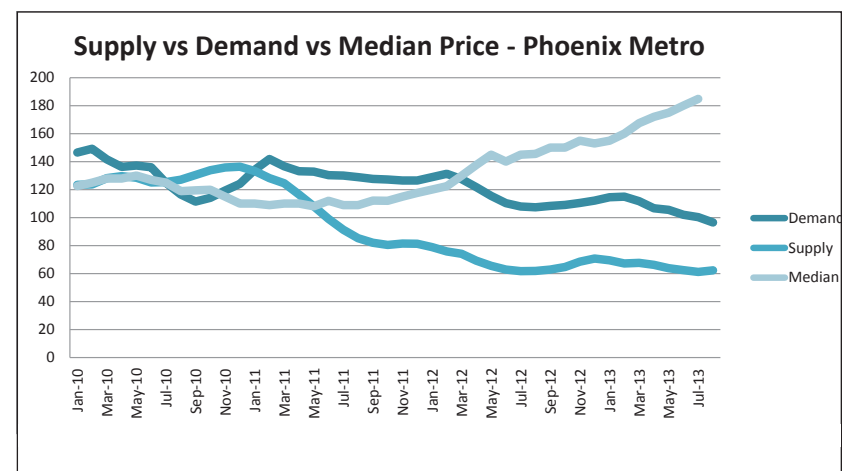
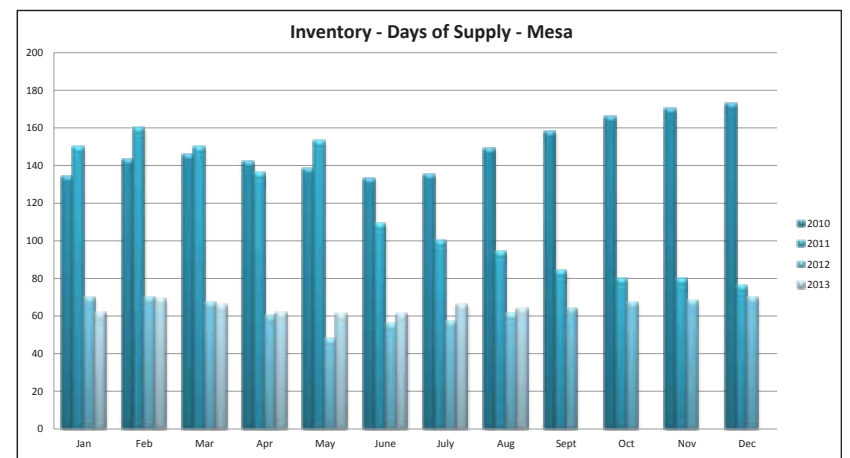
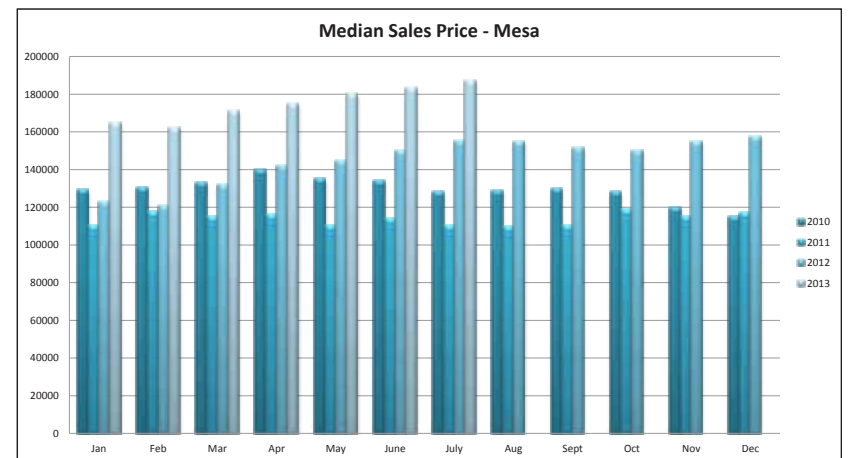
July median sales price increased 2.2 percent from the previous month, and 20.8 percent from July 2012.

In August, supply was down slightly—3 percent from the previous month, but up 4.9 percent from 2012. Just to show what a crazy housing market this has been, today's inventory is a staggering 82 percent from the peak supply of June 2008 when we had 352 days of supply. ■

Visit my Web site to view the Local Market Report video. Go to [www.Homes2SellAZ.com](http://www.Homes2SellAZ.com).

Call me at (602) 571-6799, or send an e-mail to [Lorraine@Homes2SellAZ.com](mailto:Lorraine@Homes2SellAZ.com). Visit the Web site at [www.Homes2SellAZ.com](http://www.Homes2SellAZ.com).

Get an Instant Home Value Report at [www.InstantHomeValueAZ.com](http://www.InstantHomeValueAZ.com).



**What's My Home Worth?**  
**Get an Instant Home Value Report**  
[www.InstantHomeValueAZ.com](http://www.InstantHomeValueAZ.com)

Specializing in Las Sendas and the East Valley



The housing market is finally in a recovery and Arizona is leading the way to higher home prices. What's your home worth now? Everyone wants to know how much their home has gone up over the past few months and if it is continuing to go up each month. Is now the right time to sell?

Now you can get an Instant Home Value Report and a Market Snapshot of all the homes listed and sold in your neighborhood. You can get this report automatically sent to you on a monthly basis so you can keep up-to-date on what is happening in your own neighborhood and be on top of the market.



**CONTACT ME TODAY**  
for a full market analysis of your home

CELL 602-571-6799

EMAIL [Lorraine@Homes2SellAZ.com](mailto:Lorraine@Homes2SellAZ.com)

**Lorraine Ryall** Realtor CDPE, CSSN  
Coldwell Banker Trails & Paths Premier Properties



[www.Homes2SellAZ.com](http://www.Homes2SellAZ.com)



**LIVE... AT LAS SENDAS**  
**Beatles Tribute Band**



**Thursday, September 26th**  
**The Vistas Pavilion**  
**6pm-8pm Buffet Dinner**  
**8pm-10pm Beatles Tribute**

Las Sendas Golf Club  
7555 E. Eagle Crest Drive • Mesa, AZ 85207

A Tribute to the Beatles features APPLE the Country's top Beatles sound-a-likes! From "Love me do" to "Let it be," Apple takes you on a grand rollercoaster ride of classic Beatles hits. The Cast Members of Apple have traveled the world recreating the Beatles "Live in Concert".

### Chef's Grand Buffet

Cheese Board, Charcuterie, Carved Beef, Shellfish, Chicken, Sea Bass  
Salads, Vegetables, Rice, Potatoes, Pasta, Petite Fours  
Chocolate Mousse, Banana Bread Pudding

Tickets \$60 per person, buy a table of 8 for \$400  
Reserve early for preferred seating - 8 per table  
Tickets available at Las Sendas Golf Club  
[egomez@lassendas.com](mailto:egomez@lassendas.com) / 480-396-4000

Las Sendas Golf Club • 7555 E. Eagle Crest Drive • Mesa, AZ 85207



EDUCATION

Fall Semester Offers Opportunities FOR LIFELONG LEARNING

Submitted by New Frontiers for Lifelong Learning

If you have an interest in learning about everything from Beethoven to quantum mechanics, join New Frontiers for Lifelong Learning.

Fall semester learning opportunities include 79 classes, with topics such as clogging, birds, Chihully, Route 66, China and the Amazon River. There also is a definition of happiness, as well as classes on Internet security, scams and identity theft, steps to better health, Gilbert and Sullivan operettas, genealogy, numerology, Spanish, ceramics and much more.

New Frontiers for Lifelong Learning, sponsored by Mesa Community College (MCC), is a peer-led organization, offering the opportunity to expand your learning and increase your social resources. The program also provides opportunities to volunteer for the college and in the community.

After paying \$80 per year or \$60 per semester upon joining, people can sign up for as many classes as their schedules will allow. Classes meet at the three MCC campuses at Southern Ave. and Dobson Road; Downtown, at 165 N. Centennial Way; and Red Mountain, at McKellips and Power roads. Classes also are offered at East Valley Adult Resource Centers, located at 247 N. Macdonald St. and 7550 E. Adobe Road, as well as many other locations in Mesa.

To learn more about New Frontiers for Lifelong Learning and to join, attend the open house on Friday, Sept. 20, from 1 to 3 p.m., at the MCC Downtown Center, 145 N. Centennial Way, on the fourth floor. Park in the parking garage on the second and third floors, and take the steps or elevator to the fourth floor.

Registration for classes will take place on Tuesday, Sept. 24, from 9 a.m. on. Registration will be by computer only. Those who don't have a computer or access to one, or a friend who can help, can go to the second floor of the Downtown campus. People will be there to help with registration. ■

For more information about New Frontiers for Lifelong Learning, visit the new Web site at [newfrontiers.mesacc.edu](http://newfrontiers.mesacc.edu). You also can write for information. Send all correspondence to New Frontiers, 165 N. Centennial Way, Suite 208, Mesa, AZ 85201.



EDUCATION

Mesa Resident Soars AT SPACE CAMP

Submitted by Maureen Jackson

Las Sendas resident Cole Jackson recently attended Aviation Challenge at the U.S. Space and Rocket Center, home of Space Camp and NASA's official Visitor Information Center for Marshall Space Flight Center. The weeklong educational program promotes science, technology, engineering and math (STEM), while training students and adults with hands-on activities and missions based on teamwork, leadership and decision-making.

Cole attends Red Mountain High School, where he is a sophomore enrolled in the new Cambridge/STEM Move on When Ready (MOWR) program initiated at Red Mountain High last year. This was Cole's fifth year participating in Space Camp. Cole's sister, Robin, an eighth-grader at Fremont Junior High School, attended Space Academy in June for the first time.

Cole was part of the Aviation Challenge Mach III Program, a program specifically designed for trainees who have an interest in military aviation and the mechanics of flight. He spent the week training with a team that flew a simulated F/A-18 fighter jet. The crew learned critical land and water survival skills, and mastered Top Gun flying maneuvers. Cole and crew returned to land in time to graduate with honors.

Aviation Challenge crew trainers who lead each 16-member team must have at least a year of college, and 67 percent of the 2011 staff are college graduates. Aviation Challenge operates year-round

in Huntsville, Ala., and uses fighter pilot training techniques to engage trainees in real-world applications of STEM subjects. Students sleep in barracks designed to resemble military bays.

More than 600,000 trainees have graduated from Space Camp since its opening in Huntsville, in 1982, including STS-131 astronaut Dottie Metcalf-Lindenburger. Last year, children and teachers from all 50 states and 58 international locations attended Space Camp. ■

For more information about Aviation Challenge, call (800) 63-SPACE (637-7223). Visit the Web site at [www.aviationchallenge.com](http://www.aviationchallenge.com).





**RESERVATIONS ACCEPTED**  
Lunch Tue-Fri: 11am-2pm  
Dinner Tue-Sat: 4:30pm-9:30pm  
Closed Monday & Sunday, but available for parties of 25 or more

**Ask server for our Daily Specials!**

**7210 E. Main St.**  
(Sun Valley Plaza) 480-654-0558

**NEW LUNCH SPECIAL**  
Tue-Fri 11am-1:30pm  
**FREE LUNCH ENTREE**  
Buy one lunch entree and 2 beverages and get the 2nd FREE! (Of equal or lesser value) Includes soup or salad. No splitting.

**EARLY BIRD SPECIAL**  
**ALL PASTA DISHES \$7.95**  
Includes Soup or Salad  
Tue-Thurs 4pm-6pm

**\$5 OFF**  
Any purchase of \$30 or more  
One coupon per customer or couple. Not valid with any other specials or discounts. Expires 9/30/13.  
Dinner only. Not valid on Holidays. No splitting dishes.

**Buy 1 Glass of Wine & Get the 2nd for \$2.75**  
Visit our website [www.restaurant.com/romacafe](http://www.restaurant.com/romacafe)

**Big or small, we ship it all®**  
**Freight services at The UPS Store®**

No matter how big or what shape, our freight services can help get your item to its destination. Whether you're shipping a piano or antique furniture, we'll help you take a load off.

**Mention this ad SAVE 10%**

**The UPS Store**  
**WE ♥ LOGISTICS**

Visit us at:  
Power & McDowell next to Albertsons  
2733 N. Power Road, Suite 102  
Mesa, AZ 85215  
Phone: 480.641.1744 • Fax: 480.641.1626  
Hours: Mon-Fri 8:00am to 7:00pm, Sat 9:00am to 5:00pm  
[www.theupsstorelocal.com/3690](http://www.theupsstorelocal.com/3690)

**At RMMA, we give your child the keys to unlock the magic and wonders of childhood...**

**Offering a world class education in a beautiful and peaceful setting.**  
**Red Mountain Montessori Academy**  
**480-654-1124**  
**6426 E. McDowell Road**  
Take a look at our website to research the advantages of the Montessori Method  
[www.redmountainmontessori.com](http://www.redmountainmontessori.com)

- Before & after care
- Low child to teacher ratio
- Competitive rates
- A.M.I./A.M.S. certified teachers

**Looking For A Reliable Professional Pool Service?**

**INTEGRITY POOLS**

**Personalized Cleaning Service**  
**Pool Repair**  
(Salt Cells, Equipment, Plumbing, Acid Washes, Electrical)

**(480) 818-3832**

**T&T AIRPORT SERVICE**

**"WE DON'T MISS"**

**PRIVATE CAR \$45\***  
FLAT RATES  
RESERVATIONS

**480.832.3483**

OVER 15 YEARS OF SERVICE  
\*Call for Details.



# SERVICE DIRECTORY

**MARTINEZ**  
Landscape Maintenance



**Keep your yard beautiful**

**Tree Removal  
Gravel Installation  
Tree Trimming  
Clean Up  
Irrigation**

Quality Work • Good Site Management  
**(480) 627-9479**

**The Fireplace Guy**  
**(480) 265-7270**

- FIREPLACES
- LOGSETS
- BBQs
- FIREPITS



• SERVICE  
• INSTALL  
• REPAIR  
• MAINTENANCE

**Need to Pass Inspection?  
Getting Ready to Sell?  
Need it Cleaned Up?  
Glass Looking Cloudy?**

**Lowest Rates Around**  
Licensed • Bonded • Insured  
ROC#181089

**EAGLE ELECTRICAL**

George Robbins  
Full Service Electrical  
**FREE ESTIMATES**

- Local Resident
- More than 22 years experience
- Honest, affordable, quality workmanship

**480.659.4942**  
Residential & Commercial  
24 hour/7 day • Emergency Service

Licensed • Bonded • Insured  
**www.EaglePlumbingAndAir.com**

PROFESSIONAL, AFFORDABLE  
TREE & LANDSCAPE SERVICE

**ALL PRO**  
TREE SERVICE LLC

www.allprotrees.com  
dennis@allprotrees.com  
**480-354-5802**

**15% Off** **FREE ESTIMATES**

Insured/Bonded

*May's Family Haircutters*  
FULL SERVICE HAIR SALON

**\$2 OFF Haircut  
\$5 OFF Perm or Color**  
Call for details. Expires 9/30/13.

6060 E. Brown Rd. #107  
Mesa, AZ 85205  
**480-981-3213**  
Appointments and Walk-ins Welcome!



**HOURS** M: 9-6, T: 9-3, W: CLOSED, TH: 9-3, F: 9-6, SA: 9-5, SU: CLOSED

*The Table Chef's*

Looking for a Great Couple's Activity or Girl's Night Out?

**2 HOUR COOKING CLASSES**  
with Chef Kevin Frazier DeWitt  
Weekend and weekday times available.

**CALL NOW!**  
to reserve your evening of great company and delicious food!

**UP TO 6 PEOPLE**

**(928) 951-0789**  
**www.homechefcooking.net**

**Do You Need Plumbing Help?  
Call Us First!**

- Best Water Heater Prices
- We Install and Service the Finest Water Softeners and Reverse Osmosis
- 100% Satisfaction Guaranteed

**\$10 Off Your First Service Call**  
With This Ad

**J&B Home Maintenance**  
**480-982-8242**

Lic# ROC127626

**Boers Home RENOVATIONS LLC**

**RESIDENTIAL REMODELING**  
Bathrooms • Kitchens  
Wood Floors • Handyman

**FREE ESTIMATES • 480-229-6682**

boershomerenovations.com  
Email: boershomereno@gmail.com  
Licensed • Bonded • Insured  
ROC#282409  
f/boershomerenovations



## CLASSIFIEDS

### HOME SERVICES

#### ANNABEL'S CLEANING SERVICE LLC

A licensed and fully insured house cleaning company. Serving the East Valley since 2002. There are no long term contracts and you can schedule your cleaning service on a weekly, bi-weekly, every three weeks, monthly or just one time basis. Move-in and Move-out's are our specialty.

We hire employees only and will never subcontract to other cleaning crews. Your home is protected by our General Liability Insurance and our employees are protected by our Worker's Compensation coverage. Please call us for a free quote at **(480) 326-3885**. E-mail: annabelcleaningservice@gmail.com

#### INTEGRITY POOLS LLC, CLEANING SERVICE AND REPAIRS

Professional, Personal and Affordable pool maintenance and pool repairs; including filter clean-outs, acid washes, salt cells, etc. **(480) 818-3832**

#### MESA HOME MAINTENANCE AND REPAIR

Plumbing, electric, irrigation, garage doors, water heaters, tile and drywall repairs, carpentry, handyman lists, and other services. All work guaranteed. Sean Sornberger **(480) 699-7990**

#### CASTEEL'S LANDSCAPING & POOL SERVICE

Services Include: Mowing, Edging, Trimming, Blowing, Sprinkler Installation & Repair. Pool maintenance, cleaning & chemical balance. "Offering a quality & reliable service for those who leave for the summer months and need their yards and or pools maintained." Christopher Casteel: **(602) 826-0656**, Email: christopherdcasteel@msn.com

#### MARTINEZ LANDSCAPE MAINTENANCE

Keep your yard beautiful. Quality Work. Call **(480) 627-9479**

**ALL PRO TREE SERVICE and LANDSCAPE SERVICE.** Tree Trimming, Removals, Stump Grinding, Bushes, Shrubs, Yard Clean Ups, Landscaping, and Deep Root Fertilization, Etc.

**FREE ESTIMATES.** Very Professional, INSURED & BONDED. Mention this ad and receive **15% OFF!** We accept credit cards. Please call **(480) 354-5802**



### HOME SERVICES (CONTINUED)

#### MK REMODELING & DESIGN

Specializing in Custom Kitchen & Baths. Any Large Additions to Small Projects & Repairs. Licensed & Bonded ROC237798. Member BBB. Contact Mike for a free estimate. **(480) 285-6443** • Web site: [www.mkremodeling.com](http://www.mkremodeling.com) Email: [mike@mkremodeling.com](mailto:mike@mkremodeling.com)

#### HOUSE CLEANING

Well established in your community since 2001. We know your time is valuable and your trust is our upmost concern. Bonded, insured, workman's comp coverage, E-verified and background checked for your complete wellbeing. We've done all the leg work, so all you do is come home to a clean house! Highest rated company on Angie's List and multiple winner of the Super Service Award for 2010, 2011 and 2012. [www.TheMastersTouchCleaningService.com](http://www.TheMastersTouchCleaningService.com) **(480) 324-1640**

### SPECIALTY SERVICES

#### PROFESSIONAL TUTORING

Multiple K-12 subjects including Math, Reading, Writing. Individualized, at-home instruction. State testing preparation. Assistance for home-schooling, behavioral, special education concerns. Philip N. Swanson, Ph.D., **480-677-9459**

#### TUTORING ALL SUBJECTS

Caring tutor, master's degree and 20+ years experience in education. Small groups. All subjects, including Algebra I, Geometry, Algebra II, Trig, Pre-Calc, Calculus, Chemistry, Spanish, SAT/ACT. Las Sendas/Red Mountain Ranch area. Call Kelly **(602) 316-0884**

#### BABY BOOKWORMS

A One of a Kind Lasting Gift for the new mom, grandma, sibling or dad! A unique gift for a toddler birthday! It's a canvas tote filled with board books and a read aloud anthology! Call Sharon Wozny @ **480-703-6204** to order. Or check out [www.babybookworms.me](http://www.babybookworms.me)

### HELP WANTED

**Phillips West** has an opening for a motivated **Freelance Writer** to cover the areas of Las Sendas, Red Mountain Ranch, and Mesa Uplands communities. Call **(480) 748-1127** to schedule an interview.





**Debbie & Ron Brown**  
Owner/Broker  
602.618.9512



TRAILS AND PATHS

# Trails And Paths

Office: 480.355.4700  
www.TrailsAndPaths.com



TRAILS AND PATHS



**John Karadsheh**  
ABR, CRS  
Associate Broker  
602.615.0843



**Christina Ovando**  
CRS  
REALTOR®  
602.684.5737



**Bobbi Palmer**  
ABR  
Associate Broker  
480.720.5208



**Linda Sims**  
REALTOR®  
602.376.8920



**Sharon Liuzzo**  
Associate Broker  
602.999.1468



**Lyn Glenn**  
ABR  
Associate Broker  
602.769.1089



**Kris Miller**  
CDPE, GRI,  
RDCPRO, AHS  
REALTOR®  
480.236.6181



**Pat Palmer**  
ABR, GRI  
REALTOR®  
480.363.4563



**Loren Watson**  
REALTOR®  
480.330.9850



**Lorraine Ryall**  
REALTOR®  
602.571.6799



**Rhonda Dehnert**  
REALTOR®  
480.437.4084



**Diane Pistillo**  
REALTOR®  
602.481.9212



**Cathy Ebert**  
REALTOR®  
480.682.7378



**Sharon Madison**  
REALTOR®  
480.540.7413



**Kim Philips**  
REALTOR®  
480.748.1127



**Julie Sims**  
REALTOR®  
602.919.6077



**Laurie Burleson**  
REALTOR®  
480.682.7253



**Charles Porter**  
REALTOR®  
602.525.4066



**\$319,900**

2,451 sq. ft. 4BR plus a loft, 3BA, 3G. Granite counters, balcony w/ spiral staircase, built-in BBQ.



**\$889,000**

3,682 sq. ft. 3BR plus office, 2.5BA, 3G. Knotty alder cabinetry, wrap-around covered patio w/Red Mtn vies.



**UNDER CONTRACT**

1,756 sq. ft. 3BR, 2BA, 2G. Cul-de-sac lot, granite counters, SS appliances & custom plantation shutters.



**\$420,000**

2,757 sq. ft. 4BR, 2.5BA, 3G. Oversized cul-de-sac lot, granite counters, custom cabinets, heated diving pool.



**\$750,000**

4,127 sq. ft. 4BR plus a den, 3.5BA, 4G. Large cul-de-sac lot, granite counters, premium cabinetry & appliances.



**UNDER CONTRACT**

1,571 sq. ft. 3BR, 2BA, 2G. Cul-de-sac lot backs to wash area, granite counters, Pebble Tec® pool & spa.



**\$539,000**

4,055 sq. ft. 5BR, 3.5BA, 3G. Cul-de-sac golf course lot w/Mtn. views & viewing deck, grass play area.



**\$695,000**

3,241 sq. ft. 3BR, 3BA, 2G. Premium corner cul-de-sac lot w/city light & Mtn. view, BBQ, pool & putting green.



**\$525,000**

3,551 sq. ft. 5BR, 3BA, 3G. Granite counters, Viking® 6 burner cooktop, deck w/city light & Mtn. views.



**\$524,900**

4,275 sq. ft. 5BR, 3.5BA, 3G. SS appliances, granite counters, tile backsplash, Pebble Tec® pool & spa.



**\$375,000**

2,308 sq. ft. 3BR plus a loft, 3.5BA, 2G. Premier lot backs to open desert wash area w/views of Red. Mtn.



**UNDER CONTRACT**

3,794 sq. ft. 3BR, 2.5BA, 3G. Climate controlled wine room, patio w/outdoor kitchen & Mtn views.



**\$850,000**

3,826 sq. ft. 4BR, 3.5BA, 3G. 1.5 acre cul-de-sac lot w/Red Mtn & city light views, pool w/waterfall.



**\$550,000**

3,177 sq. ft. 4BR, 4.5BA, 3G. Energy Star Certified, granite counters, SS appliances & mahogany cabinets.



**UNDER CONTRACT**

1,571 sq. ft. 3BR, 2BA, 2G. Pool, spa, covered patio, extended covered patio & a built-in BBQ.



## Custom Lots For Sale:

- Diamond Point # 27  
\$695,000
- Mountain Estates # 18  
\$685,000
- Mountain Estates # 16  
\$479,000
- Diamond Point # 1  
\$425,000
- Summit # 34  
\$339,000
- Mountain Estates # 32  
\$575,000
- Pinnacle Ridge # 34  
**SOLD**
- The Golf Colony # 19  
\$250,000

**KELLY ZITLOW**  
NMLS #164330 AZ BK#0904024

**480.398.4908**  
www.kellyzitlow.com

**CHERRY CREEK**  
MORTGAGE CO., INC.  
CCMC NMLS #3001

17015 N Scottsdale Rd  
Suite 130  
Scottsdale, AZ 85255  
Some loan products may not  
be available outside of AZ.



**\$395,000**

2,732 sq. ft. 5BR, 3BA, 3G. Granite counters, SS appliances, high efficiency 16 seer HVAC system & pool.