

# Las Sendas Up Close

Bringing neighbors closer to their community

November 2013

## NEW CARDIOLOGY SERVICES MAKE For A Healthier Las Sendas

By AnnElise Makin

After six months in practice, Las Sendas Cardiology has been well received as a valuable patient service.

Dr. Afroze Ahmad, the doctor who takes the extra time to listen, has reset the healthy living rhythm for a number of patients.

"I am surprised to see, in Las Sendas, comparatively younger people with heart trouble," Dr. Ahmad remarked. "These patients lead a healthy, active lifestyle, follow good habits, are nonsmokers, and they still encounter heart disease."

The good thing is this group of people takes charge of their health. They don't wait for the obvious symptoms, but request proactive screenings.

"Younger people, actually, people at any age, need to be aware of their family history of stroke and other illness," the doctor advised. Some patients seek out Dr. Ahmad's consult when they approach an age bracket, which escalated heart problems in other family members. However, in the light of prevention, they should not wait that long.

"The presentation of stroke, for example, eludes the general population," explained Dr. Ahmad. "The symptoms, caused by a blood clot or rupture of a blood vessel in the brain, happen suddenly."

Strokes come without a warning, and are not preceded by pain. Individuals with heart disease, for example, those who experience atrial fibrillation, are more at risk for strokes, and must increase their awareness.

"Signs of stroke are numbness of the limbs, slurred speech, non-steady gait, cognitive impairment and abnormal vision," Dr. Ahmad described. "No premonition or pain is evident."

If you experience these symptoms, seek help immediately. The time window for stroke management is very small. In Dr. Ahmad's clinic, some patients realized,



Dr. Afroze Ahmad

in hindsight, they might have had a transient stroke. Their CT scans told the story.

Some commonly recognized risk factors for stroke are smoking habits, birth control pills, and diabetes. If a diagnostic image shows blood clots, the doctor may advise taking aspirin or prescribe blood-thinning medications.

"People up here in Las Sendas hike

quite a bit," Dr. Ahmad stated. "A hiker may experience leg pain and blame arthritis or a pulled muscle for it. But in some cases, this pain can be a harbinger of a blockage in a leg artery."

At Las Sendas Cardiology, any concerns are thoroughly evaluated. Patients find out about the clinic through the *Up Close* newspaper or by word of mouth.

"It's a small world," Dr. Ahmad said. "One of my patients, who relocated from Bismarck, N.D., was referred to me by her friend living here."

"Some people call because of an indeterminate feeling in the chest," said medical assistant MiShelle DeMoss. "We can do all the necessary tests at the clinic, and keep the patient all in one place."

Paradoxically, a false alarm of heart trouble may realign health awareness. "We evaluate how to find solutions for preventing a future stroke or heart failure," explained MiShelle. "It's a great success if we can lower blood pressure or cholesterol."

"One of our patients who strictly followed Dr. Ahmad's advice showed awesome blood work," MiShelle recalled. "She also stopped smoking, as did two other patients. We have had really good feedback on explaining

the hazards for heart disease."

With every diagnostic modality all in one place, the full-service Las Sendas Cardiology Clinic allows patients to maximize their time and benefit. A thorough differential diagnosis always includes lifestyle and nutrition assessments.

"Our patients appreciate the time we take in explaining so many treatment and prevention options,"



said MiShelle. In a pleasant atmosphere with persistent coaching, patients make a lot of progress toward a healthy heart. ■

For appointments, or to find out more about Las Sendas Cardiology, call (480) 361-9949.

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*Happy Thanksgiving from Cosmos*

*Cosmos*

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## BEAUTY

# THE RIGHT HAIRSTYLES TURN HEADS for Women of All Ages

By Dawn Abbey

Age may be just a number, but a hairstyle can determine whether or not a woman looks 50 going on 51, or 50 going on fabulous.

No one knows this better than Sandra Barbetta, co-owner with her husband, Cosmo, of Cosmos Salon and Day Spa. Sandra and Cosmo make regular treks to the runway shows in New York and Europe to observe the latest trends in fashion, makeup, coloring and, of course, hairstyles. Well known around the Valley as stylist to local television news anchors and personalities, Sandra is a sought-after trends expert.

She offers these simple suggestions to help women look their best in their 20s, 30s, 40s and 50s, and uses celebrity hairstyle choices to illustrate.

"Young women in their 20s love to express themselves through their hair," Sandra stated. "For this on-the-go age group, hairstyles should transition easily from day to night. Long hair creates versatility, allowing them to play around with braids, a modified bun, a messy ponytail, peek-a-boo hair color and so much more," she said. She points to Lauren Conrad as an example of the multiple looks to be achieved with longer hair. "Cosmos stylists can create these styles for proms and special events," Sandra continued, "as well as show clients how to do their hair at home."

As women approach their 30s, they want to convey a more polished and elegant look. They are entering their prime success and earning years, and moving toward their goals. "A chin-length haircut can revive self-confidence by re-introducing personal style through different



Jennifer Aniston

textures, from sleek and straight, to wavy and curly," Sandra said. "These styles are quick, and require minimal effort, perfect for the busy 30-something." Sandra recommends Victoria Beckham's styles for this age group.

"As a woman approaches her 40s, those nasty grays often begin to appear," Sandra said. "Try a vibrant hair gloss to subdue grays, and medium-length hair cut with shorter layers to create a more voluminous and youthful appearance, which will encourage confidence. Jennifer Aniston shows *she's still got it* with soft highlights and natural layers."

Sandra pooh-poohs the idea older women can't have longer hair. "Just because a woman turns 50, doesn't

mean she should cut her hair short. Women in their 50s are beautiful, sexy and more stylish than ever." To enforce confidence, the ultimate hairstyle is mid-length, just below the shoulder, with some layers or bangs, she suggests. For a refined look, add a radiant gloss over the natural hair color with a few highlights around the face for luminosity.

"Julianne Moore's rich red color and subtle layers are the epitome of a sexy hairstyle for a woman in her 50s," Sandra claimed. "Also for fine thinning hair, don't rule out perms, yes, perms. They can really give the hair the body needed for fullness." ■

For a dynamic new look in cut or color, contact Cosmos Salon and Day Spa at (480) 844-0707 to make an appointment with one of the masterful stylists. Cosmos is located at 2837 N. Power Road, on the northeast corner of Power and McDowell roads, in The Village at Las Sendas.

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REAL ESTATE

# Upside Down Homeowners STILL NEED SHORT SALES

By Lorraine Ryall, Realtor, CDPE, CSSN  
Coldwell Banker Trails and Paths

Our market is turning around, home prices are on the rise, and, finally, we are seeing some equity building back up in our homes.

However, not everyone is in the same boat, and, for many, it's still going to be a long road before they break even, let alone build up equity. If you purchased at the peak or near the peak of the market, or took out a home equity line of credit against all that equity you suddenly had in your home, you still are under water and have a long way to go.

For some, it doesn't matter. They have no plan to sell any time soon, and can afford to wait and live in their home. For others who have been patiently waiting for



Lorraine Ryall

the market to change, home prices may not be increasing fast enough or high enough, and they just can't wait any longer.

**Hardship**—Maybe there has been a job loss or reduction in income, illness or medical expenses, or a separation or divorce. You may have had to find work in a different area or out of state, and now have to relocate. There are many reasons for a hardship, which can force a short sale to be an option.

**Option Arm-Interest Only—Loan Modification.** It may be you have an option arm loan about to adjust or an interest-only loan. The plan was to refinance in a few years into a fixed rate loan. However, when the market crashed, refinancing was no longer an option, and, if you still are upside down, probably isn't an option today either. Maybe you tried a loan modification but were denied. After all, the percentage of successful loan modifications is extremely low. You just may be so upside down, and know hanging on and paying the higher mortgage payments is no longer the best option.

Whatever your reason, if you are upside down and need to get out from under the debt of your mortgage, a short sale maybe the best option. There is no cost to the homeowner to do a short sale, and there are many programs available whereby you actually get paid thousands of dollars by the bank to do a short sale. ■

Contact me today to find out more about the short sale and whether it is the right option for you. You can call my cell at (602) 571-6799, or send an e-mail to [Lorraine@ArizonaShortSaleToday.com](mailto:Lorraine@ArizonaShortSaleToday.com). Visit my Web site at [www.ArizonaShortSaleToday.com](http://www.ArizonaShortSaleToday.com).



ORGANIZING

# Organizing Your Home ONE STEP AT A TIME

By Nancy Nemitz

How many of your projects around the house don't get done because they are overwhelming?

The mere thought of organizing the garage is enough to get most of us doing anything else to avoid such a daunting task. Breaking down the project into manageable pieces is key.

First, there has to be a plan. For starters, create zones. In a garage, there are areas or zones for car repair and maintenance, sports equipment, tools, holiday, household, and whatever other junk you are keeping in the event you need it someday.

Once you decide how much space to give each area, you can then determine all the things that fit that category. Next, find all the sports equipment. As you find it, get rid of broken or never used equipment. Put all the equipment you are keeping on a tarp or in a section of the garage. You are bound to find a missing piece or one more basketball over in the Christmas section.

This is step one. Get everything out and arrange it together so you can see what you have.

Don't try and organize with everything still on the shelves. This step one should be followed for every room you are organizing. Notice I didn't say "try to get organized." Don't try. Succeed. ■

Don't want to do it alone and want to save money by doing it right the first time? Make an appointment with professional organizer, Nancy Nemitz, (480) 223-8939. Create the Space Professional Organizing LLC has been organizing business and residential clients since 2004. Nancy is currently the professional organizer for one of the dream homes on the Street of Dreams Home Tour in Gilbert.



Nancy Nemitz

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# A Closer Look at

## LAS SENDAS GOLF CLUB

### Features Entertainment, Dining & Golf

*A Closer Look, Las Sendas Golf Club...is a monthly column written for the Up Close Publication by Las Sendas Golf Club. In this column, you will get an in-depth look at upcoming entertainment, dining and golf events. Our brand is our mission—to reach out to the community with entertainment, dining and golf events as your pathway to fun, recreation and a pleasurable lifestyle.*

## COMMUNITY PRIDE



Las Sendas Golf Club is proud to announce its new campaign called *Wear Your Pride* for Las Sendas Residents and Golf Club Members. In our Golf Shop, we will begin carrying products, which are much more than golf attire. We will carry lifestyle wear, active wear and a significant selection of giftware and products—all with the Las Sendas logo.

To date, we have realized tremendous support from the community, including all our neighbors who may or may not be golfers. We would like to thank all those who have supported and enjoyed our restaurants, pro shop and golf course. Our goal is to get everyone in the spirit of community, and proudly display the Las Sendas logo on a sleeve, hat or maybe a wine glass. The Golf Shop is gearing up with a great selection of items. Please drop by, and take a look. We have Christmas gift ideas galore.

## ENTERTAINMENT

**LIVE...AT LAS SENDAS** is pleased to present Andrew Johns on Thursday, Nov. 14, along with our amazing Chef's Grand Buffet.

Andrew is a musician and comedian with just a few keyboards, drums, a ton of talent and a huge diverse repertoire. Andrew has been compared to the late entertainer Victor Borge, as his sometimes goofy nature and cerebral sense of humor can shine through, usually at the appropriate moments. He also can be described as a combination of Billy Joel and Elton John, with fabulous renditions of both artists, as well as many other popular pianists and soloists.

Andrew's amazing vocal range allows him to tackle everything from light opera, including *Les Miserables* and *Phantom of the Opera*, all the way over to impersonating Louis Armstrong, Norah Jones, Macy Gray and Led Zeppelin.

With his vocal expertise, you will hear harmonies you're not sure how or from where they are coming. Mostly, it's thanks to his classical piano background and perfect pitch as a child, which has led to the amazing ability to mimic and cover so many genres and styles. Basically, if he's heard it, he can play it.

The Chef's Grand Buffet is from 6 to 8 p.m., and the show begins at 8 p.m. Tickets are \$60 per person or a table of eight for \$400. Only 200 tickets will be sold. To purchase tickets or a table, please call Erica at (480) 396-4000, or send an e-mail to [egomez@lassendas.com](mailto:egomez@lassendas.com).



Andrew Johns



### Hold the Date\*\*

Please hold the following dates in your calendar for our 2013-2014 **LIVE... AT LAS SENDAS** calendar of events:

- ♦ Jan. 16—A Night of Comedy
- ♦ Feb. 20—Dinner Theatre
- ♦ April 17—Dueling Pianos
- ♦ May 29—Show Band
- ♦ July 17—Dinner Theatre

*\*\*Dates are firm. Entertainment is subject to change.*

## DINING

### Thanksgiving Dinner and Turkey Take Out

Plan for a relaxing, worry-free three-course Thanksgiving dinner at Bogey's and The Grille at Las Sendas. Your menu includes a salad, entrée and dessert. Our Herb-Roasted Turkey, Sea Bass, Rack of Lamb and Prime Rib dinners are to die for! Join your friends from 3 to 7 p.m., on Thursday, Nov. 28. Reservations are required. Please call Erica at (480) 396-4000, or send an e-mail to [egomez@lassendas.com](mailto:egomez@lassendas.com).

We also have a Turkey Takeout package available, which includes a 16-pound roasted turkey, cornbread stuffing, giblet gravy, cranberry relish, buttered green beans, sweet corn, garlic mashers, salad and rolls. This amazing basket serves eight to 10 people at a cost of \$95. To reserve your Turkey Takeout, call Erica at (480) 396-4000, or send an e-mail to [egomez@lassendas.com](mailto:egomez@lassendas.com). Life just does not get any easier. Call early so you do not miss out!

### New Year's Eve Gala

Join us at The Vistas Pavilion for our New Year's Eve Gala. Your evening includes a four-course dinner, including appetizer, salad, entrée and dessert with a champagne toast at midnight. You can dance the night away to our live entertainment by Soul Catcher. The cost is \$90 per person. Reservations are required. Please call Erica at

(480) 396-4000, or send an e-mail to [egomez@lassendas.com](mailto:egomez@lassendas.com). Payment is required with reservation. Last year, this event sold out. So, do not delay!

### The Patio and The Grille

We have NFL Sunday Ticket. Come and watch your favorite NFL team, and indulge in 50 cent wings and buckets of beer until 4 p.m.

Our evening entertainment, complete with great weather, is back on The Patio at Las Sendas, from Tuesday through Saturday. We have prepared a new fall and winter menu with amazing new items.



## PACKAGES AND PROMOTIONS

### Book Your Company Holiday Party

The Vistas Pavilion is pleased to promote Holiday Party packages for both large and small companies. Book now, as we are filling up fast.

On Thursday, Dec. 5, we are running a special for smaller companies (less than 50 people). Your package includes a buffet dinner, band and dance floor in our amazing Vistas Pavilion. Your group will be seated in your own individual section. Host and cash bar options are available. Tickets are \$50 per person. Please call Jackilyn Russo, our Catering Director, for more information.

## GOLF

### Get a Membership at Las Sendas Golf Club

Golf is more than a game. It's a lifestyle, and you can make it yours. When you become a member of Las Sendas Golf Club, you will experience one of the best in course challenges, membership benefits and social events. Our management and staff are committed to an exceptional membership experience.

Membership at Las Sendas offers a friendly and unique golf club experience. Las Sendas is an 18-hole championship golf course designed by Robert Trent Jones, Jr. Las Sendas consistently is ranked as one of the top 10 most challenging golf courses in Arizona, and is recognized as *Best Golf Course 2012* by *New Times* magazine. Member-only events include a three-day Ryder Cup tournament, pitting our Canadian members against the Americans, a three-day member/guest tournament, as well as several other tournaments geared toward men's, ladies' and mixed couples events. Las Sendas offers a very social environment, along with world-class golf—an experience of which you want to be a part.

### The following are benefits and services provided to our members at Las Sendas:

- ♦ Las Sendas offers a 100 percent fully refundable Deposit Initiation Fee.
- ♦ Unrestricted and unlimited play on our 18-hole championship golf course.
- ♦ Priority member tee time reservations.
- ♦ Member functions, including men's and ladies' leagues, golf tournaments, interclub competitions and social events.



A CLOSER LOOK AT LAS SENDAS GOLF CLUB (CONTINUED)

- Special member guest rates.
- Unlimited use of practice facilities, including range, short game area, bunkers and putting green.
- Included locker facilities and club storage.
- Shoe valet services.
- Membership in the USGA, AGA and GHIN handicap system.
- A fully certified staff of PGA/LPGA instructors.
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There are two forms of membership—Personal and Corporate. Personal memberships offer individuals or families the option of six- or 12-month plans to suit their needs. Corporate memberships offer businesses the oppor-

tunity to have up to five employees participate under one membership. We presently are operating as a semi-private facility. Once we have sold 350 memberships, the golf course will become private, and only accessible by our members and their guests.

GOLF SHOP  
Golf Tournaments

Wondering where to host your next company golf tournament, or where to host a pre-wedding golf event? Look no further than Las Sendas Golf Club. We have a number of golf tournament packages from which to choose, with a buffet breakfast, lunch and/or dinner. We have various options from which to choose, and work with you to custom design your golf event with hole prizes, skill prizes and fun tournament formats.

Las Sendas has hosted tournaments for organizations throughout Scottsdale, Mesa and the Greater Phoenix area, including the Alice Cooper Solid Rock Foundation, the Phoenix Coyotes Alumni, the Youth Hockey League



of Arizona, Boeing, the USMC, the Mesa Chamber of Commerce, as well as a multitude of charity organizations, companies and groups.

For more information, or to schedule your golf tournament, please call the Las Sendas Golf Shop at (480) 396-0440.

Golf Equipment

This month, we will be working with Ping and Bridgestone Golf to bring you golf club fitting and the first ever Las Sendas Golf Ball Fitting. Yes, you can be properly fit for your golf ball, as well as with the equipment you use. This is a perfect opportunity for a Christmas gift or two.

- Nov. 6—Bridgestone Golf Ball Fitting
- Nov. 20—Ping Golf Club Fitting

If you are unable to find what you are looking for in our Golf Shop, let us know. We are happy to do special orders where available. Be sure to visit us in the Golf Shop to purchase a raffle ticket for the hot new Taylor Made SLDR Driver. ■

CHEF'S RECIPE OF THE MONTH



Roasted Tomato Gazpacho  
from Chef Jason

- 12 roma tomatoes
- 1 zucchini
- 1 red bell pepper
- 1 cucumber
- 1 jalapeño—seeded
- 1/2 red onion
- 3 cloves peeled garlic
- 1 quart tomato juice
- 1/2 cup olive oil

- 1/2 cup lime juice
- 1 ounce cilantro

Roast roma tomatoes over a flame. Roast until skin gets blistered. In a blender, purée all ingredients, and slowly drizzle olive oil into mixture to emulsify. Salt and pepper to taste. Garnish with diced cucumbers and cilantro.

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**LIVE... AT LAS SENDAS**  
**A Night with Andrew Johns**



**Thursday, November 14th**  
**The Vistas Pavilion**  
**6pm-8pm Buffet Dinner**  
**8pm-10pm Andrew Johns**

Las Sendas Golf Club  
7555 E. Eagle Crest Drive • Mesa, AZ 85207

Andrew Johns comes to us from Canada and is truly an amazing musician / comedian. He plays keyboards, a drum machine and brings enormous talent with a huge repertoire and diversity. Andrew has been compared to Victor Borge with his sometimes "goofy" nature and cerebral sense of humour. Andrew's amazing vocal range allows him to tackle everything from light Opera including Les Miserable and Phantom all the way over to impersonating Louis Armstrong, Norah Jones, Macy Gray and Led Zeppelin.

**Chef's Grand Buffet**  
Cheese Board, Charcuterie, Carved Beef, Shellfish, Chicken, Sea Bass  
Salads, Vegetables, Rice, Potatoes, Pasta, Petite Fours  
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Tickets \$60 per person, buy a table of 8 for \$400  
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DINING

Flancer's Announces Fifth ANNUAL DESSERT BAKING Contest Winner

**By Dawn Abbey**  
The winner of Flancer's Fifth Annual Dessert Baking Contest is Jesse Kolman. Jesse won for his Chocolate Peanut Butter Pretzel Pie, a multi-layered creation in a crumb crust with a creamy peanut butter bottom layer and a chocolate pudding-like top layer, decorated with chocolate-covered mini pretzels and dark chocolate swirls. Each year, the winner of the Flancer's Dessert Baking Contest has the honor of having monies from the sale of the dessert at the restaurant donated to a favorite charity. "Jesse's charity is No Kid Hungry," said owner Jeff Flancer. "So, starting on Nov. 1, and running for a year, \$1.50 from each dessert sold from Flancer's Incredible Sandwiches and Pizzeria stores, in both Mesa and Gilbert, will be donated to No Kid Hungry. Diners get to enjoy a fantastic dessert, as well as support a worthy cause."

Jesse also receives a trophy and a \$100 gift certificate from Flancer's. This year's runners-up were Bev Shimamoto, for her Lemon Bars; and Kelly Anderson, with her Dianne's Southern Chocolate Bourbon Pecan Pie. "Rockin' taste buds since 2000, Flancer's is a family-friendly restaurant, providing unique food on freshly baked bread by a staff that gets to know the customers by sight," said Jeff. "And now there's a new dessert to try." ■

Flancer's Incredible Sandwiches and Pizzeria is located at 1902 N. Higley Road, in Mesa, (480) 396-0077, and at 610 N. Gilbert



Road, in Gilbert, (480) 926-9077. For information on menus and other events, visit [flancers.com](http://flancers.com) or [facebook.com/flancerscafe](http://facebook.com/flancerscafe) and [facebook.com/flancersmesa](http://facebook.com/flancersmesa). For information on No Kid Hungry, visit [nokidhungry.org](http://nokidhungry.org).

DINING

Flancer's Gourmet Thanksgiving DINNER TO GO IS EASY AND TASTY

**By Dawn Abbey**  
If you want something really special for Thanksgiving dinner, but don't have the time, energy or expertise to cook it, just call Flancer's Incredible Sandwiches and Pizzeria to order a delicious, complete gourmet meal.



Flancer's Gourmet Thanksgiving Dinner To Go begins with roasted butternut squash soup garnished with pumpkin seed pesto cream. Slow-roasted real breast of turkey, with savory natural old-fashioned gravy is the main course, accompanied by fresh sage, apple and sausage stuffing, jalapeño cheddar mashed pot pie, roasted root vegetables with balsamic glaze, and fresh cranberry and orange relish. Dessert is a unique pumpkin bread pudding dressed with chocolate caramel and sea salt sauce. "All of this is only \$26.50 per person," said Jeff Flancer, owner of Flancer's. "In addition, orders of six or more receive one free dinner. Order today, as we always sell out. Don't forget to add fresh baked Flancer's baguettes for only \$2.50 each."

If you are doing a potluck with your loved ones, and just need a side dish, Jeff suggests asking for a quote on single items. Pick-up of your gourmet Thanksgiving dinner is on Wednesday, Nov. 27. Items are sold cold with heating directions. "Not everyone knows we do gourmet catering, too," said Jeff. Flancer's will be closed on Thanksgiving Day. ■

To order, call Flancer's in Mesa, (480) 396-0077, located at 1902 N. Higley Road, or Gilbert, (480) 926-9077, located at 610 N. Gilbert Road.

COMMUNITY

MAKE A DIFFERENCE and Have a Good Time

**By AnnElise Makin**  
The popular Red Mountain Ranch Country Club Tennis and Golf Hit for the Cure Fund-raiser, set for Nov. 8 and 9, provides entertainment for the whole family. Bounce houses and other activities offer fun for the kids. Activities will fill up the day on Saturday. Come for a good time, visit with good people, and try your luck at tennis or golf.

- Friday, Nov. 8**  
7 to 9 p.m.—Kickoff party, with hors d'oeuvres and bean bag tournament
- Saturday, Nov. 9**  
7:30 a.m.—Tennis registration and check-in  
8 a.m.—Tennis tournaments begin  
11 a.m.—Golf registration and check-in  
11 a.m. to 1 p.m.—BBQ lunch available for purchase  
12:30 p.m.—Golf tournament begins  
5 p.m.—Celebration banquet for all participants, with live auction and live band
- Tennis—\$60 per person**  
Fee includes your choice of one or two events of men's, ladies' or mixed doubles. Also includes kickoff party, awards banquet and donation to Relay for Life. Contact Ray K., Director of Tennis. Call (480) 981-8172, or send an e-mail to [rayk@rmrcc.com](mailto:rayk@rmrcc.com).
- Golf—\$95 per person**  
Fee includes 18-Hole Scramble Event, including cart, kickoff party, awards banquet and donation to Relay for Life. Contact Scott Bunker, Director of Golf. Call (480) 981-6501, extension 115, or send an e-mail to [sbunker@rmrcc.com](mailto:sbunker@rmrcc.com).
- Bring Cash For**—Lunch, do-overs, mulligans, ball kids, magic putts, auction items and 50/50 raffle. ■

Contact Ray or Scott for registrations. Registration forms also are available at the Fitness Center.



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LOCAL BUSINESS

True Essence Salon's Holiday Gala IS A FUN NIGHT OUT

By Dawn Abbey  
Wine tastings, fabulous hors d'oeuvres and gifts are all part of a gala holiday Client Appreciation Night Party at True Essence Salon and Spa, on Wednesday, Nov. 20, from 5 to 8 p.m.



"It's our way to show our appreciation to our loyal clients, and those who would like to become clients," said owner Maytee Green. "Guests also will be eligible to win drawings for gifts, such as Aveda product baskets, and other surprise items provided by local businesses."

For that night only, all Aveda products in the store will be available at a 20 percent discount. "This is really a big deal, because Aveda never discounts its products unless they are being discontinued," Maytee explained. "So, True Essence is offering this discount for our clients only, to show how much we appreciate them."

Additionally, any of the ever-popular

Aveda holiday gift sets purchased during the evening will include a True Essence Try Something New holiday gift certificate worth \$15. The certificate can be applied toward any salon service of \$30 or more, which a customer has never before experienced.

Attendees also can experience a little pampering. Relaxation stations will be set up throughout the shop to perform complimentary mini-spa specialties, such as moisturizing hand-relief treatments, neck treatments and reflexology, said Maytee. "And our entire staff will be on hand to offer free personalized consultations on hair, makeup and skin-care services and products."

True Essence is the only Aveda Concept Salon in Mesa, where Aveda's natural, botanical-based hair, skincare and makeup is available. Aveda, with 7,000 salons and spas worldwide, has been an international leader in the use of plants and natural sustainable products and processes in their lines since 1978, according to their Web site, [aveda.com](http://aveda.com). ■

Guests planning to attend the Client Appreciation Night Party are requested to RSVP by Saturday, Nov. 16, to [info@trueessencesalon.com](mailto:info@trueessencesalon.com). Guests also can RSVP by calling (480) 396-3112, extension 2, or by visiting the salon, located at 2910 N. Power Road, on the northwest corner of Power and McDowell roads, next to Bashas'.

COMMUNITY

GIGANTIC GARAGE SALE Supports Orphans

By Dawn Abbey  
Mark your calendars for Saturday, Nov. 16, to experience a huge fund-raising event to benefit the non-profit organization Dresses for Orphans, providing handmade clothing for underprivileged children worldwide.

The sale starts at 7 a.m. and runs through 2 p.m., at the Apache Wells Community Church Fellowship Hall, 2115 N. Gayridge Road, just north of McKellips Road, off 56th Street. "The community is invited to participate by attending the sale, as well as donating items," said organization volunteer Jerri Ramey.

Dresses for Orphans started as the brainchild of Las Sendas resident Darlene Carpenter, when she was semi-retired and looking for volunteer opportunities. She knew she enjoyed doing things to benefit kids, and had a strong sewing background, so she started making outfits in her home. A short time later, several other women wanted to be part of what she was doing. In October 2008, Dresses for Orphans was born, with the mission of helping orphans feel special, loved and cared for by providing new, specially made dresses and shirts.

"Today, more than 40 volunteers, including several winter visitors, meet every Wednesday, from 9 a.m. to noon, at the church hall, to make the outfits," said Jerri. "The church has been very kind to donate the space to us."

Groups do the same in Washington and Ohio. More than 13,000 outfits have

been made and sent to 91 orphanages in 29 countries, including Haiti, India, Kenya, Mexico, South Sudan, Swaziland, El Salvador, Russia, China and Uganda.

Donations are being accepted at the church hall location from Monday through Friday, Nov. 11 through 15. "If you have large pieces, like furniture, we have a pickup truck to transport it for you," said Jerri. "We appreciate any gently used items for the sale, and we also appreciate anyone who wants to join the team that sews the clothing for the children." ■

Call Darlene at (480) 807-2672 to arrange a pickup of donated items, or to answer any questions you may have about Dresses for Orphans. For more information on how to become more involved with the organization and its projects, visit [dressesfororphans.org](http://dressesfororphans.org).



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With Breast and Thigh Meat  
Brioche Sage Stuffing, Puree Duo of Yukon Gold and Garnet Yam and Haricot Verts with Crispy Onions  
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or  
Seared Sea Bass  
With Beluga Lentils, Butternut Squash, Corn, Baby Fennel and Meyer Lemon Truffle Emulsion  
or  
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Pumpkin Cheesecake  
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EDUCATION

# Charter School Develops FORMULA FOR STUDENTS' SUCCESS

Submitted by Self Development Charter School

The mission of Self Development Charter School (SDCS) is to strive for excellence in education by providing students with an outstanding educational foundation and developing lifelong learners.

In addition to an award-winning curriculum, the school has instituted a *Formula for Students' Success*. Achieving the school's mission and students' success requires the collaborative efforts of administration, faculty, parents and students. The following are some of SDCS's programs, which support students' success:

Student and Parent Commitment Agreement

The Student and Parent Commitment Agreement is a contract between the parent, student and school. The agreement clearly outlines the school's expectations regarding classwork, homework, make-up assignments and grading. This form is distributed, reviewed and signed by the parent and student during Back-to-School-Night festivities to start the school year off on the right foot.

School-Wide Behavior Plan—Three Rs: Respect, Responsibility and Readiness

SDCS's curriculum focuses on developing good citizens, as well as students, with an excellent academic foundation. Each class-

room displays the School-Wide Behavior Plan, outlining the three Rs: Respect, Responsibility and Readiness. Teachers model and instill these values within the classroom from the first day of school.



Parents as Partners

Parents as Partners is one of the school's reading programs, which encourages reading outside of the classroom, as well as parent involvement. Parents are urged to read with their children on a daily basis. Parents and students who commit to reading a minimum of four nights a week for 15 minutes receive a Parents as Partners Certificate at the end of the year. Many students participate in this program.

Classics Program

Beginning in grade two, students have the opportunity to participate in the Classics Program. Classics (abridged versions) are available for students to read throughout the school year. The classics include *The*

*Call of the Wild*, *20,000 Leagues Under the Sea*, *The Wizard of Oz*, *Little Women* and *Swiss Family Robinson*. The program requires a book report and presentation, too. The program reinforces the importance of practicing reading, report writing and public speaking. Students who complete the requirements receive a special trophy at the end of the school year.

Math Facts

Math Facts is an important part of the Self Development Charter School (SDCS) curriculum and homework. Parents are encouraged to help their students memorize Math Facts. Students' mastery of Math Facts, which includes accuracy and speed, is critical to students' success with higher level math concepts. The goal is for students to recall the answer to each Math Fact correctly within two seconds. Students who achieve this goal free the capacity of their working brains for critical thinking, including higher level math concepts. Weekly assessments and school-wide competitions are part of the curriculum to monitor students' progress and promote excitement about learning these facts. ■

The above are just a few of the programs SDCS promotes as part of the school's *Formula for Students' Success*. If you would like to learn more about SDCS, please contact the front office to schedule a tour. Call (480) 641-2640.

COMMUNITY

## CLASSIC BALLET IS A Mesa Holiday Tradition

By Dawn Abbey

The holidays wouldn't be the holidays without Campbell's Dance Studio's presentation of *The Nutcracker* ballet.

For the past 23 years, under the direction of Frances Campbell, the ballet has been an exciting and nostalgic community tradition, providing a stage for many talented local students of classical ballet.

This year is the start of a new tradition. Frances recently retired and turned over her lifetime's work to new owner, Tina (Cluff) McCarey. Tina has a lifelong relationship with Frances' family, and has taught at the studio. Tina intends to carry on the traditions of the studio Frances founded.

The venue for *The Nutcracker* also has changed. This year, it will be performed at Red Mountain High School, located at 7301 E. Brown Road, on Friday, Dec. 13, at 7:30 p.m., and on Saturday, Dec. 14, at 2 p.m. and 7:30 p.m.

In addition, Campbell's studio students will perform a holiday show entitled *The Polar Express*, on Thursday, Dec. 19, from 5:30 to 7:30 p.m., at Mountain View High School, located at 2700 E. Brown Road. ■

Tickets for all performances are available at Campbell's Dance Studio, 2820 E. University Drive, Suite 106. For more information, visit the new Web site at [www.campbells-dancaz.com](http://www.campbells-dancaz.com), or call (480) 830-3450.



## Real Estate In Las Sendas

brought to you by: **Las Sendas Area Market Report**



Sales for the Month of September 2013



Address	Square Feet	Community	Sold Price	Short Sale or REO*
2835 N. Avery Cir.	1,756	Silverhawke	\$293,000	
3421 N. Stone Gully	2,226	Grayhawk	\$316,550	X
7458 E. Odessa Cir.	2,150	Silverhawke	\$349,000	
3545 N. Piedra Cir.	2,732	Grayhawk	\$378,000	
4065 N. Mirada Cir.	2,641	Stonecliff	\$385,000	X
3060 N. Ridgecrest #121	2,732	Desert Vistas	\$389,900	
3703 N. Paseo Del Sol	2,649	The Highlands	\$390,000	X
3659 N. Tuscany Cir.	2,732	The Highlands	\$390,000	
3740 N. Ladera Cir.	2,226	Echo Canyon	\$399,900	
3430 N. Mountain Ridge #16	3,654	Sonoran Heights	\$465,000	
7130 E. Saddleback St. #6	3,749	Golf Colony	\$650,000	

Information gathered from the Arizona Regional Multiple Listing Service is deemed reliable, but not guaranteed.

Sales Information Provided By John Karadsheh, ABR, CRS, ASSOCIATE BROKER, Coldwell Banker Trails & Paths Premier Properties. [www.BuyAndSellAZ.com](http://www.BuyAndSellAZ.com)

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## EDUCATION

## EISENHOWER CENTER OF INNOVATION Offers New Approach to Learning

By Sharon Wozny  
Walking on the campus of the former Eisenhower Elementary School, there exists an excitement of change since the school has been repurposed to Eisenhower Center for Innovation.

Mesa Public Schools has many types of schools in the district aiming to reach all the needs of their diverse population. The Eisenhower Center for Innovation is the newest. The passing of the bond election made this possible, along with the support of the district, in terms of additional contracts and support staff.

The Center for Innovation is set apart from other elementary schools. Their campus has a full-time art teacher and two full-time educational technology specialists who help with the technology. The students are part of the iPad Initiative, which means their learning is happening on iPads, along with Apple TV, in the classrooms. In addition, every intermediate student is required to play an instrument. Media arts classes, computer programming, along with critical and scientific thinking, is at the core of the student's learning.

Tracy Yslas, the center's principal, has a working relationship with her feeder schools. This will provide smooth transitions for her students, and guarantee their success in the future. Eventually, the Center for Innovation wants to reach the level of individualized learning whereby the strengths and interests of each student will morph into project-based learning. The objective is to reach the technical and creative side of their students.

Family involvement is a critical aspect to improve the student's educational experience. They now have an official



PTA with 50 members, as well as the Family Literacy Program, which will bring parents into the classrooms as volunteers. In addition, English as a Second Language and parenting classes are available. "We are committed to provide opportunities to kids in order for them to find their strengths and talents no matter what they choose to do," said Principle Yslas. "We have to sustain things that are working and move

on when things are not."

Principle Yslas has embraced this new challenge wholeheartedly. Her experience is vast, including being a principal in Mesa and Pendergast, along with working at the district level in various departments. There is growth to achieve. However, with her dedicated staff and positive community involvement, she knows, in due time, it can be done.

When your school's philosophy is *Every child is ours, and we help all to succeed*, wonderful things are bound to happen. Communication is a key component. Therefore, when there exists a common language within the school, along with teachers who review data, share ideas, and constantly are open to modifications and adjustments, learning will be at its best for their students. "We want to be partners with the parents, and have our parents feel they can be involved in school," Principle Yslas stated. "We want them to be empowered to participate and be advocates for their children." ■

The Eisenhower Center for Innovation is located at 848 N. Mesa Drive. For more information, contact Tracy Yslas at (480) 472-5200. Visit the Web site at [www.mpsaz.org](http://www.mpsaz.org).

## SPORTS

## LACROSSE CLUB Brings the Heat

By Sharon Wozny

Lacrosse has been popular on the East Coast for many years, and it has found its place here in the Southwest, and especially in Arizona, where it has been rapidly growing in popularity and with spectators.

Geoff Larsen has been involved in lacrosse ever since he was a boy growing up in Virginia, where he played as a midfielder in high school. From there, he played at Brigham Young University as a long pole middle. In addition, he is an NCAA certified referee.

Geoff has taken all his lacrosse knowledge, and, for the past 15 years, he has been coaching in Arizona. The East Valley Heat has had him as their head coach for eight seasons. Through these years, Geoff has seen five players recruited to various colleges in the United States.

Geoff has devoted a tremendous amount of time, energy and money into the sport of lacrosse. "Lacrosse develops you as more than just an athlete," Geoff stated. "It is the fast pace of lacrosse, showing off the coordination and athletic abilities of the players, that makes the sport exciting to watch."

If you want to get involved in this amazing sport, find your way to [www.heatlax.com](http://www.heatlax.com). Early bird registration will begin in November. All ages, from kindergarten through grade 12, are welcome to play for the Heat during their season, which runs from January to April. ■

To find out more about East Valley Heat Lacrosse Club, visit the Web site at [www.heatlax.com](http://www.heatlax.com), or contact Geoff Larsen at (602) 524-6592.



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## REAL ESTATE

# REAL ESTATE AND THE MEDIA Can Tell Conflicting Stories

By John Karadsheh

Every day people ask me, "Is now a good time to buy?" "Is now a good time to sell?" My answer to those questions always is, "It depends."

Unless you are an investor looking for short-term gains or monthly cash flow, a house always has been a place to call home, not only an investment. Over the long term, we all want to see appreciation on our homes, and over time, history has shown that occurs.

Yet, when we are trying to gauge our real estate decisions, we often look to the media for answers. At any given time, you can pick up a newspaper or magazine, or visit a Web site and get conflicting information. Data almost always can be manipulated and interpreted to show whatever trend the analyst is trying to convey. Are we in a bubble? Is there shadow inventory? Are interest rates going up or down?

Below is a sampling of some of the mixed headlines from the last few years:

## Real Estate Values

April 25, 2012

Residential price growth in metro Phoenix surprising. *Zillow.com*

May 8, 2012

Phoenix home prices predicted to fall 11 percent this year. *Phoenix Business Journal*



John Karadsheh

## Shadow Inventory Predictions

June 13, 2012

Shadow inventory drops to lowest level in nearly three years. *InmanNews.com*

April 30, 2013

Home prices growing at pre-bubble rates on Bernanke boost, but big shadow inventory lurks. *Forbes*

July 9, 2013

Foreclosure inventory down 29 percent nationally from a year ago. Q1 2013 shadow inventory shows steep decline. *CoreLogic.com*

## Housing Bubble

April 30, 2013

Boost in home prices doesn't equal bubble. *cnn.com*

May 29, 2013

Real estate euphoria: Is America in a new housing bubble? *YahooNews.com*

June 7, 2013

No U.S. housing bubble. *The Economist*

September 10, 2013

We're in another housing bubble. *cnn.com*

September 23, 2013

Experts: We are not in a housing bubble. *HousingWire.com*

## Jobs and the Economy

July 8, 2013

Phoenix No. 1 for economic growth, Tucson second. *Brookings.com*

August 21, 2013

Arizona's job recovery among slowest in the nation. *Phoenix Business Journal*

September 25, 2013

Forbes lists Arizona No. 1 for projected job growth. *Forbes.com*

## Interest Rates

October 1, 2013

Mortgage rates rise for the first time in three weeks. *U.S. Finance Post*

October 1, 2013

30-year fixed mortgage rates continue downward spiral. *Zillow.com*

So, what do you, as a consumer, do about all of this misleading information? You can analyze it as much as you want, but at the end of the day, you need to decide what your real estate goals are. You can try to time the market, but homes are not stocks. Their values don't change drastically on a day-to-day basis.

In a healthy market, you should see appreciation, but remember, real estate has and always will be meant to be a long-term investment and not a liquid asset.

The best thing to do when trying to make a decision is to consult a qualified and experienced REALTOR® to help you navigate the entire transaction. ■

John Karadsheh is a licensed REALTOR® with Coldwell Banker, Trails and Paths Premier Properties. He also is an Associate Broker, Accredited Buyers Representative and a Certified Residential Specialist. He was voted in the Top Five Residential Real Estate Agents in Arizona for 2012 and 2013 by Ranking Arizona, the Best of Arizona Business. You can contact John with any of your real estate questions. Call him at (602) 615-0843, or go to his Web site at [www.BuyAndSellAZ.com](http://www.BuyAndSellAZ.com).



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## HEALTH

# LAS SENDAS DENTAL HEALTH Treats Sleep Apnea

*Submitted by Las Sendas Dental Health*

**S**leep apnea is a condition whereby a person's breathing is closed off for a period of time during sleep, sometimes occurring as many as 100 times in a night.

Sleep apnea can increase chances for heart disease, high blood pressure, sexual dysfunction, depression, learning or memory loss and tiredness. Many times, the person suffering from sleep apnea may not be aware of the condition. Often, the spouse initially notices the problem.

An 18-month study involves sleep apnea patients at the South Texas Veterans Health Care System. An oral appliance, called the Thornton Adjustable Positioner (TAP), is used to treat those suffering from moderate to severe sleep apnea.

According to Dr. Paul McLornan, at the University of Texas Health Science Center at San Antonio, many patients with moderate to severe sleep apnea were not adhering to standard treatment with continuous positive airway pressure (CPAP) machines.

Many factors, including the noise, cumbersome attachments, bloody noses and the lack of flexibility of different sleeping positions prevent many people from using their CPAP machine.

Dr. McLornan's study proves the TAP device, which is smaller and fits in a patient's mouth, is now an option for patients with mild, moderate and now even severe sleep apnea. He states it was previously thought treatment for patients suffering from severe sleep apnea was limited to the use of the CPAP or surgery. This study adds to the body of medical and dental research literature by showing

oral appliances can be effective in treating people with severe sleep apnea.

The device is less cumbersome and better tolerated by patients. It is also much less invasive and costly than the CPAP or surgery. Patients in the study were fitted with the TAP appliance, and given a tiny key, which fits in the front of the device.

The patient was instructed to wear the appliance every night, inserting and turning the key several millimeters before bedtime. By turning the key, the patient pulls the lower jaw forward, creating an open airway in the throat. Patients then informed researchers when they reached a comfortable point in the adjustments, and when they felt they were able to sleep without snoring or gasping.

The patients are then evaluated using standard sleep studies to determine whether or not their sleep had, indeed, improved. It was found patients improved significantly using the TAP.

(Source: Mission, University of Texas Health Science Center, San Antonio, Spring 2009)

Dr. C. Martin Farnsworth, of Las Sendas Dental Health, has been successfully using the TAP device to treat patients with sleep apnea since 2001. If you or your significant other suffers from snoring or gasping while sleeping, the cause may be sleep apnea. ■

*Please call for an evaluation. Let us help you find a way to improve your health, and get a full night of restful sleep again. For an appointment to evaluate your options, please call (480) 283-5854.*



## LOCAL BUSINESS

## iPLAN Participates IN STREET OF DREAMS

*By Kimberly Searles*

**I**PLAN, located in the Falcon Field Airpark, currently is participating in this year's Street of Dreams event.

Located in Gilbert's Whitewing at Germann Estates, Street of Dreams features five brand new luxury show homes designed to impress and inspire.

"It's a great honor to be invited to take part in Street of Dreams," said Alan House, president of iPLAN.

Indeed, the invitation further exemplifies the firm's commitment to quality and creative design. Serving residents in the Northeast Mesa area for more than 18 years, iPLAN takes pride in developing proven designs and planning methods. Both of these factors play a major role in their success.

"iPLAN brings aerospace processes and procedures to an industry that has none," said Alan, a former aerospace engineer. "Those processes include focus on details and getting things done right the first time."

Street of Dreams currently is open to the public through Dec. 1. iPLAN's home sits in the middle of the Street of Dreams. Alan, Ben Scheier and the rest of their team invite you to come visit them at the exhibit to see their capabilities in a real-life application.

The team also provides architectural review services for Las Sendas and other prestigious communities. In addition, iPLAN offers semi-custom and production homes, working with some of the finest builders in the area. ■

*iPLAN provides a full-service custom home design for projects of all sizes. Learn more about iPLAN by visiting [www.iplandesign.com](http://www.iplandesign.com), or by contacting Ben Scheier at (480) 980-1119. You also can like them on [www.facebook.com/IPLANLLC](http://www.facebook.com/IPLANLLC).*



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LOCAL BUSINESS

# Winter is the Best Time FOR POOL MAINTENANCE

By Dawn Abbey

**P**ools, decks and pool equipment take a beating all summer long resulting from heavy use, dust storms, algae problems and the Arizona heat.

"If you have a heating system for your pool, you can still be swimming right now," said Chris Quam owner of Arizona Pool Guy, Inc. "We install the most economical heat-pump systems, as well as other heater types, but whether you heat your pool or not, winter is the best season to take care of regular maintenance issues."

"Most people don't realize that pools should be drained and refilled with fresh water every two to three years. As pool water evaporates, it concentrates hard water mineral build up on tile and pipes. That, mixed with chemical and organic byproducts, also makes your skin feel dry," Chris explained. "If you're buying a home with a pool, you definitely want to start out with fresh, clean water. And, of course, call us if your pool turns green."

Because of Arizona's heat and sun, it's risky to empty a pool in the summer because it can damage the exposed plaster, so now is the best time to do it, said Chris. "We use a quick turn-around to pump out the used water, quickly refill with fresh water, and set the chemical balance."

As for plaster, most pools need a total re-plastering every 10 to 15 years or so, Chris stated. Nowadays, pool

owners are opting to upgrade their pools with one of the new pebble finishes, available in natural stone looks or with dramatic color combinations from greens to lavenders, mixed with glass beads or abalone shell pieces. Add a natural stone waterfall and decorative decking features and your home has its own backyard oasis, Chris said.

You can also consider adding a spa, a gazebo, a fire pit, or the most popular of all these days, an outdoor kitchen. Winter is such a great outdoor time here, you want to make the most of your home's outside areas, suggested Chris.

"Our design planners can assist you in putting together a backyard area that's just perfect for your family's lifestyle. And, of course, we install new pools, and alternative chlorine systems, too."

It's important to remember to clean your filter system. Sand filters should have a complete sand replacement every 5 to 7 years. Diatomaceous earth filter grids and cartridge filters need replacement every 3 to 4 years, and both need cleaning at least once a year.

If your pool pump is older, replacing your existing pump with a variable speed pool pump can reduce pool

energy costs by up to 80 percent and save up to \$400 per year, according to the Arizona Public Service Web site. APS offers rebates of \$200 for qualifying equipment and Salt River Project offers up to \$150. "We are certified variable speed pump installers and provide the paperwork to get homeowners their rebates," said Chris. ■

For information on any pool service, installation or repair, contact Chris at (480) 699-0607. Arizona Pool Guy, Inc. is licensed, bonded and insured, ROC #243628.



Chris Quam

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**Tiesha Halstead**  
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**\$319,900**

2,451 sq. ft. 4BR plus a loft, 3BA, 3G. Granite counters, balcony w/ spiral staircase, built-in BBQ.



**\$850,000**

3,682 sq. ft. 3BR plus office, 2.5BA, 3G. Knotty alder cabinetry, wrap-around covered patio w/Red Mtn vies.



**\$1,295,000**

4,337 sq. ft. 4BR, 3.5BA, 4G. Red Mtn & city light views, multiple viewing patios, gourmet kitchen.



**UNDER CONTRACT**

2,757 sq. ft. 4BR, 2.5BA, 3G. Over-sized cul-de-sac lot, granite counters, custom cabinets, heated diving pool.



**\$750,000**

4,127 sq. ft. 4BR plus a den, 3.5BA, 4G. Large cul-de-sac lot, granite counters, premium cabinetry & appliances.



**\$950,000**

3,982 sq. ft. 4BR, 2.5BA, 4G. Golf course & Mtn. views, 5 burner cook-top, knotty alder cabinetry & pool.



**\$425,000**

2,143 sq. ft. 3BR, 2BA, 3G. Great room, SS appliances, snail shower, Pebble Tec® pool w/waterfall.



**SOLD**

3,241 sq. ft. 3BR, 3BA, 2G. Premium corner cul-de-sac lot w/city light & Mtn. view, BBQ, pool & putting green.



**UNDER CONTRACT**

3,551 sq. ft. 5BR, 3BA, 3G. Granite counters, Viking® 6 burner cooktop, deck w/city light & Mtn. views.



**\$524,900**

4,275 sq. ft. 5BR, 3.5BA, 3G. SS appliances, granite counters, tile back-splash, Pebble Tec® pool & spa.



**\$319,000**

1,911 sq. ft. 5BR, 3BA, 2G. Large premium corner lot, great room, exterior stonework, covered patio.



**\$270,000**

1,652 sq. ft. 2BR plus a den, 2BA, 2G townhouse. Great room w/gas fireplace, master w/covered patio.



**\$850,000**

3,826 sq. ft. 4BR, 3.5BA, 3G. 1.5 acre cul-de-sac lot w/Red Mtn & city light views, pool w/waterfall.



**\$625,000**

3,017 sq. ft. 3BR, 3BA, 3G. Granite counters, SS appliances, home library w/bookcases, heated pool & spa.



**\$695,000**

3,555 sq. ft. 4BR, 3.5BA, 4G. Mtn. views, courtyard w/waterfall, SS appliances, pool, spa & a BBQ.



## Custom Lots For Sale:

- Diamond Point # 27  
\$695,000
- Mountain Estates # 18  
\$685,000
- Mountain Estates # 16  
\$479,000
- Diamond Point # 1  
\$425,000
- Summit # 34  
\$339,000
- Granite Mountain #48  
\$424,000
- Mountain Estates #32  
\$575,000
- The Golf Colony # 19  
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